THE OXFORD PAPER

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Weekly leisure guide for in & around Oxford

MP asks for consultation to stop after two experts stand down

RESIGNATIONS MAY HALT HEALTH PLANS

Bot a day!
Robots, technology, and a colourful display of culture wowed over 50,000 people at this year's Cowley Road Festival. Turn to pages 12 13 for more. Picture: Oxford City Council

INDUSTRY experts and an Oxfordshire MP have spelled out their concern for the timing of plans to transform health services across Oxfordshire.

The two-phased Sustainability and Transformation Plan (STP) has been put into question after the chief executive and chairman of the organisation responsible for the county's health services said they planned to step down.

Oxfordshire Clinical Commissioning Group (OCCG) chief executive David Smith will retire in December and chairman Dr Joe McManners has decided not to seek re-election to the post in February. He will step down when his successor is appointed.

Banbury MP Victoria Prentis used her first speech of the new parliament to call for the health transformation consultation to be "halted" and started again.

She said: "I am concerned that the architects of the transformation process will be disappearing halfway through it.

"I really beg them to stop the consultation process at this point and start again — regroup."

It comes after the results from phase one of OCCG's major consultation to downgrade maternity services at Banbury's Horton Hospital was almost "unversally rejected"

Continues on page 3

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Changing Perceptions for the Better

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Regional Weather

THURSDAY: Thunderstorms will become more widespread, and probably locally severe with hail and large amounts of rainfall. Later thunderstorms drift away northwards, drier conditions follow. Generally very warm. Humid. Maximum temperature 29 °C.

OUTLOOK FOR FRIDAY TO SUNDAY: Friday and Saturday mainly dry, very warm, sunny spells, and feeling humid. However thunderstorms may affect the far southeast late Saturday and Sunday. Otherwise fresher, but dry with sunny spells.

WEEKEND SUMMARY

FRIDAY	SATURDAY	SUNDAY
DAY 26°C NIGHT 15°C	DAY 24°C NIGHT 15°C	DAY 21°C NIGHT 13°C

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Help baby Oliver get life-saving surgery

Eva Astreinidou *Reporter*

THE parents of a baby boy who was born with a rare and life-threatening condition need help reaching their target of £150,000 to fund surgery to give their son "the best chance at life".

Tim and Lydia Cameron, from Wantage, have raised over £67,000 with the help of family, friends, and even celebrity endorsement.

Their son Oliver was born in January and days after, the Camerons were given the devastating news that doctors had found a tumour called 'fibroma' almost as big as his heart in his left ventricle.

The tumour can trigger episodes of tachycardia, where the heart beats out of rhythm, and can be fatal.

There have only been 200 reported cases of the condition in the world and now Tim and Lydia need to raise the funds to cover surgery and treatment at Boston Children's Hospital after finding few medical professionals in the UK have seen the condition.

Lydia said: "Oliver has [already] had five episodes of tachycardia. He is constantly in and out of hospital."

Oliver Cameron, now seven months

She said that a surgeon has advised for the surgery to be done in January when Oliver turns one, but if he were to have another attack he would need to be ready for the operation within three weeks.

She added: "It's all very uncertain so we can only hope he remains stable.

"We are determined to get him the life saving surgery he so desperately needs. He's an amazing little boy and like every child he deserves the best chance at a long life."

Speaking about what it's like when Oliver is out of hospital, Lydia said: "We are constantly on edge. We don't sleep very well because we think something will happen at night, and we constantly have to monitor him."

She added that the couple have to track his pulse very closely on a heart monitor. If his heartbeat passes 150, they need to call an ambulance.

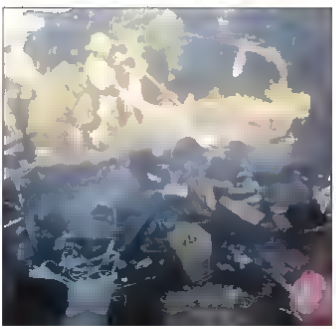
On their funding page, husband Tim posted: "[It's been] a heart-breaking experience for any parent to witness."

The couple have arranged for a fundraising car wash at Wantage fire station on July 29 and a charity golf day at Henneron golf club on August 27.

On Monday, Howard Donald from Take That tweeted about the couple's fundraising efforts, saying: "If you can help please do so."

To donate, visit gofundme.com/Oliversheartsurgery

Firefighters save home from bonfire



FIREFIGHTERS saved a home near Abingdon from an out-of-control bonfire.

Two fire engines from Oxford and Abingdon went to the Netherton home at 6pm on Saturday, July 1, extinguished the rapidly spreading fire.

Crews used high pressure hoses to tame the blaze before it reached the house and thermal imaging cameras to make sure the fire was out.

The fire service has warned people of the dangers of burning garden waste too close to homes.

Station manager Simon Belcher, based in Oxford, said: "This comes as a timely reminder to take care when having a bonfire, as when the weather is dry and windy like it has been, they can easily get out of control.

"We advise everyone against burning their garden waste and recommend that they take it to the local waste and recycling centres as a better option.

"If you must have a bonfire then you need to consider where it is set, that it is kept well away from buildings, trees and fences, as well as ensuring that it is attended at all times by an adult with a hose or buckets of water."

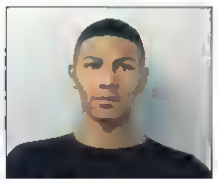
'Violent' teen killed cyclist, 56

A 'VIOLENT' teenager has been sentenced to four years behind bars after pleading guilty to killing a cyclist in Oxford city centre.

Iman St Clair, 18, of Kestrel Crescent, Oxford, admitted to unlawfully killing Eamonn Anderson in High Street in October last year.

The sixth former assaulted Mr Anderson, of Salter Close, when the 56 year-old was involved in an altercation with a group of men shortly after 11.30pm on October 25, 2016.

Mr Anderson, who fell from his bicycle and sustained serious head injuries, died in hospital less than a fortnight later when his life support system was switched off.



Iman St Clair

St Clair pleaded guilty to manslaughter at Oxford Crown Court on June 8 and was sentenced at the same court on Tuesday.

Senior investigating officer, DCI Mike Lynch, of the Thames Valley Police Major Crime Unit, said: "St Clair's actions were violent, and Mr Anderson tragically died as a result of them.

"Although St Clair did not mean to kill Mr Anderson, he subjected him to a serious assault.

"If he had not done this, Mr Anderson would still be alive."

Rachel Lomas, senior crown prosecutor for the Thames and Chiltern Crown Prosecution Service said "a just outcome has been achieved".

She added: "We know that nothing will bring Mr Anderson back to his family and friends, but we hope that today's sentence brings them at least a small sense that justice has been done."

Inset, Layla Moran visited the JET facility. Left to right, Lorna Horton, head of the JET exploitation unit, Layla Moran, Oxford West and Abingdon MP, Ian Chapman, CEO UK Atomic Energy Authority

Nuclear project could be 'under threat': MP

Georga Walch: *Reporter*

AN Oxfordshire MP has described a government pledge to keep funding a multi-million pound nuclear fusion project in Culham, as long as the EU keeps paying in as well after Brexit, as a "sticking plaster"

Oxford West and Abingdon MP Layla Moran welcomed the promise of more government investment at the Joint European Torus (JET) at Culham Science Centre, but said she is worried about workers job security and the local economy

After Brexit the UK is to leave the Euratom Treaty a collection of all current 28 EU countries that contribute to the development of Europe's nuclear energy, which puts the future of the facility in doubt

Ms Moran, who paid a visit to the site on Friday said, "It's a sticking plaster

"The money keeps things going but it doesn't stop the fact that by pulling out of the Euratom Treaty, we are pulling out of a network of scientists and that is more important than anything else "

She continued "Combined with the continued uncertainty around EU citizens – bearing in mind the majority of JET workers come from elsewhere – money helps but is not the answer."

The EU covers £60million – or 88 per cent of the running costs at JET which employs 1,300 workers but the UK's contract to host the facility ends in December 2018

Last week the government committed to paying its "fair share" of the project if the EU extends the contract to 2020.

Business Secretary Greg Clark said, "JET is a prized facility at the centre of the UK's global leadership in nuclear fusion research, which is why the government is taking every possible step to secure its future and to maintain highly-skilled jobs in the UK."

The announcement provides some relief to sceptists but many are still worried about the county s science sector once the UK leaves the EU

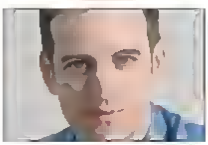
Ms Moran added. "It puts the scientific community, nuclear safeguarding and access to treat radioactive isotopes and to treat cancer patients in jeopardy

"The industry agrees with us that the best thing to do would be to just leave the Euratom Treaty alone

"The 1 300 jobs that rely on the JET facility would be a huge loss to the Oxfordshire economy but also to the scientific community at large across the world."

The UK's promise to continue funding the facility relies on the EU being willing to pay out– only then would a discussion take place on the appropriate funding split

Professor Ian Chapman, CEO of UK Atomic Energy Authority (UKAEA) said the group is "pleased" by the government's commitment



Banbury MP's plea to halt health consultation plans

From front page

More than 10 000 people responded to the consultation, which also proposed reducing the number of inpatient beds and creating a central stroke unit in Oxford.

Last week George Smith, head of watchdog Oxfordshire Healthwatch, criticised the STP for being too short term.

He said. "The STP only deals with short term pressure to make cuts versus the long term and does not make provisions for the undeniably growing population.

"The local plans within Oxfordshire span up to 2031 – yet in the STP plans you will not find a date beyond 2021."

NHS campaigner and local GP Helen Salisbury said she fears "for the safety and well-being of Oxfordshire patients if this STP plan proceeds " due to 'radical changes" including cost-cutting and a recruitment crisis

OCCG confirmed that the decision making meeting on obstetrics use of acute beds stroke services and critical care on August 10 would still go ahead as planned.

A spokesperson said "The decision by David Smith and Joe McManners to stand down from their CCG roles will not affect this process.

"In addition, work on phase two of the transformation is already under way "

Phase two expected to be launched in the autumn, will concentrate on A&Es children's services, and community hospitals

Pictured left from top, Victoria Prentis, Joe McManners, David Smith

More arrests after death of man, 27, in Blackbird Leys

A TOTAL of 13 people have been arrested in an ongoing murder investigation in Oxford.

Christopher Lemonius, 27, died in hospital after he was found with serious injuries following an incident on Jourdain Road in Blackbird Leys

Since the incident on June 1, five people have been charged with murder and there have been eight further arrests

Last Thursday officers arrested a 28-year-old man on suspicion of assisting an offender

He has been released under investigation

The day before, officers arrested a 23-year-old man from Oxford and a 25-year-old man from Headington, on suspicion of assisting an offender

They have been released under investigation.

A 25 year old man from Oxford was arrested on June 23 on suspicion of assisting an offender He has been released pending investigations

The day before, a 32-year-old man from Oxford was arrested on suspicion of assisting an offender He was released on bail and is due to appear at Abingdon police station today

On June 14, a 31 year-old woman from Oxford was arrested on suspicion of assisting an offender She has been released under investigation.

The day before, a 63-year-old man from Oxford and a 56-year-old woman from Oxford were arrested on suspicion of assisting an offender They have been released under investigation.

The trial of five men charged with murder is expected to start on November 6.

Regatta Porsche incident

TWO men tried to break into a Porsche during the Henley Regatta on Sunday

Police would like to speak with anybody who saw two white men standing close to an 05 number plate black Porsche Cayenne on Wargrave Road, Henley, at around 12.30am.

Officers described the first man as 6ft 2in of medium build and wearing a white shirt. The second is of stocky build and approximately 6ft tall.

Investigating officer PC Geraint Lewis said there were around 20 to 25 people in the area that might be able to assist the investigation.

Contact police on 101 with any information

Corbyn appoints Dodds to shadow cabinet

OXFORD East MP Anneliese Dodds has joined Labour s front bench within a month of being elected.

Party leader Jeremy Corbyn has made the former MEP the party's shadow Treasury minister

NEWS

Warning after seven break-ins in one night

NORTH Oxfordshire residents are being urged to ensure their homes are fully locked after a burglary spree across seven properties in one night.

Police said on Wednesday, June 21, burglars broke into or attempted to gain access to seven homes in Kidlington and Islip.

Four incidents took place in Wilsdon Way, Kidlington, another in Banbury Road, Kidlington, one in Lower Street, Islip, and another in Bletchingdon Road, also in Islip.

People are being reminded to close windows when they are out and ensure UPVC doors are fully locked using the key, not just pulled closed with the handle pushed up.

DC Simon Travis, based in the Investigation Team at Banbury police station, said: "Some residents do not realise that if they close the door and lift the handle up from the inside, the door is in fact not securely locked.

"It is important to stress that the key must be used to turn the lock to make the door secure.

"If the key is not used, then in most cases the exterior handle can deactivate all of the multi-locks resulting in just one catch holding the door in place. Making sure your doors are strong and secure, and that all windows are fitted with a lock, is a simple way to prevent thieves gaining easy access to your home."

Councils recover tax arrears' cash

COUNCILS were able to recover more than £1.65million unpaid council tax after handing out thousands of legal orders.

South Oxfordshire and Vale of White Horse district councils retrieved the money after issuing more than 5,300 court summonses last year to people who had failed to pay their council tax.

The councils also took further action against 96 people for adding pressure on the public purse and gave 53 people charging orders, allowing councils to sell their property to retrieve the money.

One person who deliberately failed to pay was sent to prison, while seven were given suspended sentences.

The councils also recovered and saved a further £167,000 after 62 people were caught claiming discounts they weren't entitled to.

This resulted in nine being prosecuted in court and 47 fined.

Cllr Jane Murphy, deputy leader of South Oxfordshire District Council, said: "It's vital that everyone pays their fair share for the services we provide, such as waste and recycling collections. Anyone who doesn't do so puts added pressure on the public purse and effectively cheats all those who do contribute."

Cllr Matthew Barber, leader of Vale of White Horse, said: "Help is always available for anyone who is genuinely struggling to pay."

Film on Williams team lifts the lid on life in the fast lane

George Welch: *Reporter*

A DOCUMENTARY depicting the true story of one of Formula One's most iconic teams will be premiered next week.

The never-before-seen footage of Grove-based Williams will show candid accounts of what really went on behind closed doors when it hits the big screen in London on Tuesday.

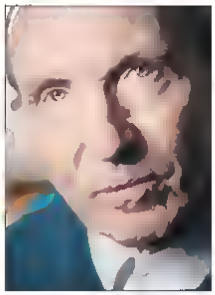
The self-titled film Williams features legendary racing footage, interviews with much-loved Formula One stars and tells the remarkable love story of the team's founder Sir Frank Williams and his wife Virginia, who died in 2013.

The film is based on the 1991 book by Lady Virginia called A Different Kind of Life.

Directed by the BAFTA winning Morgan Matthews, Formula One and Williams racing fans of all ages will get to experience the true story of the historic team formed in 1977.

Sir Frank said: "I hope the fans enjoy the film as much as I've enjoyed being part of motor racing.

"I'm glad that both the people behind the team and my family come out as the true heroes of the story."



Frank Williams says he is glad the people behind the team and his family come out as the heroes of the film

The film features co-founder and engineer Sir Patrick Head, as well as Formula One heavyweights Sir Jackie Stewart, Nigel Mansell and Nelson Piquet.

Deputy team principal and Sir Frank's daughter Claire Williams said the film is about her father's two loves – the sport and his wife.

She said: "Everyone knows of Frank's pure passion for motor racing, but not everyone knows the remarkable story of my parents' marriage and how those two things co-existed during the highs and lows of the team's journey.

"I am pleased that it shines a light on exactly how instrumental my mother was in the team's success while also capturing the setbacks and her bravery in holding the family and ultimately the business together as the team went on to make history.

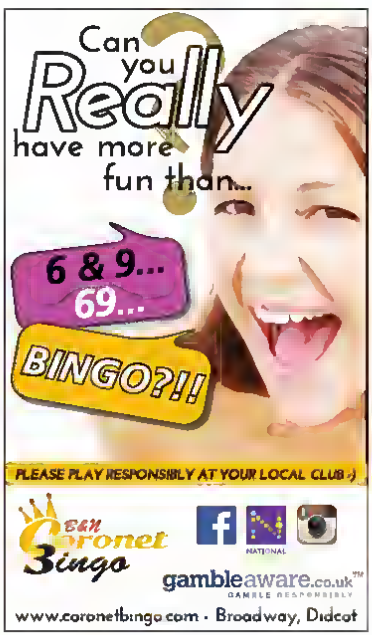
"We are incredibly proud of the film and its enduring message of what the human spirit is capable of achieving in the face adversity.

"I hope that is inspires people as much as my parents' story inspires me."

Curzon Artificial Eye will host the world premiere of Williams at Mayfair's Curzon Mayfair cinema on Tuesday.

Nationwide previews will be played on August 2 including a filmed Q&A with Mrs Williams, Morgan Matthews and special guests.

Williams will go on general cinema release from August 4. To find the nearest cinema playing the film, visit WilliamsFilm.com



Lions roar in with £1,000 school donation

A CHEQUE for £1,000 has been presented to a school for children with special needs to fund new play equipment.

The funds for Fitzwaryn school were raised by the Wantage and Grove Lions Club for their "wonderful" achievements.

Celebrating 30 years of serving the community, the club presented the cheque to the schoolchildren to help towards the cost of buying some new equipment for their play area.

Spokesperson for the club Barbara Murrell said: "Wantage and Grove Lions Club have supported this school over the years and it holds a special place in our heart.

"So we felt that to celebrate Lions Club international centenary and serving our community for 30 years, what better way than give locally raised funds to a local school.

"They are giving local children the best education possible in a wonderfully colourful, and happy environment."

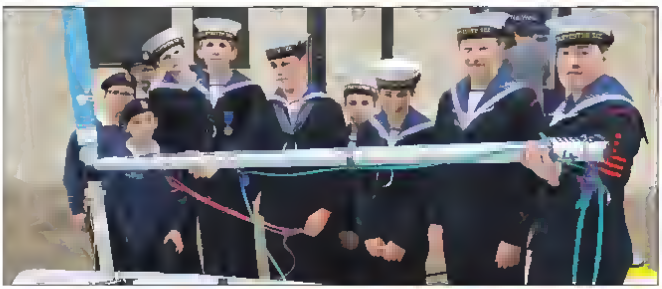
She added: "It was just one of many things Lions do to serve the community."

Founded in 1924, the club raises funds for local community projects through a range of events such as jumble sales, bingo evenings and craft fairs.

There are 19 current members and 16 friends of the Lions who all work on a voluntary basis to help and promote the good work of the group.

Above, Frank Williams and an early car. Right, Frank's daughter and deputy team principal Claire Williams

It's an honour, says Banbury in parade



BANBURY'S military cadets took the spotlight to lead tributes to Britain s servicemen and women past and present.

The town marked Armed Forces Day on Saturday with a procession and activities

Young bandsmen of the 1460 (Banbury) Air Training Corps headed a procession of military marchers through the crowd-lined streets

The ATC band was supported by local army and sea cadets who performed military exercises with precision and style

The event included a moving religious service similar to those that have taken place on battlefields around the world during times of war

Servicemen and women cadets, veterans civic leaders and others took part in the ceremony – led by Rev Dan McGowan of St Paul s Church Banbury – as crowds of onlookers stood in silence

Banbury Town Council organised the event and council leader Kieron Mallon said, "Armed Forces Days in Banbury are always meaningful and pays tribute to the town's strong military traditions

"The event shows support for the men and women who make up the armed forces community – from currently serving troops to service families, veterans and cadets."

The armed forces event, in the town centre from 10am to 2pm included a parade of military vehicles demonstrations, and static displays

Armed Forces Day is a chance for communities to show support for the men and women who make up the Armed Forces

Communities celebrate the day usually the last Saturday of June, with a range of events from parades to street parties

Last weekend Bicester s carnival was held in conjunction with Armed Forces Day Military personal and cadets joined the carnival procession and hosted an event in the arena in Pingle Field

Top, Banbury Sea Cadets prepare a yacht for the water Above, The Air Cadet band leads the parade Below, six-year old Tyler Marrell of Banbury uses a computer to operate a bomb disposal unit's robot

Flying Scotsman set to thrill crowds

TICKETS to see a famous and world-renowned locomotive are finally on sale.

The Didcot Railway centre announced that tickets are out to see the Flying Scotsman as part of its national tour during the August bank holiday.

It is considered to be the most famous locomotive in the world, and the visit will provide people a chance to enjoy the renowned locomotive from the 1930s for the first time since 2005 when the locomotive last visited the centre

During its return to the National Railway Museum in Didcot, passengers will be able to ride behind the historic locomotive in restored carriages from the era and there will be chances to watch and photograph the train as it goes by

Jim Lowe, head of operations at the National Railway Museum, said. "Following the successful restoration of the Flying Scotsman, we re delighted to be able to give as many people as possible the opportunity to see this magnificent locomotive in person.

"Embarking on a national tour we're visiting Wales the south and south west of England and will be returning to Didcot over the August Bank Holiday weekend for the first time since the engine was restored.

"We re excited to be back and expect the crowds to be out in force once again."

Operations manager Roger Orchard said. "We are delighted to have been chosen by the National Railway Museum to show off their most famous locomotive in our living steam railway museum

"We look forward to welcoming Flying Scotsman to Didcot again and to further visits in the future"

There will only be a set number of tickets per day and these must be purchased in advance.

Police appeal after suspected arson attack

POLICE are appealing for any information following a suspected arson in Headington.

Officers believe a fire on Weyland Road at about 4am on Monday was started deliberately

The blaze started in a downstairs room of the house

No-one was harmed as the house that was set alight was unoccupied at the time.

Investigating officer DC James Macare of Force CID, which is based at Oxford, said. "We are in the early stages of this fire investigation but we suspect that this fire may have been started deliberately

"We are asking for any witnesses to come forward.

"We are particularly keen to speak to a man who was pushing a bicycle and a woman who knocked on many doors in the neighbourhood to raise the alarm about the fire.

"We would ask these people to come forward as they might be important witnesses to this incident."

Contact police on 101 if you have any information on the suspected arson.

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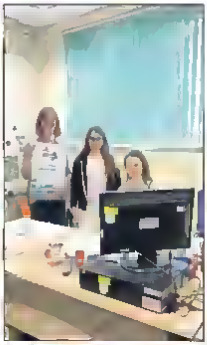


Takeover is a life lesson for pupils

STUDENTS took over a school for a whole day last week

More than 200 pupils were able to step into the shoes of their teachers and work at local companies for a day last Thursday

About 100 students tried out jobs such as being a minister at Great Western Park and another 100 took on staff jobs in school including that of the headteacher site team and catering

Stuart George the school s head of development said. "There was a lovely atmosphere around school – there was a real buzz and sense of whole school community as everyone got involved

"I was impressed with how patient and cooperative students were when being taught by students younger than themselves."

A pupil said "(I saw) teachers in a different light. Working with them out of teaching hours has really changed my opinion of them They have to work really hard I now really appreciate the effort teachers put into lessons."

Mum takes on 50k challenge

A MUM will be taking on a mammoth 50K trek to raise funds towards finding a cure for a lifelong incurable disease that has affected her son.

Singer and mum of two Lisa Harman, 41, has quite the challenge lined up when she takes on the Race to the Stones along the Ridgeway from Lewknor to Wantage on July 15

The race estimated to take up to 12 hours is for a cause close to her heart. the Children's Liver Disease Foundation (CLDF)

Lisa, who lives in Kennington, said her son Max, who is now 12 was diagnosed with lifelong incurable liver and bowel disease.

She said "I decided very quickly that raising money was to be a focus for me A focus to help find a cure for his diseases a better understanding of his conditions but mainly to provide hope for his future

"Max has received marvellous medical care but I need to feel that I am helping him too I want to make his life longer happier and less frightening I want to help him put up the strongest fight "

Lisa hopes to raise £600 from the trek. She has managed to £1 in training for the walk and fundraising for CLDF alongside her job as a physicist in Harwell and her role as lead singer of rock covers band, The Jumps.

She said: "The band gigs have really helped me to deal with things since Max was diagnosed.

"His younger brother Jed also had an eye condition diagnosed last November in which he silently lost 75 per cent of the vision in one eye—so between them both I am at hospital at least once a month."

Alison Taylor chief executive of CLDF said: "We rely entirely on voluntary donations so we are delighted that Lisa has decided to take on this mammoth trek for us It's a huge undertaking, particularly given all her existing commitments so we wish her all the best."

To donate go to tinyurl com/yhe3a6yk.

Fines for those who break Abingdon noise limits

POLICE in Abingdon have been granted new powers to fine people who cause vehicle related noise nuisance up to £100, starting this August.

The new Public Spaces Protection Order (PSPO) was given overwhelming backing by the public with more the than 89 per cent of people who took part in the consultation approving the measure.

This move comes after incidents in the town s car parks have caused a disturbance for people living nearby

Cllr Eric Batts cabinet member for community safety at Vale of White Horse District Council, said. "Revving of engines loud music and other anti-social behaviour has been a cause for concern in Abingdon s car parks for some time.

"The public have given their overwhelming support to the new order and, as a result we've approved the measure meaning that local police now have the power to tackle the problem."

It includes the existing power for police to ask people to stop drinking alcohol if they are behaving anti socially in a public area and to confiscate their alcohol if they do not comply An officer can fine them if they refuse.

Oxford firm trials new car to deliver groceries

Georga Welch: *Reporter*

AN OXFORD firm leading the way in driverless technology has tested its latest grocery-delivering prototype on the streets of London.

Summertown-based Oxbotica spent two weeks in Greenwich testing its new van for online supermarket Ocado. The CargoPod, which can carry a total of 128kg of groceries at a time, is guided by Oxbotica's state-of-the-art software and control system.

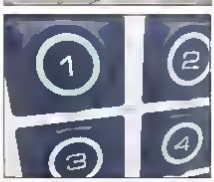
The focus of the study was both on the commercial opportunities of self driving technology and how it functions alongside people in a residential environment.

Ocado Technology used the trial to explore ideas for the last mile of online retail, the last leg of a product's trip before it arrives at the customer's doorstep.

Oxbotica CEO Graeme Smith said: "Last mile delivery is a growing challenge as our cities become denser and more congested.

"In this new project we are working closely with Ocado Technology to deploy our Selenium autonomy system into a novel last mile delivery application in Greenwich as a part of the GATEway project.

"This is truly a UK success story enabling a young British company to become established and to be able to demonstrate mature world-class technology capabilities within a real-life dense urban environment."



The CargoPod seen whizzing around Greenwich is equipped with eight cargo compartments, can cover 30km on a single charge and can travel at speeds of up to 40km/h.

Customers can retrieve their groceries by pressing a lit up compartment upon the CargoPod's arrival.

Both Ocado and Oxbotica hope the system will be ready for commercial launch by 2019.

The trial is the latest test of Greenwich's GATEway project, an £8m research project aiming to overcome the technical, legal and societal challenges of automated vehicles in urban environments.

The project has also involved Oxbotica's autonomous driving technology being tested with small passenger vehicles.

Simon Tong, technical lead for the GATEway project, said: "This trial with Ocado Technology provides an ideal platform to help us understand how and where these vehicles could best operate and whether people would accept, trust and like them as an automated delivery service in the city.

"We envisage that cities could benefit massively if deliveries could be made by quiet, zero emission, automated vehicles when congestion is minimal."

Left from top, the CargoPod, the control panel to get your groceries and Oxbotics' branding

New lead for council

THERE is a new man in temporary charge at South Oxfordshire and Vale of White Horse district councils.

Mark Stone has been appointed as acting chief executive following the resignation of David Hill last week.

Mr Hill resigned with immediate effect on Friday having recently taken an extended period of leave following an illness in his family.

He previously worked as a strategic director at SODC from 2004 to 2007 and was appointed chief executive last year following the retirement of his predecessor.

Mr Hill, who led the councils through the development of the Better Oxfordshire proposals to create a new unitary council for Oxfordshire, said it was "a great privilege" to represent the councils.

Leaders of the authorities John Cotton (SODC) and Matthew Barber (Vale) said in a joint statement that they understood his reasons for resigning and wished him success for the future.

Mr Hill's replacement is the current interim chief operating officer for both councils and has more than 20 years of local government experience.

Mr Stone, who lives in Didcot with his wife and family, said: "I feel incredibly privileged to be asked to lead these two forward looking councils and their fantastic team of staff."

Cllr Cotton added: "It's a very exciting time for our councils with so many ambitious projects on the go such as Didcot Garden Town so it was important to us to appoint someone that could keep the momentum going."

Crackdown on slavery

TWO properties in Barton and Headington were raided as part of a national operation to crack down on sexual exploitation in modern slavery.

Sherwood Place, Barton, and Windmill Road, Headington, were two of five addresses across Oxfordshire, Buckinghamshire and Berkshire that were searched on Tuesday June 27.

The raids were part of Operation Aidant to help safeguard those at risk of sexual exploitation and to gather further intelligence, Thames Valley Police said.

Assistant chief constable Jason Hogg said: "This activity has been important in furthering our intelligence gathering about organised criminals exploiting others through slavery.

"We've worked closely with our partners in order to provide safeguarding provision for individuals found at these addresses in need of support.

"This action should also act to reassure residents effected by the anti social behaviour associated with this type of property, that TVP will take action on your reports and by working together, take steps to improve life in your community."

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Spring into Action

Now's the perfect time to replace your garden fence once and for all Anna Ryder Richardson - Designer and Television Presenter - takes a closer look at Colourfence, the revolutionary low-maintenance system

It o been ten years once I regularly graced TV screens helping transform people o living spaces with MDF and stripped floorboards Recently it s been more "celebrity muck out" than "celebrity make-over" as I look up the challenges of owning my own Wildlife Zoo in Tenby In this time I ve learnt quiet o lot about fences and having researched the various options for my own benefit I thought I would share my knowledge with o wider audience

The latest design processes mean there is now a tremendous array of fencing products for you to choose from constructed from a variety of materials Each has its own attributes, and ultimately it can often come down to a matter of personal preference. For me there was one unique system that stood out as providing the best balance between price and functionality which eradicates fencing problems for good. Or for at least 25 years Colourfence For quality value, longevity aesthetic design the fencing system ticks all the boxes Fencing made for the 21st century that will transform the look of your garden which is supplied and fitted by a company whose customer service is as good as the product.

In my view Colourfence is the Rolls Royce of fencing—just without the exclusive price tag What's more, it's guaranteed to stay in place at up to 130mph winds and is virtually maintenance free.

To find out how the experts from Colourfence might help you, I suggest you call **01865 582 171** and speak to their team

"I honestly believe that Colourfence is the best general purpose fencing product on the market today!"

Gardeners' Questions

Q Wooden fence panels just don't seem to last - is there a storm resistant alternative?

A The Colourfence system has been tested under cyclonic conditions to withstand storms with wind gusts up to 130mph Unlike your wooden fence - once professionally installed– Colourfence really will stay up†

Q No matter what I treat my wooden fence with - nothing seems to prevent it rotting or looking shabby for very long

A Treating your fence is a thankless and expensive task It s also a losing battle Wood simply want s to rot Colourfence offers a low-maintenance alternative where by an occasional wash down will keep it looking great for up to 25 years! GUARANTEED!†

THIS WEEK'S JOB

†Terms and conditions apply

Colourfence: The ultimate garden fence?

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COLOUR FENCE

Group set up to fight plans for thousands of homes in village

Eva Astremidou: *Reporter*

A CAMPAIGN group is opposing expansions to their village that would "change its character beyond all recognition"

The Eynsham Planning Improvement Campaign (EPIC) is asking for people to join their campaign to not let West Oxfordshire District Council (WODC) 'walk all over' the village following plans for the construction of 2,200 new homes in a new garden village

Just two months after its creation, the group are fighting the new village and are trying to preserve the character of Eynsham which currently has just 3,000 homes

The garden village plans ringfence the area surrounding the village for a total of 2 740 houses to fulfil the demand that cannot be met in Oxford and other areas of west Oxfordshire

The new village would be self-contained and would 'complement and enhance the current role of nearby Eynsham

But EPIC, created in May are saying people in the village have not been properly consulted on the plans and stresses that the quota and scale of housing in the area is unfair

They said that they have been denied the opportunity to speak at local plan hearings as they did not exist at the time of the local plan consultation that finished in December 2016.

They said that at the time of the consultation, the parish council and local residents were working on the Eynsham Neighbourhood Plan (ENP)

They added. "There has clearly been a serious democratic deficit EPIC was formed as a response to this We represent Eynsham's views at this pivotal point in our history"

> *"There has clearly been a serious democratic deficit. EPIC was formed as a response to this. We are representing Eynsham's views at this pivotal point in our history"*

The group are also opposing plans to have a Park and Ride near the housing, saying "Who in a 'garden village' will want to have a Park and Ride right next to them, with the damage to air quality which that will cause?"

A spokesperson from WODC said. "The council is fully aware of concerns surrounding planned growth around Eynsham and a number of representations have been made which will form part of the discussions due to take place through the forthcoming local plan hearings in July

"The hearings will cover the proposals for Eynsham on July 18 and 19 and currently there are around 40 parties registered to speak including EPIC All issues will be debated and will form part of the planning inspector's conclusions."

Final-year students are here today to help blood cancer be gone to marrow

Anthony Nolan volunteers

STUDENTS in their final year recruited nearly 300 volunteers to support a blood cancer charity as their last hurrah.

Since September, Oxford University's Marrow society has recruited the volunteers for the Anthony Nolan stem cell register to help give people a 'chance at life'

The university is one of over 55 other participating universities

Charlotte Cunliffe, Marrow programme lead at Anthony Nolan, said. "It is hard to put into words just how amazing our Marrow volunteers are – they are responsible for saving the lives of countless people and helping to cure blood cancer and blood disorders We owe a massive thanks to all of the wonderful student volunteers from Oxford University who tirelessly campaign, fundraise and spread the word about how easy and important it is for people to sign up to potentially donate their stem cells to those in desperate need."

Marrow is a UK-wide student volunteering network.

Since 1997 Marrow groups have recruited over 100,000 potential donors and over 950 of these people have gone on to give blood to donate.

About 2 000 people in the UK need a stem cell transplant every year to help treat blood cancer and blood disorders.

Thame Rotary Club event reveals its thousands of reasons to be cheerful

Erroll Bateman, Thama Rotary's president, with charity representatives. Picture: *Thame Rotary Club*

THAME Rotary Club raised almost £10 000 in the past year to help local charities and organisations.

Earlier the club hosted an end-of-year event at the Spread Eagle to reveal its fundraising total and thank communities across Thame and surrounding villages for their support

Among this year's major rotary events was Erroll Bateman's Charity Sky Dive last July and Thame Swimathon in February

This year, the Red Kite Family Centre, Wheel Power and Hope and Homes for Children were the main charities who received support.

Marius Csorfan, of Rotary Club of Thame said: "The Rotary Club of Thame is grateful to the local community for supporting Erroll's sky dive and Thame Swimathon, our major fundrausers.

"We are proud to make a contribution towards rescuing Red Kite Children's Centre from its imminent closure and to make a difference towards projects managed by our charities of the year

"To continue and to expand our fundraising and volunteering activities in the months and years to come, we are looking for even more support from the local community

"We are welcoming new members from the local communities of Thame Chinnor Long Crendon and neighbouring villages who can join our world of fun, friendship and fundraising."

Anyone interested in joining Thame Rotary Club can go to thame.rotary1090.org or find them on Facebook.

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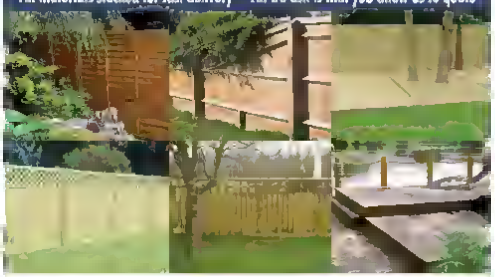

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Support The Oxford Paper's charity of the year – Play2Give

From top left, Shannon Neal, David Presley and James Hart

Eight intrepid fundraisers will help our charity of the year reach new heights by jumping out of a plane at 13 000 ft to raise funds for Oxford Children s Hospital and Headway Oxfordshire

The event is part of Play2Give s (P2G) 10th anniversary pledge to raise as much as possible for the two charities

We will meet all the courageous participants who intend to jump over Hinton Airfield near Banbury, on September 3 over the coming weeks

Last month we brought you three of the brave hardy souls ready to plummet at 120mph – this week we bring you three more.

Hardy souls preparing to aim sky-high for others

THE sky's the limit for a daring group of courageous people as they set their aims high to raise funds for P2G

Those taking the leap of faith include teenager Shannon Neal from Sutton Courtenay, Didcot s David Presley, and Wantage resident and Didcot town councillor James Hart.

Andy Baker, the founder of P2G in 2007, described the trio as 'hardy souls' but said he is content watching from the sidelines

Drybrner David who plays for Didcot Rugby Club said that when he agreed to Andy s skydiving invitation he "must have been mad or drunk"

"Now I muse over the thought of what I had let myself in for—however I know it is for a really worthy cause," he added.

Cllr Hart, who owns Delicious of Wantage and Didcot, is no stranger to taking the plunge as he took on a skydive a few years ago and has already raised close to £500 so far.

He said. "I back Play2Give in all ways I can.

"What Andy and P2G do for our local people and for children in hospital is amazing, especially with the needs and illness they have. It really wrenches at your heart.

"Supporting local groups such as P2G I feel strongly about and seeing local money go into local charity groups is the right thing to do

"I am always delighted to be involved with and to sponsor events that P2G do and as a local councillor and business owner I am always inspired.

"We should all be in awe of Andy as a young person the whole town of Didcot and beyond can be proud of."

Shannon who turns 19 tomorrow has already raised around £350

The sales and finance officer said. " My dad mentioned to me that he had been asked by Andy to a skydive for his organisation but due to certain circumstances, he was unable to take part.

"Without even hesitating I asked my dad to get in contact with Andy to see if I could do it.

"I've always wanted to do a skydive and knowing it is for a great cause makes it far more meaningful and worthwhile."

Andy added "We are marking a decade of having helped literally thousands of lives—from the young to the older – and we know our skydivers will do us proud.

"They are already harnessing in their fundraising superbly— I am looking forward to witnessing them unleash themselves at 120mph in this exhilarating air raising challenge."

To donate visit the following pages.
Shannon—tinyurl.com/ydärn29d
David– tinyurl.com/ya5g3eql
James – tinyurl.com/y77w8m3g
It is not too late to sign up to join the group To join the tandem dive, email play2give@hotmail.com.

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4 Night Breaks

28th Aug - 1st Sept	£221	2nd Oct - 6th Oct	£169
4th Sept - 8th Sept	£221	9th Oct - 13th Oct	£169
11th Sept - 15th Sept	£221	27th Nov - 1st Dec	£194
18th Sept - 22th Sept	£199	4th Dec - 8th Dec	£194
25th Sept - 29th Sept	£186		

5 Night Breaks

16th July - 21st July	£262	6th Aug - 11th Aug	£268
23rd July - 28 July	£262	13th Aug - 18th Aug	£268
30th July - 4th Aug	£248	20th Aug - 25th Aug	£268

5 Night Breaks

2nd Sept - 8th Sept	£325	23rd Sept - 29th Sept	£275
9th Sept - 15th Sept	£314	30th Sept - 7th Oct	£248
16th Sept - 22nd Sept	£284		

Tinsel & Turkey Breaks

14th Oct - 20th Oct	£194	4th Nov - 10th Nov	£199
23rd Oct - 27th Oct	£194	13th Nov - 17th Nov	£199
30th Oct - 3rd Nov	£194	20th Nov - 24th Nov	£199

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'Jihadi Jack' still not home after escaping from IS forces in Raqqa

THE parents of an Oxford man nicknamed 'Jihadi Jack' have urged their son to hand himself over to the British authorities after his "rather extensive gap year" in Syria.

Jack Letts 21 is currently being held in protective custody by Kurdish militia in north-east Syria after he escaped from the so-called Islamic State (IS) stronghold of Raqqa.

Parents John Letts and Sally Lane, who deny charges of funding terrorism by sending their son money after he left for Syria in 2014, said last week they hadn't heard from Jack for a couple of weeks

John Letts told the BBC s Victoria Derbyshire. "He has questions to answer – that s absolutely fine if he s back, we've always said hand yourself over to the British once you get out"

"I can t account for all of Jack's movements for three years – we had no idea he was going there. He was 18 when he went out there, I made a lot of stupid mistakes when I was 18 and I think we all do, It s kind of like a rather extensive gap year"

The parents, who live in Oxford called on the British authorities to help the former Cherwell School pupil escape.

Sally said. "He was in a very dangerous part of Syria and we thought that now he d finally made it out of IS-controlled territory that he would be able to come home.

"We've been told by the British authorities that as soon has he makes it out of IS territory they would be able to help us— but no help has been coming, even though we know where he has been for a month."

Jack is suspected of going to Syria in 2014 to fight for IS but now claims he is opposed to them and has left that area.

Last month, he begged to be released from jail so he could return to the UK and "explain some things" to his parents.

John Letts said. "It s terrifying we have been living with this for three years

"Every day you are waiting for a phone call saying your son has been killed.

"IS are still operating in the area. Where he actually is right now we're not sure – it s a very volatile region so that s what's worrying us hugely "

A spokesperson for the Foreign Office has previously told The Oxford Paper that it did not have the resources to search for and help Jack Letts.

John and Sally face trial later this year accused of sending hundreds of pounds to their son between September 2015 and January last year

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Pupils go to heart of local democracy

SCHOOLCHILDREN entered a lively debate on whether or not the voting age should be lowered.

As part of the school syllabus, Cokethorpe school students aged 10 and 11 had to debate the motion at the official West Oxfordshire District Council's chamber last week.

On their arrival the schoolchildren were welcomed by council chairman Cllr Norman Macrae who explained how democratic debates take place and chaired the debate.

At the end of the session the pupils voted, with the majority voting against the motion.

Class teacher Mark O Connor said, "Coming to the council chamber to debate was a wonderful experience and made it realistic for the pupils. I am sure it will inspire them and is something they will never forget."

Cllr Norman MacRae said, "[The] session was very lively and I thoroughly enjoyed chairing it, the level of the debate was impressive and I am full of hope for the future after seeing young people debating their views today.

"All local schools are welcome to use our council chamber for debating as it's an ideal way of learning more about local democracy."

Thousands line the streets

Bin Bot the robot towers over the procession and, above and below, colourfully dressed dancers wind their way through the streets
Pictures: Oxford City Council

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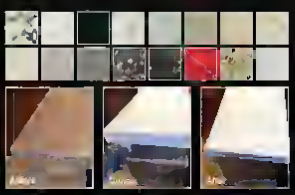

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to enjoy colour and sound of Cowley Road Festival

Carnival spirit shines

Brightly dressed dancers embrace the spirit of the carnival parade

Eva Astreinidou *Reporter*

MORE THAN 50 000 people came out to enjoy and take part in an outdoor spectacle of culture, technology, robots and pyrotechnics in Oxford over the weekend.

The Cowley Road Festival returned to South Park for the 15th time on Saturday and Sunday.

The two-day festival, organised by Cowley Road Works and its 100 volunteers, was opened with Colossus Awakes, a display of performance and fireworks that lit up the night sky from 9.30pm on Saturday.

The highlight of Sunday was a mile-long carnival procession led by the Bin Bot robot.

The 12.30pm parade from the Plain to Magdalen Road included approximately 600 people from 30 community groups and schools, all paying tribute to this year's theme of technology and industry.

Penny Garner, from Witney, an associate producer with the carnival team, said: "I have never done carnival before and to do it from this side has been an incredible experience.

"It was a lot of hard work, but to see the community coming together like this is a great thing."

Oxford Brookes University played a key part in the event, bringing along Artie and Martie, robots made specially for the procession.

Andrea Siret, head of alumni and community engagement, said: "There was such an amazing atmosphere and all those involved very much enjoyed being part of this vibrant community event."

At the heart of the festival site was the carnival music stage which featured live music throughout the afternoon from bands including Zaia, Ran Kan Kan and dance from Sol Samba and 1 Afro Fusion.

Carn-fest was also back at the East Oxford Community Centre with DJs playing Caribbean music, SOCA and reggae.

Manzil Way was transformed into Market Street for the day with food stalls as well as fun activities.

The Indonesian community stall, a staple of the carnival for food, was back with a zone dedicated to Little Indonesia.

The Cowleyroad.org history project brought together an interactive photography installation in a miniature version of the area, showing every building with facts and memories.

Have say on how the city takes shape

A PUBLIC consultation has opened on sweeping plans that will set out how the city will look and feel over the next 20 years.

Oxford residents can have their say on the Oxford Local Plan 2036 following Saturday's launch of the 'preferred options' document.

The public was consulted last year on key areas that should make up the local plan and the new consultation marks the next stage of the process.

The consultation period will run until August 25. City councillor Alex Hollingsworth, board member for planning and regulatory services, said transport, homes, air pollution and the local economy are all key parts of the plan.

He added: "We will continue to support the city centre and district centres as the most sustainable locations for new development.

"This approach will support our public transport and other sustainable means of travel and will help to mitigate some of the potential negative impacts associated with economic growth.

"Another key aim is to use the planning system to reduce air pollution, shift journeys to sustainable transport and reduce the need for journeys by putting homes, jobs and facilities close to one another."

Visit oxford.gov.uk/localplan to respond to the local plan.

The council will also set up a pop up shop in Ship Street between 11am and 2pm from July 10 to 14.

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NEWS

Tiny tick has big medical potential

A STUDY has found that tick saliva could hold the secret to treatments for life threatening conditions.

Research by the British Heart Foundation and Oxford University has identified a protein within tick saliva that can be used to fight chemicals released in the heart during myocarditis a condition that can cause sudden cardiac death.

Around 30 per cent of people with myocarditis go on to develop dilated cardiomyopathy and heart failure, which in severe cases can result in the patient needing a heart transplant.

Professor Shoumo Bhattacharya, the study's lead author and professor of cardiovascular medicine at the university said the new research could help design life-saving therapy

He added. "We may also be able to use the same drugs to treat other diseases where inflammation plays a big part such as heart attack, stroke pancreatitis and arthritis "

The proteins identified by the research team can bind to and neutralise several chemicals called chemokines which are released in the heart during myocarditis

The chemokines attract cells that cause inflammation, but by neutralising the chemicals, tick saliva could potentially prevent the inflammation.

Professor Jeremy Pearson associate medical director at the British Heart Foundation, said. "They may not be pretty, but these little creatures could hold the secret to better treatments for a whole range of diseases.

"There's a long way to go but tick saliva looks like an exciting, albeit unconventional, area of research."

Boy, 15, faces firearm charge

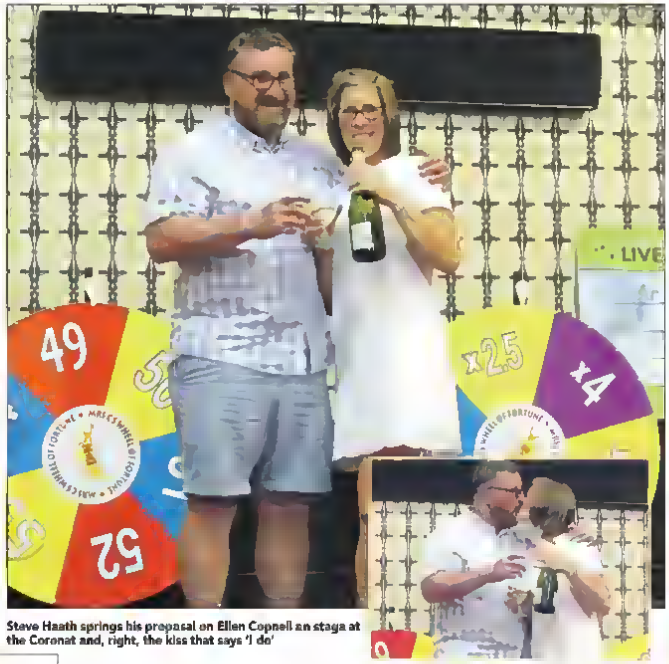
A TEENAGE boy has been charged with numerous offences, including possession of a firearm.

The 15-year-old who cannot be named for legal reasons was allegedly involved in incidents in Sonning Common and Kidmore End, Henley, in September 2016

He has been charged with one count of possession of a firearm and ammunition in a public place aggravated taking of a vehicle without consent, dangerous driving, and two counts of taking a vehicle without consent

The charges relate to incidents on September 13 and 26 last year

The boy has been bailed to appear before Oxford magistrates on July 12.



Steve Heath springs his proposal on Ellen Copnell an stage at the Coronet and, right, the kiss that says 'I do'

Bingo fan Steve finds love match

Eva Astreinidou Reporter

A COUPLE who matched in more ways than just numbers are getting hitched after a proposal at a bingo hall.

Steve Heath and Ellen Copnell, from Didcot, have been going to the Coronet to play bingo for years but the last weekend in June was truly special after Steve popped the question.

The pair have known each other for years, as Steve's best friend Brian was married to Ellen but sadly died last year aged 51 after a battle with cancer

Steve, 48, said. "We were each other's support and we used to go on holiday all together I have known Ellen for many years and one thing just led to another"

Steve said he knew he wanted to marry Ellen after three months, but started putting a plan in place for a proposal six months after they got together

He said although they had picked out a ring together, Ellen, 43 had no idea he was going to get up on the stage and propose to her at the bingo hall.

Speaking of his choice of venue for the proposal, he said. "We come along most weeks with Ellen's parents, it gets them out of the house and we have such a good time here. It's just such a nice atmosphere with really nice people.

"I just knew it would be different and something personal to us."

He added. "I was so nervous I had a speech planned in my head but when you're up there it just goes My voice started going as well, it was emotional."

Ahead of the proposal Steve liaised with the manager at the Coronet, Sean Tucker, and said there were a lot of details that had to be ironed out to make sure it was perfect.

Mr Tucker said. "It was really nice that Steve chose our club to propose in, [It] shows how our nice little family run club is an important place in some people's lives and in particular, their growing relationship

"It's the first time in nearly 30 years of managing the club I've seen this happen."

The couple have booked their wedding venue for September 2018 and will be jetting off to Benidorm for their honeymoon.

School's runners could help save lives

A SCHOOL in Wallingford has raised money to purchase life-saving equipment for the town.

Fir Tree School recently held a 5km run to raise funds to buy a new defibrillator

The school council presented a cheque for £1,480 to the Heart of Wallingford Fund that has been raising money for several years

It is hoped that the new defibrillator can be installed as soon as possible to add to the network of machines around the town.

The children were inspired by the demonstration of a defibrillator when one was installed at their school recently, and decided to help to buy another one

They presented the cheque to Lynda Atkins, along with Jadie Smart who is also working for the Heart of Wallingford, and Dick Tracey, who has been campaigning for many years to get as many defibrillators across Oxfordshire as possible

Regatta breaks records

Hundreds of spectators line the river to watch the racing in the sunshine

Eva Astreinidou: *Reporter*

THIS year's Henley Royal Regatta featured plenty of history-making and record-breaking moments.

The five-day event, which came to an end on Sunday, featured a total of 577 crews from 15 nations, the second-largest entry ever.

The USA had a record entry of 60 crews.

For the first time in the regatta's history there were the same number of open events for women as for men, with three new women's classes, including the first women's double scull race on Friday.

At least 24 medallists from the 2016 Olympic Games in Rio competed, including 10 gold-medal winners.

Sir Steve Redgrave, chairman of the regatta's committee of management, said: "I am really pleased with the quality of the entry in all events. I am looking forward to seeing a strong international presence in the three newly introduced events for this year – the women's four pair and double."

Speaking of the new classes for women, Kim Brennan, a student at Oxford Brookes University and a gold medallist for Australia, said, "It is really exciting. We are proud to be the first four in Henley this year."

Leander Club, based in Henley, claimed top prize in four categories. Oxford Brookes claimed top prize in two categories: the Ladies' Challenge Plate and the Temple Challenge Cup.

The Oxford Brookes crew celebrates victory in the Temple Challenge Cup and, left, spectators watching from the stewards' enclosure crane for the best view of the finishing line. **Pictures.** *Henley Royal Regatta*

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New battle over homes looming

Eva Astreinidou: *Reporter*

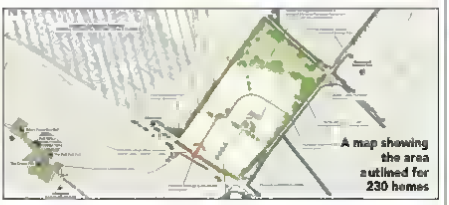
CAMPAIGNERS against excessive development are preparing to fight another opportunistic and inappropriate plan for more housing in and around their village.

Last week houses and businesses were sent leaflets for a potential development of 230 homes off Mooument Road in Chalgrove asking for input from the public on the plans.

But campaigners from the group Chalgrove Shield have said there will be many more applications to come so long as the neighbourhood development plan (NDP) is being finalised by residents.

Gladman Land, which is promoting the site before the developers officially submit the application to South Oxfordshire District Council, has sent the leaflets to inform residents of the scheme.

Paul Boone, chairman of Shield, said: "With the Chalgrove NDP reaching the final stages prior to adoption, we will continue to see opportunistic and speculative developers trying to squeeze inappropriate developments into Chalgrove village while they still have the chance.



A map showing the area outlined for 230 homes

"Once adopted, the Chalgrove NDP will, we hope, provide some protection from these kinds of developments."

He said that Chalgrove Parish Council and the NDP committee have already listed preferred sites to the west of the village that will consist of 200 new homes, adding: "There is no justification for further substantial development in Chalgrove village."

In regards to the Gladman Land consultation, he said: "Their brochure makes a number of unsubstantiated claims, but exists purely to get people to respond—once people respond, they can tick the box marked 'Statement of Community Involvement (SCI)' to show that they have consulted.

"Our advice to residents is not to respond to this provocation, but instead to wait until planning permission is actually sought, and raise objections to SODC at that point."

A Gladman spokesman said: "All public comments received during the consultation process will be considered. An outline planning application will be submitted in due course to South Oxfordshire District Council which will include an SCI.

"The SCI will include details of how your comments and suggestions have been considered to shape the development."

To view the latest consultation, visit your-views.co.uk/chalgrove.

Van driver cut free

Specialist crews at the scene of the crash, where a driver was cut free

THERE was a lucky escape for a van driver who had to be cut from his vehicle after it crashed into a ditch and collided with a tree.

Specialist rescue crews were on hand to free the man on a road between Steventon and Hanney shortly before 9.30pm on Tuesday last week.

The driver received first aid on the scene and was taken to hospital by South Central Ambulance Service.

The incident commander station manager Paul Webster, said: "The injuries sustained could have been far worse if they had not been wearing seat belts as they had collided with a large tree."

Thames Valley Police is investigating the cause of the accident.

Blaze at tower block 'shows safeguards are working well'

A FIRE broke out in one of Oxford's tower blocks amid controversy surrounding the safety of high rise buildings.

Six emergency crews and police were mobilised to the scene after reports of a fire at Mowman Tower in Westlands Drive, Oxford, last Wednesday at 12.26pm.

On arrival fire crews were faced with smoke coming from the entrance to the ground floor store area of the building.

They quickly extinguished the fire to stop any spread into the main part of the building.

The incident comes after local authorities in Oxford have tried to reassure residents of the safety of their tower blocks following last month's tragic fire in London's Grenfell Tower, which claimed at least 79 lives.

Stephen Clarke, head of housing and property at Oxford City Council, said: "Everybody is rightly concerned about fires in tower blocks since the tragedy at Grenfell Tower.

"Today's small fire and the text book response to it, shows that the safeguards in place in Oxford work well."

Speaking about the fire, incident fire commander Paul Bramble said they are working with the police to pinpoint its cause.

He added: "The crews were quick to extinguish the fire and stop it spreading to other parts of the building.

"There was no risk to residents and no spread of the smoke or the fire to the flats above."

Mr Clarke added that there would be comprehensive fire safety standards met in an ongoing £20million refurbishments of Oxford city's five tower blocks.

He said: "We are very grateful to the firefighters for their response, and are reinforced that we were right a couple of years ago to decide to go above and beyond national fire safety standards in our refurbishment programme.

"The comprehensive fire measures we decided an included fitting sprinklers—which Oxfordshire's chief fire officer has confirmed puts our blocks amongst only 16 in the country with sprinklers out of around 600 blocks in total."

Last week, Oxford officials were accused of giving 'false assurances' to tower block residents after the cladding on two of the city's high rise buildings failed fire safety checks.

After the results, it was decided cladding on the two towers, Evenlode and Windrush, will be replaced as soon as possible. The work will be carried out while families remain in these flats.

Nightclub marks five special years

WANTAGE nightclub Shush is holding its fifth Groove It! summer ball for adults with learning difficulties on July 13 from 7.30pm.

The gala nights were launched shortly after the club opened as it wanted to offer something extra to the community.

Shush also holds special monthly nights to give adults with learning difficulties an opportunity to party without their carers worrying about normal club opening times.

Around 100 people attend the nights and care companies have even started putting on buses from other areas to bring their service users along.

Many friendships and even a marriage have been forged since the nights started.

Entry to Groove It! is £5 but carers are admitted for free.

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NEWS

County in the lead for LGBT support

SCHOOLS in Oxfordshire are leading in tackling anti-LGBT bullying, according to a charity working to celebrate difference in schools

The Stonewall Education Equality index, which benchmarks the success in inclusion of LGBT issues and young people, has ranked Oxfordshire County Council (OCC) as one of the top in its annual education equality index.

Stonewall, Britain's lesbian, gay, bi and trans equality charity, ranked Oxfordshire as third in the Top 10 in Britain. The council made sixth place in last year's index.

The council's cabinet member for education, Hilary Hibbert-Biles said: "Any young person can experience homophobic, biphobic or transphobic bullying, and like all forms of bullying it should never be allowed to go unchallenged."

Steve Harrod, the cabinet member for children and families services, added: "We are very proud of the partnership work we are doing with schools and other agencies including Thames Valley Police, health, and youth groups both to prevent bullying and to provide support for LGBT children and young people."

Sarah Rose, senior account manager at Stonewall said: "Oxfordshire County Council has once again made huge progress.

"It has a fantastic array of online resources available providing vital support and guidance to schools and young people across the area."

The charity says the council has taken strides to address homophobia, biphobia and transphobia in schools and supporting LGBT young people in their local community.

This includes an annual anti-bullying survey for primary and secondary pupils which includes questions about feeling safe at school and at home, and whether pupils have experienced different types of bullying and how this has affected them.

As part of Oxfordshire's anti-bullying strategy, pupils from the Warriner School in Bloxham staged Project Q last Wednesday at the Stonewall Education For All conference in Birmingham.

The production, led by staff and pupils, is a 20-minute play using physical theatre and dialogue taken directly from interviews with young people about their experiences relating to gender, sexuality and how these are treated by their peers and adults.

The drama aims to challenge its audience to think about what school would be like to 'come out' in.

It also features a question and answer session with the cast.

Hundreds join call for unity

LABOUR PARTY
STAND UP TO RACISM AND FASCISM
NO to scapegoating immigrants • NO to Islamophobia
NO to anti-Semitism • YES to diversity

The walk in Florence Park, Cowley, was to stand up to racism. Picture: *Julie Simmons*

A GROUP came together to spread a message of unity following an alleged racial attack in a park.

Up to 300 people joined a community walk on Friday against racism in Florence Park, Cowley following the reported abuse of Somali women relaxing in the park after Eid celebrations on June 25.

The peaceful event called by Oxford Stand Up To Racism was to show there is 'no room for hate'.

A short rally at the end celebrated the diversity of the walk and all speakers issued the call for greater unity and opposition to racism.

Ian Mckendrick, spokesman for Stand Up To Racism, said: "It was very heartening to see almost 300 people, from all sections of the community, join the walk in Florence Park called to keep the park free from racism and ensure it remains a place accessible to everyone.

"When building for the event we heard multiple accounts of racist abuse as people went about their daily business. We strongly felt the there was a need to bring the local community together to stand up to racism at a time of a reported rise in racist abuse and attacks including the horrific acid attack in London."

A police spokesman said yesterday that they had investigated the reports of an altercation between two groups of people in the park on June 25.

He added: "No witness has provided evidence of racist language being used. Officers have been in contact with both groups and local restorative justice options are now being explored."

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Big welcome for huge jobs boost

Matthew Brown | *Reporter*

A GROVE councillor has hailed the news that up to 1 000 new jobs could be created thanks to a £40million regeneration scheme at the village's business park.

The park s buildings and facilities have recently received a revamp and now a masterplan is le place to more than double existing accommodation.

That would see significant increases in the 85 businesses already based at the park and the 300 people working there.

Cllr Ben Mabbett, representing Grove North on Vale of White Horse District Council said. "I think it's absolutely fantastic, any plan that brings jobs locally is great

"The number one concern I hear is that there aren t many jobs in Wantage or Grove and people have to travel to Oxford or Didcot or even further afield than that.

"I wish them the best of luck and will help them with anything we can do to encourage new businesses to set up there and thrive."

The plan involves the creation of 11,800 sq ft af grade A office space and 24 flexible units aimed at start up and small businesses

Larger business units totalling 35,000 sq ft will also be built and outline planning permission is in place for an additional 220 000 sq ft of new development.

There are also plans for a café that could open in six months an 80-pupil nursery by autumn 2018 with both complementing the existing 450 mem ber health club

Richard Lyall, project director for Grove Business Park Ltd, which has been carrying out a refurbishment programme since taking it over in December 2015 said. "We are wit nessing a transformation in progress and businesses are responding in increasing numbers.

"Demand for space is growing as we create a park that offers a central location with easy access to the A34, M4 and M40 along with state of the art facilities for businesses ranging from start-ups to major operators."

Jail for burglar who caused heartbreak

A MAN has been sent to prison for four years after breaking into a home and stealing jewellery with sentimental value.

Alexander Walker, 35, of no fixed abode, was sentenced at Oxford Crown Court on June 23 after pleading guilty to one count of burglary

Walker broke in te a home in Combe Road, Jericho between 5pm and 10pm on January 25

He searched the house before stealing jewellery that belonged to the resident s late parents

Walker was arrested the next day and was charged in May

Investigating officer, DC Isaac van den Eshof said: "This was a particularly upsetting burglary and a terrible sentimental loss for the complainant as the jewellery that was stolen was the only material items thet she had left ta remember her parents by

Alexander Walker

"The defendant pleaded guilty which prevented the victim from having to attend a trial but to date he has not disclosed what he has done with the jewellery"

Nuisance tenant evicted

OXFORD City Council has regained possession of a council-owned property from a tenant following incidents of anti social behaviour

A possessioo order for a flat oo Banbury Road was granted ta the council at Oxford County Court last month.

The court found the tenant was involved in persistent anti social behaviour, which caused alarm, distress or disturbance for their neighbours

You can contact the city council's anti-social behaviour investigation team at 01865 249811 or saferoxford@oxford gov uk to report anti-social behaviour

College hailed for excellence

Students from tha equine highar education programma receiva their qualifications at Oxford Brookes

A COLLEGE has been praised for its high quality teaching, learning and outcomes for its students

Abingdoo & Witney College received its Teaching Excellence Framework (TEF) silver award for its higher educatioo programme.

An independeot panel of experts, including academics students and employer representatives judged the college to have "high quality teaching, learning and outcomes for its students". while consistently exceeding "rigorous national quality requirements for UK higher education"

Head of higher education at the college Lee Ann Penaluna, said. "[The award] is a clear indicator that our higher education offering is of an excellent standard – from the quality of the teaching staff to the close-knit community of students who successfully study here

"With the new investment into STEM to come, and an ooguing strong partnership with Oxford Brookes University it is an exciting time to be joining us for your higher education qualification."

A £4million Advanced Skills Centre is scheduled to open in January and will provide new resources and opportunities in the STEM sector More than 350 students study a higher educatioo course at the college each year

TEF introduced by the government, is managed by the Higher Education Funding Council for England (HEFCE)

Its chief executive. Madeleine Atkins, said. 'Studeots invest significant amounts of time and money in their higher education They rightly expect a high-quality learning experience and outcomes that reflect their potential.

"The TEF measures the things students themselves say they care about high-quality engaged teaching and a supportive, stimulating learning environment which equips them with the skills they need to achieve their potential, and then to progress to a good job or further study"

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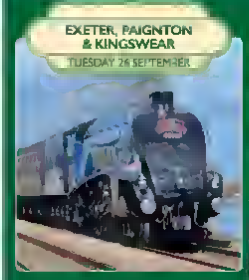

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MP backs Culham's Green Belt campaign

Eva Astreinidou: *Reporter*

FAMILIES from Culham have formed a campaign group to save their beloved green space from development.

The village has formed a Save Culham Green Belt group and is looking for support against a plan to build 3,500 homes in the area.

The development is set for land adjacent to Culham Science Centre and forms part of South Oxfordshire District Council's (SODC) local plan, which outlines housing targets until 2031.

On Saturday the group had a stall at Culham fete to raise awareness of the 'enormity' of the proposed development on 313 hectares of Green Belt.

Henley MP John Howell was also there to lend his support to the group.

The MP said that both the district council and Oxford city, which is consulting on its own local plan until August, need to justify their approach on how they are allocating their housing demand.

He said: "Save Culham Green Belt needs South Oxfordshire District Council to produce a list of exceptional reasons why this area needs to be taken out of Green Belt."

The campaigners were inspired to start their group after a Green Belt walk in early June.

Speaking about the new group Caroline said: "Our aims [are] to make as many people as possible aware of the planned development, [and] to hold SODC to account for not following Government guidelines that state clearly that Green Belt should be protected, and to ask SODC to prove the vital need for this specific development."

A spokesperson from SODC said, "We are following government guidance relating to Green Belt land.

"The case for removing land at Culham from the Green Belt will be examined by a government appointed planning inspector once we have submitted our Local Plan to the secretary of state for planning."

MP John Howell chats to Caroline Baird, right, and other campaigners

Town salutes fallen from the Great War

DIDCOT commemorated those who gallantly gave their lives for their country during the First World War with a memorial bench.

The bench was unveiled last week in a poignant ceremony in the Garden of Remembrance at the Civic Hall with Mayor Jackie Billington and members of the Royal British Legion in attendance.

Pupils from Stephen Freeman also contributed to the ceremony with all the readings relating to the Battle of Passchendaele that began in July 1917 and lasted until the following November.

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Artist's legacy lives on in work of his students

Eva Astreinidou: *Reporter*

AN ARTIST working to carry on the legacy of her partner in life and art after his death has organised exhibitions to help young people discover art.

The Heartstone Fund, set up in memory of much-loved sculptor and painter Lendon Scantlebury, has been exhibiting for the last month and will be displaying works of young artists next week at Maddle Farm, Lambourn.

Lendon's partner Dawn Benson said on his diagnosis of cancer they were told he had weeks to months left to live – but days later she was called in to be told the devastating news that he had passed away.

Before his death in January, 56-year-old Lendon had taken on and mentored young artists.

Now, Dawn and the Heartstone Fund's founding partners are determined to carry on his legacy by exhibiting indoor and outdoor sculpture, paintings, drawings and prints created by the artists he helped.

Speaking about the experience so far, she said, "I sometimes speak to him and ask if we are doing the right thing – I hope we are. He should be here doing this. I still find the whole thing shocking.

"It is exhausting. (But) there would be nothing that I would be doing that wouldn't have him with me."

Speaking of the success of the exhibitions so far, she said the last young artist he worked with had sold two pieces of his work, which would have made Lendon very proud.

She said: "Those are the things that make me feel better."

Lendon, from Wantage, was a passionate professional artist who worked with sculpture for more than 30 years. He encouraged aspiring artists and had planned to start a foundation to help young people discover art.

The Heartstone Fund has been created by his friends and fellow artists so that his name will continue to inspire and motivate.

The Heartstone Arts exhibition was launched earlier last month at West Ox Arts Gallery and Cobbles Garden in Bampton featuring sculpture, paintings, drawings.

It moved to the Greyhouse Inn at Letcombe Regis at the weekend. It can be seen next at Maddle Farm Lambourn from July 15 to 23.

London Scantlebury with his partner in life and art Dawn Benson

Powerful police video wins award

THAMES Valley Police has won a national award for a road safety film highlighting the dangers of using a mobile phone while driving.

The force was awarded the Alarm Community Award for its film following the sentencing of a lorry driver who killed four people on the A34 last year by dangerous driving.

Three children – Aimee Goldsmith, 11, Josh Houghton, 11, and Ethan Houghton, 13 – as well as the boys' mother Tracy Houghton, 45, died when Tomasz Kroker smashed into stationary traffic at East Ilsley on August 10, 2016.

TVP roads policing officers and corporate communications staff worked with the victims' families to create a video which was released in October 2016, when Kroker was sentenced to 10 years in prison.

Head of corporate communications Dr Maeve Chappell said: "The impact of the video has been significant, reaching an international audience both online and in the media.

"It even triggered a House of Lords debate and brought the potential tragic consequences of using a mobile phone while driving to millions of people."

On March 1 the law changed and penalties for mobile phone use were doubled. The video can be viewed at tnyurl.com/y97dyqvg.

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Out&About

Get outdoors with the kids this summer

Try out the National Trust's list of 50 fun things to do before you're 11¾

Pages 24&25

5 of the best...

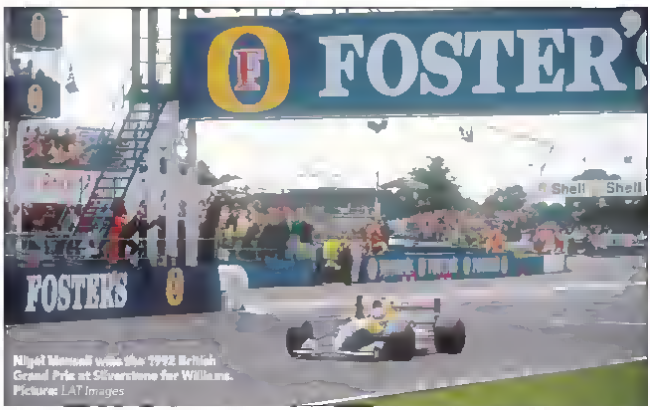
Your guide for your leisure time in & around Oxfordshire

Silverstone Classic > p24

Big Feastival > p26

Champagne machines! > p30

Williams to celebrate anniversary at Classic



Nigel Mansell wins the 1992 British Grand Prix at Silverstone for Williams. Picture: LAT Images

It is now 25 years since Nigel Mansell won the 1992 British Grand Prix in front of his fanatical fans at a packed Silverstone, sparking a famous track invasion.

'Mansell Mania' spontaneously erupted as 'Our Nige' took another big step towards lifting the world championship title that had cruelly eluded him in previous campaigns.

Even more significantly perhaps, it is 40 years since Sir Frank Williams formed what is one of the most successful Formula One teams of all time.

Now comes news that these two very special anniversaries will be celebrated in spectacular sound and vision at this month's Silverstone Classic from July 28 to 30.

Mansell's triumphant Williams FW14B chassis hasn't raced since its hugely popular home win in 1992. However, earlier this year it returned to Silverstone, the location of that stirring victory, to make a reappearance at the Silverstone Classic Media Day.

It has subsequently been fully restored by Williams Heritage, the team's increasingly active division which preserves, showcases and runs a fleet of cars dating back to the company's birth in 1977.

Underlining the growing importance of this dedicated Heritage department, it is headed by Sir Frank's son Jonathan Williams and managed by long-time Williams team manager and engineer Dickie Stanford.

Today revived and re-armed with its glorious-sounding Renault V10 engine, Mansell's legendary 'Red Five' lives again.

Proudly displaying its iconic yellow, blue and white livery, the all-conquering FW14B turned its first wheel in anger for nearly a quarter of a century at Williams' 40th Anniversary Celebration at Silverstone last month.

Now comes confirmation that Mansell's machine will not only be on public display at the Silverstone Classic but will also provide visitors with some dramatic high-speed demonstration laps during the lunch breaks on both Saturday and Sunday, this time with experienced GP2 and sportscar driver Nick Yelloly at the wheel.

"We absolutely love the Silverstone Classic and really wanted its fans to share in our 40th anniversary celebrations," said Jonathan Williams.

"Nigel Mansell's rousing victory back in 1992 truly caught everyone's imagination, so to have that very car once again speeding around Silverstone 25 years on will be a brilliant birthday tribute to him and the team."

Other highlights at this year's Silverstone Classic will include the Celebrity Trophy.

Already confirmed for the competition are Hollywood A-lister Patrick Stewart, Olympic champion Amy Williams, former Top Gear host Tiff Needell and Dragon's Den star Theo Paphitis.

There will also be a celebration of the 25th anniversary of the Jaguar XJ220: 60 years of the Lotus Seven, and the biggest ever gathering of McLaren road cars.

All tickets provide access to racing paddocks, trackside grandstand seating, live music concerts on both Friday and Saturday evenings featuring the Bootleg Beatles and Tony Hadley, formerly of Spandau Ballet, vintage funfair rides, air shows and car club displays as well as a host of other family-friendly demonstrations, activities and entertainment.

Full ticket details and all the latest news are available on the official website, silverstoneclassic.com, and via the event's social media platforms.

Patrick Stewart will compete in tha Celebrity Trophy

Win tickets to this year's Silverstone Classic

To help celebrate summer, we are giving away a pair of weekend tickets to all three days of the annual Silverstone Classic (28-30 July), the biggest historic motor sport festival on Earth.

Six lucky runners up will win a pair of tickets to the Sunday of the summer spectacular.

To be in with a chance of winning, email competitions@theoxfordpaper.co.uk the answer to the following simple question.

Q. Tony Hadley was the lead singer of which chart-topping band? Spandau Ballet, Duran Duran or Human League?

The closing date is July 16.

Climbing a tree, building a den and making a mud pie have been entertainment for millions of children over the years.

There's also the thrill of swimming in the sea, flying a kite and hunting for bugs that can help to while away the hours.

To celebrate these simple childhood pleasures, the National Trust has created a scrapbook of 50 things to do before you're 11¾, and is encouraging families to start ticking them off the list this summer.

The scrapbooks are available at any National Trust location or to download from their website: nationaltrust.org.uk. There's also an app.

So whether it's setting up a snail race, exploring a cave or camping out in the wild, there's plenty of outdoorsy things for children to get up to over the summer break.

Number 15 on the list to play in the snow might be a bit of a challenge until later in the year though!

Greys Court, near Henley

Children will love Greys Court's kitchen garden with its colourful vegetables and flowers.

Then follow the secret, winding path to the hidden play area. Greys Fort, where there are battlements to climb, a slide to shoot down, sandcastles to build and much more.

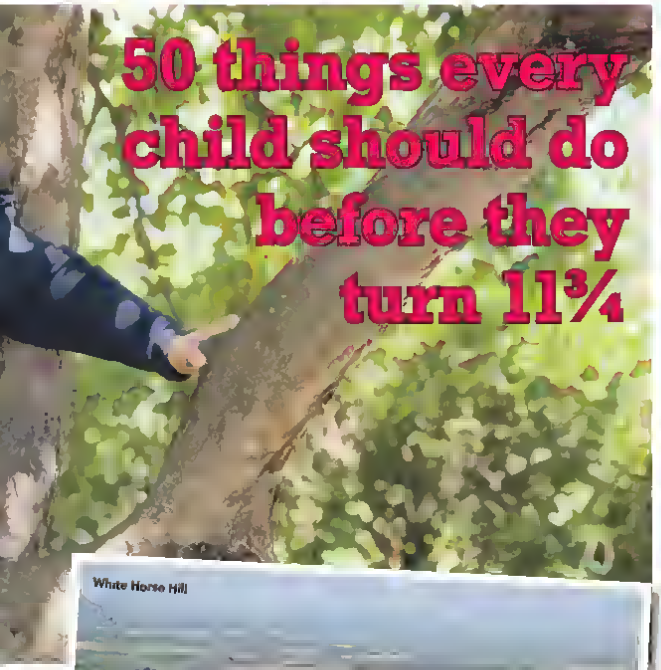
In the summer you'll see busy insects among the wildflowers by the apple orchard. Don't miss the labyrinth – follow the path to the sundial at its centre.

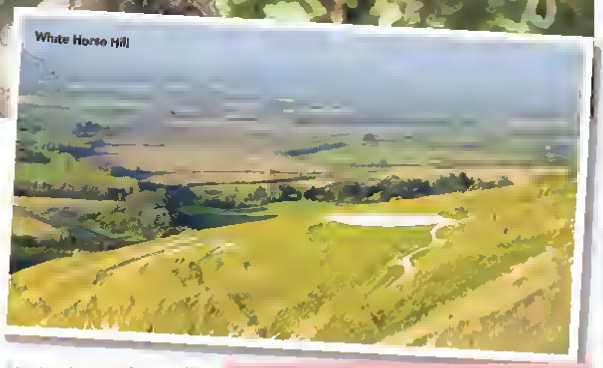
White Horse Hill, near Faringdon

Whether it's rising to the challenge of climbing this big hill, or succumbing to the thrill of tumbling back down it, the White Horse Hill at Uffington is guaranteed to leave children breathless.

The sense of freedom and oneness

50 things every child should do before they turn 11¾





with nature that comes from standing at the top of the hill is second to none

It's got to be one of the best places to challenge a child to climb a hill, fly a kite and then roll back down.

Chastleton House, near Chipping Norton

Whether in the house or out in the garden there s plenty for you and your family to do here.

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Don't forget to play hide and seek in the orchard or wilderness garden before you go.

Hurst and Coleshill Estates, near Faringdon

Lose yourselves in play in the woods at Badbury Hill It s ideal for den building, tree climbing, bird watching and much more.

Great Coxwell Barn, a magnificent 13th-century structure is another great place to tick off some challenges

Just down the road from Badbury Hill come here for pond dipping, bug hunting and finding your way with a map and compass.

50 things to do before you're 11¾

1. Climb a tree
2. Roll down a really big hill
3. Camp out in the wild
4. Build a den
5. Skim a stone
6. Run around in the rain
7. Fly a kite
8. Catch a fish with a net
9. Eat an apple from a tree
10. Play conkers
11. Go on a long bike ride
12. Make a trail with sticks
13. Make a mud pie
14. Dam a stream
15. Play in the snow
16. Make a daisy chain
17. Set up a snail race
18. Create some wild art
19. Play pooh sticks
20. Jump over waves
21. Pick blackberries growing in the wild
22. Explore inside a tree
23. Visit a farm
24. Go on a walk barefoot
25. Make a grass trumpet
26. Hunt for fossils and bones
27. Go stargazing
28. Climb a huge hill
29. Explore a cave
30. Hold a scary beast
31. Hunt for bugs
32. Find some frog spawn
33. Catch a falling leaf
34. Track wild animals
35. Discover what s in a pond
36. Make a home for a wild animal
37. Check out the crazy creatures in a rock pool
39. Catch a crab
40. Go on a nature walk at night
41. Plant it, grow it, eat it
42. Go swimming in the sea
43. Build a raft
44. Go birdwatching
45. Find your way with a map and compass
46. Try rock climbing
47. Cook on a campfire
48. Learn to ride a horse
49. Find a geocache
50. Canoe down a river

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Top names pack Big Feastival

A string of top musicians and chefs have been announced for this year's Big Feastival.

Taking place over the bank holiday weekend, August 25 to 27, at Alex James' Farm in Kingham, near Chipping Norton, visitors will be spoilt for choice.

Chefs including Rick and Jack Stein, Antonio Carluccio and Robin Gill will demonstrate their culinary skills and cooking secrets.

Headline musical acts such as Madness, Hacienda Classical, De La Soul, Dodgy, The Cribs, Olly Murs, Wille and the Bandits and Top Loader have already been confirmed.

For the family, children's TV stars Justin Fletcher, Dick and Dom and Paw Patrol will be on hand to entertain, as will the vintage fun fair, Big Top, sports and Royal Shakespeare Company.

Hacienda Classical will kick off the weekend with nostalgic dance songs accompanied by a full classical orchestra, plus special guests Mike Pickering, Graeme Park, New Order's Peter Hook and Happy Mondays' Shaun Ryder and Rowetta.

Pop favourite Olly Murs tops the Saturday night bill and the festival

The trademark Vintage Fair will be back this year at Big Feastival, along with a host of big names from the world of music and food

will come to a close with British giants Madness on the Sunday.

Top chefs, restaurateurs and firm family favourites will be sharing pearls of culinary wisdom in the NEFF Big Kitchen including Rick Stein and son Jack, two Michelin star chef Nathan Outlaw, celebrity TV chef Cyrus Todiwala, restaurateurs José Pizarro, Mark Hix and Robin Gill, alongside Great British Bake Off winner Candice Brown.

For those who are keen to roll up their sleeves and have a go, the NEFF Cookaholics Cookery School offers a hands-on experience where visitors learn how to get creative in the kitchen.

While youngsters can get creative in the NEFF Little Kitchen, led by TV favourites Tom and Henry Herbert, providing interactive cookery classes to encourage budding young chefs to try something new.

Founder Alex James said: "It's an honour to host The Big Feastival on the farm for the sixth year running.

"With the incredible line-up, there's something for the whole family, this is going to be our biggest and best year yet."

Adult tickets cost from £64. For more information about prices, go to thebigfeastival.com.

What a feeling to be had at Flashdance

Strictly Come Dancing champion Joanne Clifton and A1's Ben Adams will play lead roles in an upcoming production of Flashdance.

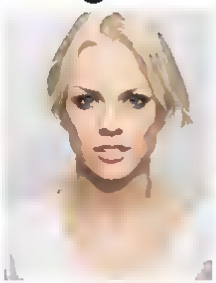
Joanne will play the role of Alex, and Ben will play Nick when the show arrives at the New Theatre, Oxford from September 18 to 23.

The musical has returned to the UK stage for the first time since 2011.

Flashdance tells the story of 18-year-old Alex, a welder by day and 'flashdancer' by night, who dreams of going to the prestigious Shipley Dance Academy and becoming a professional dancer. When a romance complicates her ambitions, she harnesses it to drive her dream.

Joanne is a World and European champion ballroom dancer and won both the main Strictly glitter ball with Ore Oduba last year and the Christmas Special in 2015 with Harry Judd.

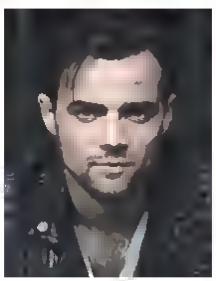
She made her musical theatre debut in the role of Streetwalker in the UK premiere of the Irving Berlin musical Face The Music and was nominated for an Off West End Award.



Joanne Clifton

She also played Marilyn Monroe in the Norma Jeane Musical and Millie Dillmount in the UK tour of Thoroughly Modern Millie.

Joanne said: "I think everyone in the world, whether dancer or non-dancer, as soon as they hear What a Feeling remember that iconic scene at the end of the film and I'm so incredibly lucky that I get to do that every night in a UK tour along with fabulous numbers like She's a Maniac."



Ben Adams

Ben has been singing and performing since the age of eight, starting his career as head chorister at St Margaret's, Westminster Abbey.

He has sung for royalty, the Pope, toured across Europe and recorded two classical albums.

At 16, he became the lead singer of the band A1, who racked up 10 million record sales, two UK number ones, five studio albums and toured throughout the world, winning a Brit award, among many others.

When the band split, Ben took to the studio and is now a song writer and producer.

He has worked with the likes of Craig David, JLS, Ward Thomas, Sam Bailey, Boyzone and Alexandra Burke.

His new classical solo album, 1981, will be launched next year.

Ben said: "It's amazing to be part of such an iconic story and as an 80s child I was brought up on this music so I couldn't be happier playing Nick in the theatre production of Flashdance."

Tickets are available from the New Theatre box office on 0844 871 3020.

Don't miss...

Academy's twist on Charles Dickens

Magdalen College School Theatre Academy is set to return to the Oxford stage with new production Children of the Night, being performed in the city this evening.

The play, a contemporary re-imagining of Dickens' haunting novel Oliver Twist, is a modern tale of friendship and survival.

It takes to the stage at the Oxford Playhouse from tonight (Thursday) and runs until Saturday.

Children of the Night is a story about the forgotten, the neglected and the damned.

It centres on young lives that are lived in the shadows and subject to exploitation and violent crime.

It weaves in and out of the lives of Duck, JD, Angel, the Rif Rafs and the Scuttlers as they strive to survive in a cold world encountering unfathomable dangers, evil and sometimes in the most unexpected situations, love, hope and friendship.

The production has been devised by Joanne Pearce, Royal Shakespeare Company associate artist, and Rose Noble.

It stars Tom Klenerman, whose previous credits include playing the lead role in Charlie and The Chocolate Factory at the Theatre Royal, Drury Lane.

Children of the Night is told through word, dance and live music.

This production is in partnership with Oxford Homeless Pathways, to raise awareness of homelessness.

The academy said more than 150 million children around the globe live on the streets and their days are spent begging, thieving and searching for safe accommodation, cheek by jowl with the wealthy and complacent.

It said an important piece of theatre is to pinpoint current issues faced in Oxfordshire and across the UK.

Tickets for Children of the Night at Oxford Playhouse start at £11.50 and are available from the ticket office on 01865 305305 or by going to oxfordplayhouse.com.

On stage

TV favourite at New Theatre bar

Britain's Got Talent semi-finalist Reuben Gray is to perform an intimate gig in the New Theatre's Piano Bar.

The 16-year-old multi-instrumentalist rose to fame in the most recent series of the ITV show.

Reuben, who plays the piano and saxophone, won audiences' hearts when his dad, who works away from home a lot, surprised him by turning up for the audition.

He got a standing ovation from the audience and judges Ant and Simon Cowell said: "You've got talent, you really have."

The hour-long set will include the song Reuben wrote and performed at his Britain's Got Talent audition, Lifeline, in front of judges Simon Cowell, Alesha Dixon, Amanda Holden and David Walliams.

More recently Reuben has been working on his debut EP and writing new songs.

Limited tickets for this intimate performance cost £10 each.

They are now on sale from the New Theatre box office on George Street, Oxford, by calling 0844 871 3020 or by visiting the website: atgtickets.com/oxford

Museum exhibition sounds good to me

The Science of Sound exhibition that has opened at Banbury Museum picks up good vibrations.

It is a hands-on exhibition from the Science Projects of London, and explores how sound is made and how it travels.

It runs until September 2.

Tree cheers for rock at farm festival

Rock festival 2000Trees Festival opens today and runs until Saturday.

The independent green fields rock festival, at Upcote Farm near Cheltenham, will see performances by Frank Carter and the Rattlesnakes, Lower Than Atlantis, Mallory Knox, The Menzingers, Honeyblood and Skinny Lister.

For more details, go to twothousandtreesfestival.co.uk.

Christmas is coming to Blenheim Palace

It may only be July, but one Oxfordshire attraction has already got an eye on the festive season.

Tickets have gone on sale for Christmas at Blenheim, an after dark festive trail of lights in the palace grounds.

For more information or tickets, go to blenheimpalace.com

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FEATURE

Five festival essentials you never knew you needed

THE summer has arrived, the festival season is in full swing, but are you prepared? Whether you're heading to the Latitude, Green Man or Bestival festivals or to a campsite by the sea, here is an alternative list of five essentials items to pack. Forget floral headbands and cowgirl hats, these are the practical items you'll need to just transform your summer trip.

1. Plasters

The old saying goes that if you take care of your feet then they'll take care of you. While the weather might be sunny and your wellie boots might stay at home under the stairs walking around in flip-flops or sandals all day might well cause unwanted blisters, especially if you've got yourself a new pair and not worn them in. Be sure to grab yourself a pack of plasters to sooth the pain, but if you do need to stick one on, make a statement of it. Superdrug's fantastic little tin of Fix'em plasters (Superdrug, RRP £2.99) will keep you looking stylish whether it's your first festival or you're a camping veteran.

2 Squash

We all know it's important to drink lots of water, never more so than during a heatwave and outside in the sun all day. But let's face it, drinking water isn't very rock and roll, so why not pack some Robinsons Squash'd (Various retailers RRP £1.99) for your trip. These small but light bottles of concentrated squash come in a range of flavours and add a splash of flavour as you stay hydrated in the sun.

3. Luxury sleeping bags

For those who feel glamping doesn't offer you an authentic camping experience, be sure to treat yourself to a little luxury for your 40 winks. Why not grab yourself a double sleeping bag? Light, weight and easy to carry, these bags will give you extra room and maybe just help you forget you are sleeping in a field with tens, hundreds or thousands of other people. The Vango Harmony double sleeping bag (Blacks, RRP £70) comes in a range of colourful designs and is lightweight and easy to pack up at the end of your trip.

Festivals are all competing for families and as more and more festival-goers are taking their kids it's important to give them a little luxury too. After a long day in the field, why not pack your little raver into a Little Life Snuggle Pod (various retailers RRP £49.99). Choose between a penguin, owl or crocodile and let your littles ones sleep the night away.

4. Wet wipes

Parents have kept the true power of wet wipes a closely guarded secret. These handy wipes are much more powerful than they first appear. Not only are they great for wiping little bottoms, they are the ideal travel companions, great for wiping your hands, mopping a spill and even cooling you down on a long day. Pick up fragrance-free Pampers wipes (various retailers).

5. Stain Remover

Chances are that when the fun is over you'll need to deep clean your clothes as well as yourself. So keep your festival wear looking fresh and free from any irritating stains by adding some Ace Stain Remover (various retailers RRP £2) to your post-camp wash. Ace is a mighty stain remover that will help you remove those pesky stains but keep the fantastic memories.

My word, tennis gets shot at book of fame

Last week the Oxford English Dictionary (OED) announced its latest update, which includes a batch of tennis-related words that will come into the r own with Wimbledon now in full swing.

Consultants from the All England Lawn Tennis and Croquet Club helped the OED chose the 50 new words and 30 new senses relating to the sport that have been added to the updated version.

Robert McNicol, librarian at the AELTC, said: "Tennis is renowned for its many long-held traditions, and part of that is the unique language used to describe particular playing shots and racket techniques.

"I was honoured to be invited to offer my expertise on the tennis-themed words to be included in the Oxford English Dictionary."

As well as terms that are unique to sport such as 'golden slam' there are also new senses of existing words such as 'bagel'.

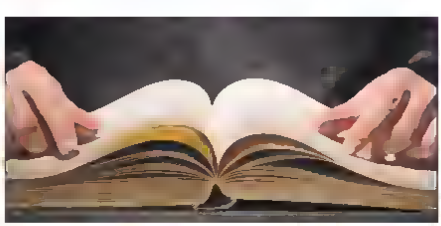
Eddie Dibbs, a player in the 1970s, coined the term 'bagel' to refer to a score in a set of six games to love due to the similarity of the numeral 0 to the shape of a bagel.

'Superbrat' is also a word used in contexts other than tennis, but was famously applied to the tennis player John McEnroe by the British press in response to outbursts on court.

Playing terms such as 'forced error' and 'chip and charge' are included in this update. The former describes a mistake in play that is attributed to the skill of one's opponent rather than the player's own misjudgement. The latter is a term for an attacking style of play in which the player approaches the net behind a sliced shot. Other styles added include the aggressive 'power tennis' and the more composed 'percentage tennis'.

The game has also inspired descriptions for types of parents whose children play tennis. Both 'tennis mum' and 'tennis dad' describe parents who actively and enthusiastically support their child's participation in the sport. Interestingly, the spelling 'tennis mum' started life in the 1970s with an alternative sense referring to a woman who has returned to playing tennis after becoming a mother.

Tennis scores themselves have an interesting history. 'Forty' refers to the third point, but was originally called 'forty-five' or 'five and forty' in the 16th century. It is thought the 'five' was dropped for the ease of calling out 'forty'.



Other tennis words and terms:

• Career slam: A complete set of major championship titles won over the course of a player's career, rather than a calendar year.

• Changeover: A pause in a match during which the players swap sides of the court or pitch.

• And continental grip, eastern grip and semi-western grip, which each refer to how the racket is held for certain shots.

Celebrities' fab abs set tone for Brits to get fit and hit beach

Film and music stars have long influenced our lives, setting the pace in everything from baby names to fashion. Now they're inspiring us to get fit and healthy for the holidays ahead

With holiday season now in full swing, new research has revealed Brits' top 10 celebrity fitness and health icons.

A survey of 2 000 UK adults carried out by training and course provider beabetteryou.com found 45 per cent of Brits are using celebrities they see on social media and in the media to inspire them to get fit this summer.

Former Corrie and Our Girl star Michelle Keegan (33%), who is often snapped sporting a bikini on the beach, and The Dark Night actor Tom Hardy (26%), who is also set to play the role of Venom, have topped the poll as the nation's male and female fitness idols.

The youngest of the three Kardashian sisters, Khloe (29%), who often uses her social media platforms to share her workouts with fans, came in second place alongside underwear model and ex footballer David Beckham (23%).

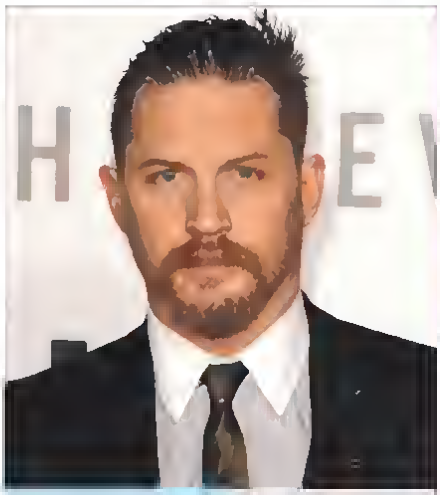
Newlywed Pippa Middleton (26%), who was also well known for her peachy posterior at her sister Kate's wedding, took the third spot in the female fitspo stakes, while buff celebrity personal trainer Joe Wicks, who is known for his Lean in 15 recipes and videos, (19%) completes the top three for the men.

Made in Chelsea's Louise Thompson (22%) has recently taken to social media to flaunt her washboard abs, earning herself fourth place alongside Hollywood actor Zac Efron (18%), who stars in the Baywatch remake.

Wrapping up the top five are model and Gone Girl star Emily Ratajkowski (11%), while Real Madrid's Cristiano Ronaldo (10%) completes the top five for the men.

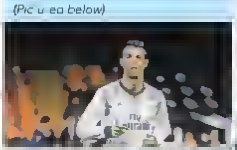
Simon Bubb, managing director at Beabetteryou.com, said: "Celebrities have always influenced our lives in many ways from fashion and holiday destinations to body image and baby names.

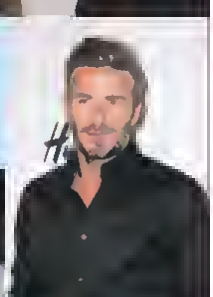
"It's important to remember that while it's healthy to be motivated by celebrities' social media can paint an unrealistic picture of body image which can be unobtainable in real life. Britons should be motivated by their own goals to improve their fitness levels, but use their celebrity fitspiration to help encourage them on those days when working out feels like a chore."

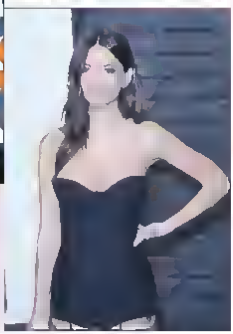


Male Fitspo

1 Tom Hardy	26%
(Pictured above)	
2. David Beckham	23%
(Pictured right)	
3 Joe Wicks	26%
4. Zach Efron	18%
5. Cristiano Ronaldo	10%
(Pictured below)	







Female fitspo

1 Michelle Keegan	33%
2. Khloe Kardashian	29%
(Pictured above)	
3 Pippa Middleton	26%
4. Louise Thomson	22%
5 Emily Ratajkowski	11%
(Pictured right)	

Big drop in smokers since 2007 ban came into force

TEN years after cigarettes were banished from all UK pubs, clubs, bars and restaurants, new figures from Cancer Research UK reveal there are an estimated 247 000 fewer current adult cigarette smokers in the south east today compared to when the smoking ban in England was introduced 10 years ago in 2007.

Smoking rates in Britain are now at the lowest ever recorded with the number of smokers having fallen by 1.9 million in a decade.

Smoke-free laws have had one of the biggest impacts on public health over the last decade. The drop in smokers means there are now around 8 300 000 adult smokers in Britain.

Importantly, over this decade of clean air in pubs, the proportion of 16 to 24-year-olds in Britain who smoke has fallen to 17 per cent from 26 per cent in 2007 – a record low. The drop in this age group is bigger than in any other.

England was the last of the four UK nations to go smokefree, in July 2007. Scotland was first in March 2006, followed by Wales then Northern Ireland, both in April 2006.

A new poll for Cancer Research UK of more than 4 300 people across Britain also revealed that very few people want to turn back the clock and allow smoking in enclosed public spaces. Only 12 per cent were in favour of reversing the smokefree laws.

Most people feel the smoking ban has been positive, with only eight per cent who think the change has made no difference to them or to public spaces.

The most commonly identified benefit was that people's clothes do not smell of smoke after a night out (67 per cent), followed by restaurants and pubs now being more family-friendly (66 per cent).

Almost six in 10 (57 per cent) agree that the health of hospitality workers has improved, and almost four in 10 (38 per cent) say their own health has also benefited from the reduced exposure to second hand smoke.

Twenty per cent of smokers said the ban had helped them cut down the number of cigarettes they smoke, and an impressive 14 per cent of ex-smokers credit the ban with helping them quit altogether.

Almost four in 10 (38 per cent) people across the UK believe that the ban has also helped protect the next generation from taking up smoking.

In addition to the smokefree laws, other measures have been introduced to help reduce smoking over the last 10 years.

This includes increased taxes, putting tobacco out of sight in shops, getting rid of cigarette vending machines and most recently, bringing in plain, standardised tobacco packaging.

But even with the fall in smoking rates, tobacco continues to devastate millions of lives. Continued effort is needed as smoking rates will not come down on their own.

Cancer Research UK is calling on the government to publish a tobacco control plan without further delay to help maintain the progress in reducing smoking rates. Only by building on the success of the ban will the UK reach the goal of reducing smoking to five per cent across all socioeconomic groups by 2035.

Lynn Daly at Cancer Research UK said: "We are delighted that 10 years on, the smoking ban has proven to be an enormous success.

"Alongside other organisations, Cancer Research UK worked extremely hard for many years to ensure that the law would be effective and that no one would be exposed to toxic second-hand smoke.

"The impact on public health is hugely significant. It's rewarding to know that this effort will go on to have a monumental impact on the health of future generations.

"Aside from protecting people from the deadly effects of passive smoking, we've also seen significant changes in public attitudes towards smoking. It's now far less socially acceptable and we hope this means fewer young people will fall into such a potentially lethal addiction.

"But the job is far from over as there are still more than eight million smokers in Britain and tens of thousands of children take up the deadly addiction every year.

"We need this government to continue focussing on tobacco and we urge it to publish the Tobacco Control Plan for England as soon as possible."

FEATURE

Festival debut for champagne vending machines at Henley

Black tie clad revellers at this year's Henley Festival will be the first festival-goers in the UK to sample Moet & Chandon s champagne vending machines

Visitors to the festival, which is running until Sunday can enjoy mini bottles of the fizzy champagne at the touch of a button as they watch headliners Pet Shop Boys, Chaka Khan, All Saints with special guest Melanie C, Jess Glynne and Goldie & the Heritage Orchestra perform on the festival s iconic Floating Stage.

Making their festival debut at the UK s most glamorous boutique festival on the beautiful banks of the River Thames the champagne vending machines will hold 375 chilled 20cl bottles of Moët & Chandon champagne, including Moët Imperial, priced at £18 and Moet Imperial Rosé priced at £20

Festival-goers can find the vending machine at the festival's Pure Heaven nightclub – created by legendary nightclub Heaven – alongside a Moët & Chandon photo booth.

Moet & Chandon will also be creating four champagne fountains each created from 90 champagne flutes, and located at the Festival s gourmet Riverside and Terrace pop-up restaurants, as well as on the Moët & Chandon champagne lawn.

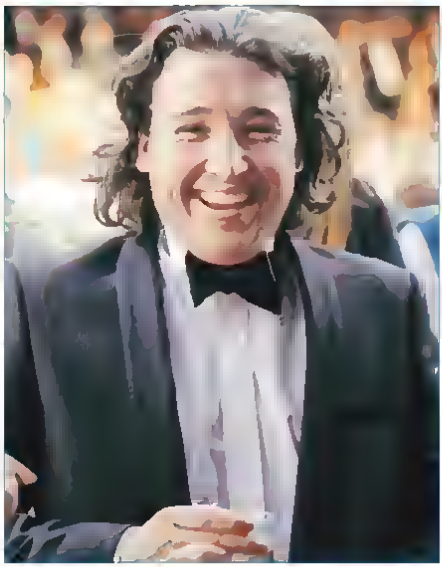
Meanwhile, a pair of Moët Bicycles will offer Moët Minis at the festival.

A festival for food lovers, Henley caters for all tastes offering a huge number of restaurants and pop ups from street food to fine dining

Restaurant s popping up at the festival will include The Spice Merchant, Crooked Billet, and The Dog & Badger alongside street food from Jimmy Garcia s BBQ club Newquay Sushi, Sooh Lobster and Champagne Pizza Express and Awesome Crispy Squid

Henley will once again host the UK's largest pop-up restaurant with catering maestros The Dish serving 800 covers a night at the atmospheric Riverside Restaurant

Legendary nightclub Heaven will be bringing their sister club Pure to the festival, kicking off the dancing each night as soon as the headline act finishes on the floating stage.



Visitors to this year's Henley Festival can order champsgna at the touch of the button thanks to the new vending machines, pictured left

Mood-boosting food pairings to lift your spirits

Keep going for longer with these food combinations

Whole grain toast, scrambled eggs and wild salmon

Eggs are full of B12 and studies have shown deficiencies in the vitamin can lead to low energy Salmon is full of omega-3 fatty acids which have been proven to work like antidepressants in the brain and the whole-grain toast offers a slow release of feel-good serotonin

Mackarel and kala

Mackerel is packed with omega-3s, the fatty acids shown to improve mood and mental function in several studies Serve alongside sauteed kale, a top source of vitamin K shown to protect against memory loss

Asparagus, egg and lemon

The folate in asparagus partners with the B12 in the egg to create new brain cells and support serotonin regulation the duo is being investigated as a natural way to help treat depression Steam or grill asparagus and top with a finely chopped hard-boiled egg. Add a squeeze of lemon ju ce for a dose of vitamin C (linked to mood enhancement) and a drizzle of lemon-flavoured olive oil and then gaze at all the pretty promise of spring on your plate — another way to lift your mood

Should you trust the five second rule? Apparently not

Dr Cutter's advice is "If you drop it, chuck it"

The theory is that if food dropped on the floor is picked up quickly enough, it is safe to eat

Some call it the five second rule but it isn t based on science, says Dr Ronald Cutler a microbiologist from Queen Mary University of London.

To prove what he said, Dr Cutler subjected the five second rule to the rigours of scientific testing.

His trial involved dropping pieces of pizza, apple and buttered toast on different surfaces artificially contaminated with E coli to emulate what would happen if you dropped food onto a heavily contaminated surface

In the lab Dr Cutler analysed the food samples and found that they were all covered in germs compared with control samples that had not been dropped

The samples were dropped on the contaminated surfaces and picked up either immediately or after five or 10 seconds Each sample tested was heavily contaminated.

Dr Cutler said "The five-second rule has little effect on the amount of bacteria you would pick up from a heavily contaminated surface

"Think about this if you drop food on a floor it s better to put it in the bin rather than your mouth

"No matter if it s at home on the carpet, the kitchen floor or in the street, my advice is if you drop it, chuck it "

Herby white bean dip

Here is a creamy dip made from cannellini beans that s perfect for dunking pitta breads and raw vegetables like sticks of carrots, red or yellow peppers or celery
Your kids will love this aromatic snack that s packed with garlic and lemon. It s also super simple to make – keep a can of white beans in your larder and you can whip this up in five minutes

Ingredients
1x400g can cannellini beans, washed and drained
1 garlic clove, crushed
2 tbsp extra-virgin olive oil
1/2 lemon, zested and juiced
small handful basil leaves, chopped
pitta bread, cut into strips

Method
In a small food processor whizz the beans crushed garlic olive oil lemon zest and 1 tbsp lemon juice until smooth
Season to taste Pulse the basil to combine
Serve with toasted pitta strips for dunking, if you like

Tip
To make healthy "chips" to go with this dip cut 2 wholemeal pitta breads horizontally into two thin pieces Then cut into wedges
Brush with a little olive oil place on a baking sheet and cook for 10-12 minutes in a preheated gas 5, 190°C fan 170°C oven, until crisp

New flavour launched for Syria

This summer, inspired by the flavours of Syria and in collaboration with #CookForSyria, Jude's is launching Honey and Toasted Almond.

Made with British honey and toasted almond flakes for a smooth nutty scoop, £1 from the sale of each tub of Jude s Honey and Toasted Almond will go to help support the millions of children affected by the crisis in Syria through NEXTGeneration

Chow Mezger, managing director and Jude s son said "We are delighted to launch this delicious Syrian inspired flavour in collaboration with #CookForSyria.

"At Jude's we re committed to supporting children and young people through our charitable giving

"We re proud to support #CookForSyria "

Jude s Honey & Toasted Almond is available on Ocado from July

The 500ml tub has a recommended retail price of £4 50

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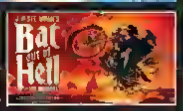

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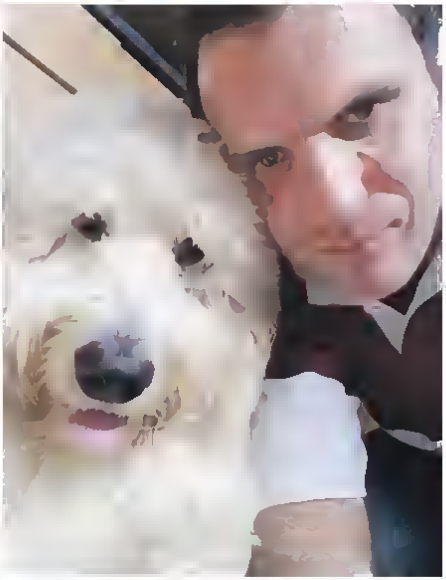

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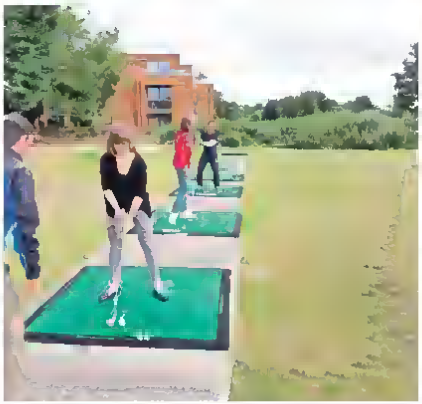
@NICKJVTURNER

@DANCINGDRAGON1



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5 of the best...

picnic spots in Oxford

There's nothing like a tasty picnic in a beautiful setting. Make the most of the outdoors while the weather is good.

1 Christ Church Meadow

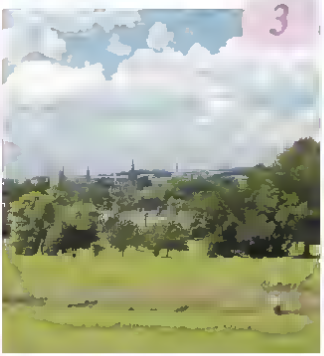
One of Oxford's more famous outdoor spaces, Christ Church Meadow is situated to the south of the city centre, near Christ Church College and Oxford Cathedral

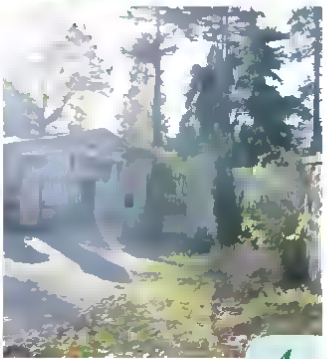
2 Oxford University Parks

Oxford University Parks are made up of parkland, sports fields and stunning riverside landscaped areas. Enjoy your picnic while watching a bit of cricket, or just find a little corner of the parks for yourself

3 South Park

South Park itself runs up Headington Hill, and offers some incredible views of the city landscape. In the summer this setting is idyllic and when the snow falls in winter the view is even better





4 Harcourt Arboretum

Harcourt Arboretum boasts the best collection of trees in the whole of Oxfordshire, including the oldest redwoods in Britain

5 Port Meadow

Port Meadow is a huge area of common land next to the River Thames, north west of Oxford city centre. Popular for those who fancy a dip in the river during the hot weather

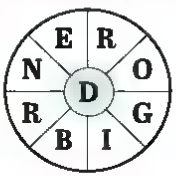
PUZZLES

SUDOKU

			5	6	2	7		
5							1	
	3	7	1		8		6	
			2				8	
7		4				6		1
	1			8	4		5	
	2		3		1	8	9	
		3						6
		9	6	2	5			

WORDWHEEL

You have 10 mins to find as many words as possible using the letters in the wheel. Each must use the hub letter and at least 3 others. Letters may be used only once. You cannot use plurals, foreign words or proper nouns. There is at least one 9-letter word to be found.



How you rate:
20 words, average; 30 words, good, 40 words, very good; 50 or more, excellent.

DOUBLE CROSSWORD

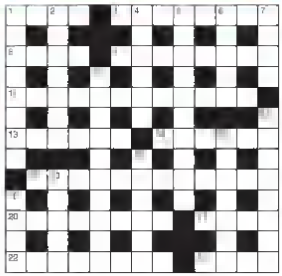
Cryptic Clues:

Across

1 Roman poet? (4)
3. Dying bone buried in hillock (6)
8. Nothing to write. It's plain to see (4)
9 Stern with more than 500 in this region (6)
11 A foreboding of this moment – about time after not starting (12)
13 Keep 1 6 with little change (6)
14. Put in order but barely in the Christian era (6)
17. Deny act I call not done on purpose (12)
20 We annoy, I make out, from a possible point of view (2 3 3)
21 Declare to be a promise (4)
22 Being more remote from the truth? (6)
23 Ted, perhaps, to go round and round in the water (4)

Down

1. Shakespearean character who could thrive on nothing (6)
2 It is given but not away (7)
4. After work I took a narcotic (6)
5. Scare but I'd be in familiar surroundings (10)
6. Marriage for workers? (5)
7. An assignment in one's palmy days? (4)
10. Finely bred, no doubt (10)
12. Keep off the support has been removed (4,4)
15 Not given heart, It would seem (7)
16. Recover, for example, in wet weather (6)
18. Credit frequently given to small farm (5)
19 There's nothing under cover but one may bathe here (4)



Quick Clues:

Across

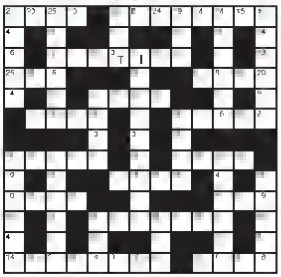
1 Disastrous (4)
3 Thrifty (6)
6 Elevate (4)
8 Trade (6)
11. Elegance (12)
13. Game (6)
14. Flowery (6)
17 Resisting (12)
20. Flood (6)
21. Prima donna (4)
22. Reveal (6)
23. Elderly (4)

Down

1. Representative (8)
2. Chorus (7)
4. Winter flower (6)
5. Unclaimed territory (2,4,4)
8. Strands (5)
7 Cook (4)
10 Charming (10)
12. Laggard (6)
15 Fence (7)
16 Condescends (6)
16 Thoughts (5)
16 Temper (4)

CODEWORD

Codeword is the crossword puzzle with no clues. The number in each square corresponds to a letter. Work out the words in the grid using the letters provided. Fill in these known letters first, then use skill and judgement to work out the others.



A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

	I			T									
14	15	16	17	18	19	20	21	22	23	24	25	26	

LAST WEEK'S SOLUTIONS

DOUBLE CROSSWORD
Cryptic Across 1 Prehistoric 9 Admire 10 Latch, 11 Erase 12 Yashmak; 13 Please; 15 Clasps; 18 Crosses; 20 Amble 22 Error; 23 Railcar; 24 Snapdragons
Down. 2 Ruruba, 3 Harness; 4 Sleaze; 5 Ogles; 6 Isthmus; 7 Made a parlet, 8 Shakespeare; 14 Evasion; 16 Leaving, 17 Unsure; 19 Stamp; 21 Bacon.

Quick: Across: 1 Parenthesis; 9 Matador; 10 Olden, 11 Error; 12 Average; 13 Tender; 15 Regard, 18 Nurture; 20 Abet; 22 Near; 23 Artless; 24 Pertinacity
Down. 2 After; 3 Rudeness; 4 Threat, 5 Erode; 6 Indiana; 7 Impertinent; 8 In readiness; 14 Narrate; 16 Elastic; 17 Remain; 19 Upset, 21 Inert.

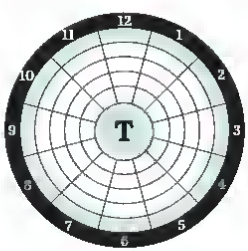
SUDOKU

9	7	2	4	5	6	3	1	8
3	1	6	9	8	4	7	2	5
8	4	5	7	3	1	9	6	2
7	5	1	3	4	2	6	8	9
6	2	8	5	9	7	1	4	3
4	9	3	8	6	5	2	7	1
1	3	9	2	7	8	5	9	4
2	6	7	1	5	9	4	3	6
5	8	4	6	1	3	8	5	7

CODEWORD:
1=W, 2=L, 3=S, 4=M, 5=I, 6=F, 7=U, 8=N, 9=J, 10=D, 11=K, 12=G, 13=V, 14=T, 15=O, 16=Q, 17=Z, 18=R, 19=I, 20=C, 21=H, 22=S, 23=F, 24=Y, 25=R, 26=A.
WORD WHEEL: GALVANISE.

CLOCKWORD

The solutions from 1 to 12 are all six letter words ending with the letter T in the centre. Moving clockwise from 1, the letters in the outer circle will spell out the name of an Australian actress.



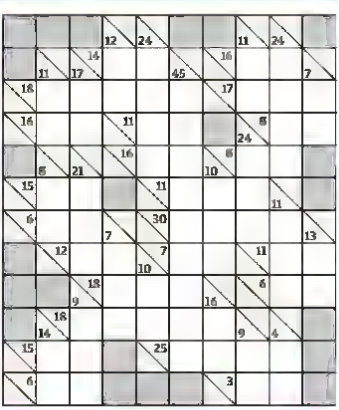
1. Naturist
2. Create
3. Red wine
4. Shop
5. Insect
6. Specialist
7. Middle Eastern country
8. Aim
9. Loathe
10. Gun
11. Away
12. Lump of gold

KAKURO

Fill in the white squares with the numbers 1 to 9.

Each horizontal block of squares must add up to the number in the shaded square to its left, and each vertical block must add up to the number in the shaded square above it.

No number may be used more than once in any one block.



SUDOKU

						7	4	
			1		8		9	
		9		7		2		
	6	2		5	9			
9						8		
		1	3		9	5		
	7		4		8			
6		3		7				
5	8							

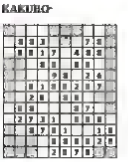
LAST WEEK'S SOLUTIONS

CLOCKWORD
1 Ferret, 2 Resort, 3 Abelict, 4 Nought, 5 Knight 6 totaet, 7 Extent. 8 Velvet, 9 Amount, 10 Lariat, 11 Linnet, 12 Insult

CELEBRITY Frankie Valli.

NINER.
BOARDINGS.

KAKURO



SUDOKU.

7	8	3	5	6	1	2	9	4
1	4	2	9	3	8	5	6	7
6	9	5	4	7	2	8	1	3
8	7	1	6	5	4	9	3	2
3	5	6	1	9	3	7	8	5
2	9	4	2	8	7	3	5	6
6	1	8	3	2	5	4	7	9
5	3	9	7	8	6	6	2	1
4	2	7	6	1	9	3	6	8

SPLIT DECISION:

E	L	E	O	W
V		R		E
E	L	O	P	E
N		O		R
T	A	M	6	S

NINER

Each number from 1 to 9 represents a different letter. Solve the clues and insert the letters in the appropriate squares to discover a word which uses all nine letters

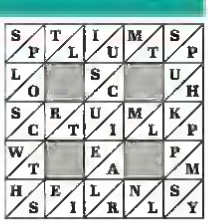
1	2	3	4	5	6	7	8	9

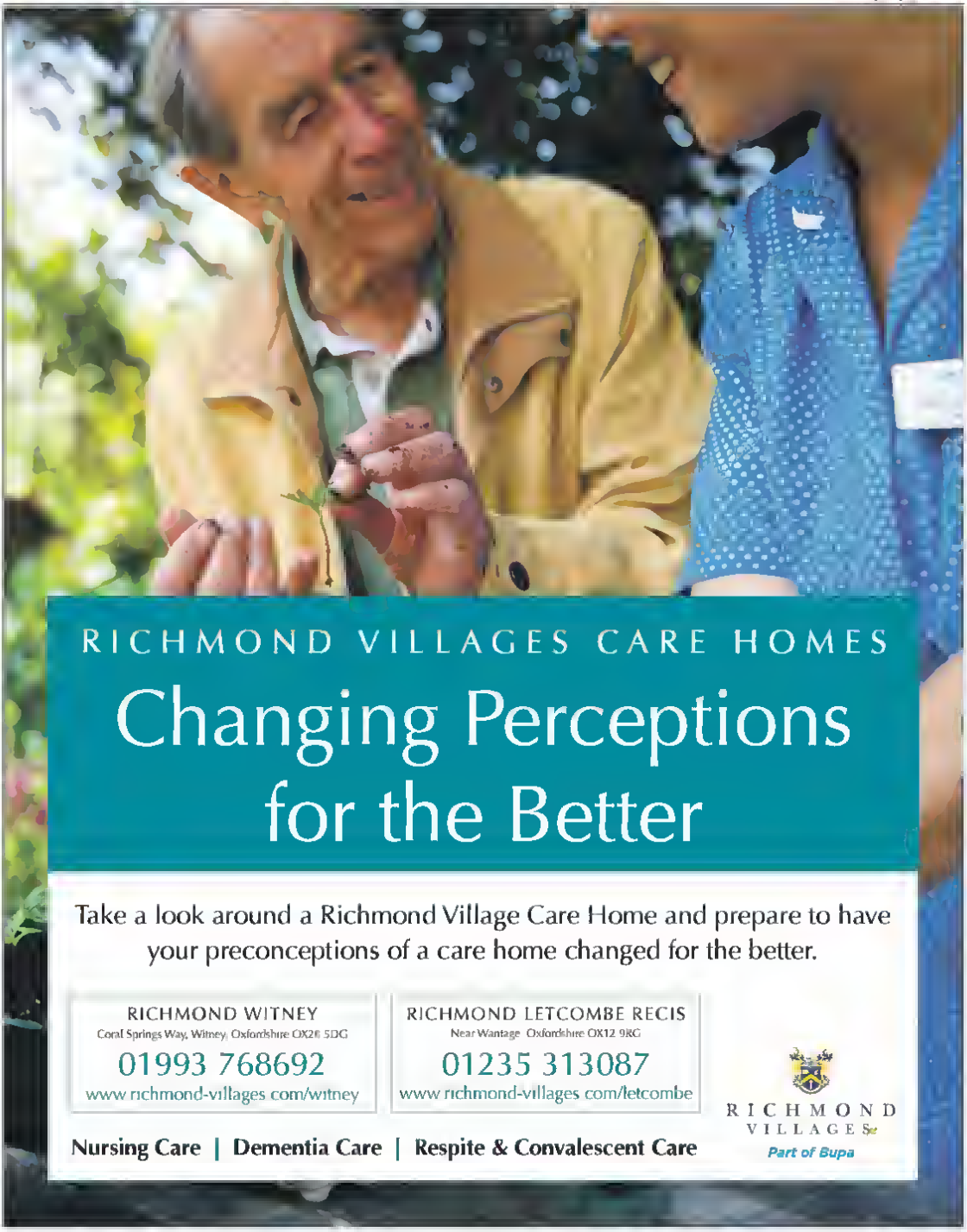
THE CLUES:

5231266 gives a rich lady,
623658 gives a beautiful lady;
8471266 gives a female performer.

SPLIT DECISION

Cross out one of the two letters in each divided square to reveal a completed crossword grid.

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Thursday July 6th

BBC1

6 00 Breakfast (S) 9 15 Crimewatch Roadshow (S) 10 00 Homes Under the Hammer (S) 11 00 Kitchen Garden Live with the Noisy Bikers (S) 11.45 Caught: Red Handed (S)(R) 12.10 Bargain Hunt (S)(R) 1.00 BBC News at One Weather (S) 1 30 BBC Regional News and Weather (S) 1.40 Wimbledon 2017 (S) 6.00 BBC News at Six: Weather (S) 6.30 BBC Regional News and Weather (S)

7.00 The One Show Topical stories from around the UK. (S)
7 30 EastEnders Abi questions why Steven is spying on Lauren (S) BBC News' Regional News (S)

8.00 Tha Sheriffs Are Coming Lawrence and Kev visit a second-hand car dealer who sold a vehicle with a dangerous flaw Last in the series (S)

9.00 Who Do You Think You Are? New series. Charles Dance looks at the background of his mother a parlour maid and tries to find out more about his father (S)

10.00 BBC News at Ten (S)
10 30 BBC Regional News (S)
10 45 Question Time Topical debate from Burton upon Trent chaired by David Dimbleby. Last in the series (S)

11.45 This Week The past seven days in politics. (S)

AFTER 12.30 Weather for the Week Ahead (S) 12 30 BBC News (S)

BBC2

6 15 The TV That Made Me (S)(R) 8.40 Flog It! Trade Secrets (S)(R) 7.15 Bargain Hunt (S)(R) 8 00 Sign Zone Bake Off: Creme de la Creme The grand final of the pastry chef contest. (S)(R) 9.00 Victoria Derbyshire News and current affairs (S) 11 00 Daily Politics (S) 11.30 Wimbledon 2017 Day four of the third Grand Slam tournament of the year gets under way (S)

8.30 Today at Wimbledon Clare Balding introduces highlights of the fourth day's play at the All England Club. (S)

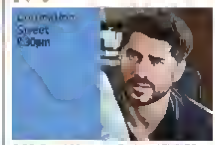
9.30 BHS: Hampton Court Flower Show Joe Swift looks around a garden for blind veterans. (S)

10 00 Mock the Week With Angela Barnes, Ed Byrne, Hal Cruttenden, Ed Gamble and Sara Pascoe. (S)
10 30 Newsnight (S)

11 10 Weather (S)
11 15 FILM Gnuge Best: All By Himself (2016) (PG) (S)

12.45 Sign Zone: Paul Hollywood's Big Continental Road Trip (S)(R) 1 40 Wild Ireland: The Edge of the World (S)(R) 2 45 This Is BBC Two (S)

ITV



6.00 Good Morning Britain (S) 9 30 Lorraine (S) 9 25 The Jeremy Kyle Show (S) 10 30 This Morning (S) 12 30 Loose Women (S) 1 30 ITV News (S) 1 00 ITV Regional News (S) 2 00 Judge Rinder (S)(R) 3.00 David Dickinson's Name Your Price (S) 3.59 ITV Regional Weather (S) 4 00 Tipping Point (S)(R) 5.00 The Chase (S)(R) 6.00 ITV Regional News: Weather (S) 6 30 ITV News (S)

7 00 Emmerdale Lawrence tries to mask his guilt. (S)
7 30 Cladding: How Safe are Our High Rises? Tonight (S)

8.00 Emmerdale Lachlan covers for Lawrence (S)
8 30 Coronation Street Todd agrees to go into business with Adam (S)

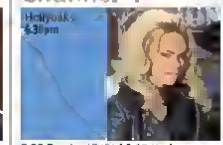
9.00 Killer Women with Piers Morgan The broadcaster meets Flor da woman Jennifer Mee who in 2013 was sentenced to life without parole for her part in the murder of an innocent man.

10.00 ITV News, Weather (S)
10 30 ITV Regional News: Weather (S)
10 40 Fearless The forensic evidence seem to be proving Kevin's innocence but the prosecution has other ideas (S)(R)

11 45 Devon and Cornwall Cops The newest batch of recruits are put through their paces. (S)(R)

12.10 Jackpot247 3.00 Cladding: How Safe are Our High Rises? Tonight (S)(R) 3.25 ITV Nightscreen 5.05 The Jeremy Kyle Show (S)(R)

Channel 4



5 35 Frasier (S)(R) 10 05 Undercover Boss USA (S)(R) 11 00 A Place in the Sun: Winter Sun (S)(R) 12 00 Channel 4 News (S) 12.05 Couples Come Dine with Me (S)(R) 1.05 Posh Pawnbrokers (S)(R) 2 10 Countdown (S) 3 00 A Place in the Sun: Winter Sun (S)(R) 4 00 Best of Both Worlds (S) 5 00 Four in a Bed (S)(R) 5 30 Come Dine with Me (S)(R) 6.00 The Simpsons (S)(R) 6 30 Hollyoaks (S)

7.00 Channel 4 News (S)

8.00 The Supervet Noel Fitzpatrick faces the painstakingly difficult task of reconstructing a Bengal cat's tiny bones (S)(R)

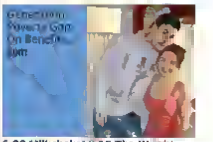
9.00 8 Out of 10 Cats Does Countdown Jonathan Ross, Lee Mack and Victoria Coren Mitchell join regulars Jon Richardson and Jimmy Mack for the words-and-numbers game

10 00 Naked Attraction Dating show hosted by Anna Richardson (S)

11.05 Real, Fake or Unknown Proving the authenticity of internet animal clips. (S)

12.10 First Dates (S)(R) 1.05 Bizarre Er (S) 2.00 Ramsay's Kitchen Nightmares USA (S)(R) 2 45 The Sex Change Scythe Ace (S)(R) 3.40 Secrets of You Cruise Channel 4 Dispatches (S)(R) 4.10 Selling Houses with Amanda Lamb (S)(R)

Channel 5



6 00 Milkshake! 9 15 The Wright Stuff 11.15 House Doctor (S)(R) 12 10 S News Lunchtime (S) 12 15 Big Brother (S)(R) 1 10 Access (S) 1 15 Home and Away (S) 1 45 Neighbours (S) 2.15 NCIS: Los Angeles (S)(R) 3.15 FILM First Class Fear (2013) (PG) (S) 5.00 S News at 5 (S) 5 30 Neighbours (S)(R) 6 00 Home and Away (S)(R) 6.30 S News Tonight (S)

7 00 Cricket on 5 England v South Africa. Highlights of the opening day's play in the First Test, which took place at Lord's. (S) 5 News Update (S)

8 00 Generation Poverty Gap: On Benefits Claimants from across the generations (S) 5 News Update (S)

9 00 Circus Kids. Our Secret World New series. Documentary following the lives of children performing in circuses, offering an honest insight into their closely guarded world (S)

10 00 Big Brother Daily round-up of highlights featuring more games, arguments, laughs, dam room visits and bedroom chit chat. Narrated by Marcus Bentley. (S)

11.00 Big Brother's Bit on the Side Rylan Clark-Neal presents the BB companion show (S)

12 00 SuperCasino 3 10 The Hotel Inspector (S)(R) 4.00 Now That's Funny! (S)(R) 4.45 House Doctor (S)(R) 5 10 Great Artists (S)(R) 5.35 Wildlife SOS (S)(R)

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DIGITAL

ITV2 SKY 118 FV 6

6 00 Emma Wiles: The Hot Desk B 30 You've Been Framed! Gold 8.35 Vanderpump Rules 7.20 The Ellen DeGeneres Show 8.00 Emmerdale 8.30 Coronation Street 9.00 You've Been Framed! Gold 9.35 Scorpion 10.25 Below Deck 11.25 Vanderpump Rules 12.20 Emmerdale 11.55 Coronation Street 1.30 You've Been Framed! Gold 2.00 The Ellen DeGeneres Show 2.50 The Jeremy Kyle Show 5.00 Judge Rinder 6.00 You've Been Framed! XXL 7.00 Funniest Ever Vets You've Been Framed! Gold 8.00 Two and a Half Men 8.30 Love Island 10 00 CelebAbility 10.50 Family Guy 12.20 American Dad! 1.15 Two and a Half Men 2.40 Mom 3.29 Teleshopping 5.55 ITV2 Nightscreen

ITV3 SKY: 119 FV: 10

6 00 Man About the House 6.25 Heartbeat 7 30 Where the Heart Is 8.30 Wild at Heart 9.40 Judge Judy 11.00 Road to Avonlea 11.05 Love Your Garden 1.10 Heartbeat 2.10 The Royal 3.10 Wild at Heart 4.20 Man About the House 4.55 Rising Damp 5.25 Geo ge and Mildred 6.00 Heartbeat 7 00 Murder She Wrote 8 00 Endeavour 10.00 Law & Order UK 11.00 We in the Blood 11.55 Wycliffe 1.50 George and Mildred 2.18 ITV3 Nightscreen 2.30 Teleshopping

BBC4 SKY: 116 FV: 9

7 00 100 Days+ Weather 7 30 Top of the Pops, 1984 8 00 Castles, Timber n's Fortified History 8 00 Horizon Strange Signals from Outer Space 10.00 Al ons, The Big Think 11.00 Guts The Strange and Wonderful Wo lo of the Human Stomach 12.00 Top of the Pops 1984 12.35 What Ever Happened to Rock n Roll? 1.30 Castles Britain's Fortified History 2.30 Horizon, Strange Signals from Outer Space 3.35 Close

E4 SKY: 138 FV: 28

6 00 Brooklyn Nine-Nine 9.00 Melissa & Joey 10 00 Baby Daddy 11.00 How I Met You Mother 12.00 New Girl 11.00 Brooklyn Nine-Nine 2.00 The B g Bang Theory 3 00 How I Met You Mother 4.00 New Girl 5.00 2 Broke Girls 6 00 The Big Bang Theory 7 00 Hollyoaks 7 30 The Goldbergs 8 00 The B g Bang Theory 8.30 Kevin Can Wait 9.00 New Girl 10.00 Fist Dates USA 11.00 The Big Bang Theory 12.00 Gogglebox 1.05 Rude Tube 2.05 Fist Dates USA 2 50 First Dates 3.40 Kevin Can Wait 4.05 New Girl 4.50 Baby Daddy 5.30 Melissa & Joey

MORE4 SKY: 138 FV: 14

6.50 A Place in the Sun: Home n Away 10.00 Four In a Bed 12.40 A Place in the Sun: Home n Away 2.50 Time Team 4.50 Car SOS 5.55 The Supervet 7.55 G and Designs 8 00 Outlander 10.10 24 Hours in A&E 12.20 Ramsay's Kitchen Nightmares USA 1.20 Outlander 2.35 Grand Designs 3.35 Close

FILM4 SKY: 315 FV: 15

11.00 Magn ficent Obsess on (1954) (U) 1.10 Sherlock Holmes: Terror By N ght (1946) (PG) 2.35 The Odessa File (1974) (PG) 5.10 The Gunfighter (1950) (U) 6.50 Mom ng Glory (2010) (12) 9.00 Man in Black (1997) (PG) 10 50 Battle: Los Angeles (2011) (12) 1.05 My Beautiful Laundrette (1985) (15) 3.10 Close

OAVE SKY: 111 FV: 12

6.00 Home Shopp ng 7 00 Dendy 60 8 10 American Pickers 9 00 Storage Hunters 10 00 Amer can P kers 12.00 Deadly 60 1.00 Top Gear 3.00 Projects 4.00 Steve Austin's Broken Skull Challenge 5.00 Top Gear 7.00 S n City Motors 8 00 Osa O Ana n a Go 8 Bit 9.00 Not Going Out 11.00 Mock the Week 12.20 Q 1.00 Q I XL 2.00 Mock the Week 2.40 8 Out of 10 Cats 3.10 Game of Arms 4.00 Home Shopp ng

ORAMA SKY: 158 FV: 20

7.10 The Bill 8.00 Pe n the Sky 9.00 Monarch of the Glen 10.00 All Creatures Great and Small 11.00 The Bill 1.00 Last of the Summer Wine 1.40 Wait ng for God 2.20 Bells on Her Toes 3 00 Dangerfield 4.00 Monarch of the Glen 5.00 All Creatures Great and Small 8 00 Waiting for God 8 40 Last of the Summn Wine 7.20 Keep ng Up Appearances 8 00 Hetty Wa nthrope Investigates 9.00 New Tr cks 10.00 Jonathan Creek 12.35 Birds of a Feather 1.10 Spirals 3.30 Garden Hopping 4.00 Home Shopping

SKY1 SKY: 106

6.00 Monkey Life 9 00 It s Me or the Dog 10.00 Nothing to Declare 11.00 Sanctuary 11.00 NCIS: Los Angeles 1.00 Haven F ve 3.00 NCIS: Los Angeles 4.00 Stargate Atlantis 5.00 Modern Family 8 00 Futurama 8.30 The Simpsons 9 00 Duck Quacks Don't Echo 9 00 Karl Pilkington: The Moan ng of Life 10.00 A League of Their Own: US Road Tr p 2.0 11.00 Mount Pleasant 11.30 Football's Funn est Moments 1.00 Pint Cops: Frontline Crime UK 2.00 Hawaii Five-0 3.00 Nothing to Declare 4.00 Road Wars 5.00 Highway Cops

SKY ATLANTIC SKY: 108

6.00 Richard E Grant's Natal Secrets 10 00 The West Wing 12.00 Without a Trace 1.00 CSI: Crime Scene Investigation 2.00 Blue Bloods 3.00 Fish Town 4 00 The West Wing 6.00 Without a Trace 7.00 CSI: Crime Scene Investigation 8 00 Blue Bloods 9.00 Revenge 10.00 Game of Thrones: Greatest Moments 12.00 Last Week Tonight with John Oliver 12.35 Revenge 1.35 Westwood 2.45 Natso Jackie 4.20 The West Wing

W SKY 105

8.00 My Family 10 00 The Bill 11.00 Tipping Point 1.00 James' 30 Minute Meals 2.00 MasterChef USA 3.00 Who Do You Think You Are? 4.00 My Family 8 00 Tipping Point 9.00 One Born Every Minute 9.00 MasterChef USA 10.00 One Born Every Minute 10.00 The Catherine Tate Show 10.40 EastEnders 11.20 One Born Every Minute 12.20 Grimm 1.00 Nasty Chef Australia 2.10 Resurrection 3.00 Home Shopping

GOLD SKY 110

7.00 The Thin Blue Line 7.35 Sorry! 8.10 As Time Goes By 8 00 One Foot in the Grave 8.30 Last of the Summer Wine 11.20 Red Dge 12.00 Open All Hours 12.40 As Time Goes By 3.20 Sorry! 2.00 Perradge 2.40 Open All Hours 3.20 One Foot in the Grave 4.00 Last of the Summer Wine 8.00 Open All Hours 6.40 Fawlty Towers 7 20 The Good Life 9.40 The Fast Show 8.20 Mes Bowers Boys 10.00 Live at the Apollo 11.00 Peep Show 11.20 The Young Ones 12.25 The Black Adder 1.00 Live at the Apollo 2.00 Big School 2.35 Little Britain 3.05 Big School 4.00 Home Shopping

SKY SPORTS 1 SKY: 401

10 00 Premier League Years 12.00 Football's Greatest Teams 1.00 Great Sporting Moments 2.00 Premier League Legends 3.00 Spanish Football Gold 3.30 Football League Gold 3.45 Football Gold 4 00 Football's Greatest Players 5.00 Premier League 100 Club 6.00 Premier League Legends 6.30 Football's Greatest Teams 7.00 Live Betfred Super League 10.00 Sky Sports Boxing Gold 11.00 Premier League Legends 11.00 Betfred Super League Highlights 11.10 Super League Gold 12.30 Premier League 100 Club 1.00 Football's Greatest Teams 1.30 Betf ed Super League Highlights 1.40 Super League Gold 2.00 Premier League Years 4.00 Sporting Heroes: Steve Henman Interviews Kevin Keegan Part One

Friday July 7th

DAYTIME

BBC1

6.00 Breakfast (S) 9.15 Crimewatch Roadshow (S) 10.00 Homes Under the Hammer (S)(R) 11.00 Kitchen Garden Live with the Hairy Bikers (S) 11.45 Caught Red Handed (S)(R) 12.15 Bargain Hunt (S) 1.00 BBC News at One, Weather (S) 1.30 BBC Regional News and Weather (S) 1.45 Wimbledon 2017 (S) 6.00 BBC News at Six, Weather (S) 6.30 BBC Regional News and Weather (S)

7.00 The One Show With comedian and writer Katherine Ryan. (S)
7.30 A Question of Sport (S)(R) BBC News, Regional News (S)

8.00 EastEnders The Taylors cause trouble in the Square. (S)
8.30 Count Arthur Strong Arthur makes some unlikely new friends. (S)

9.00 Peter Kay's Comedy Shuffle An ambitious nationwide challenge for Comic Relief. (S)
9.30 Mrs Brown's Boys Agnes turns to the internet to find a date for Valentine's Day. (S)(R)

10.00 BBC News at Ten; Weather (S)
10.25 BBC Regional News; (S) National Lottery Update (S)
10.35 Not Going Out Lee and Lucy struggle to maintain their romance. (S)(R)

11.05 FILM Begin Again (2013) (15) Comedy drama with Keira Knightley and Mark Ruffalo. (S)

AFTER 12

12.50 Weather for the Week Ahead (S) **12.55** BBC News (S)

BBC2

6.15 The TV That Made Me (S)(R) **6.45 Flog It! Trade Secrets** (S)(R) **7.15 Bargain Hunt** From Hay-on-Wye Powys. (S)(R) **8.00 Sign Zone Gardeners' World** Flo Heathlam visits an inspiring church garden in Lewisham. (S)(R) **9.00 Victoria Derbyshire** News and current affairs. (S) **11.00 Daily Politics** (S) **11.30 Wimbledon 2017** Coverage from the All England Club. (S)

ITV

6.00 Good Morning Britain (S) **9.30 Lorraine** (S) **9.25 The Jeremy Kyle Show** (S) **10.30 This Morning** (S) **12.30 Loose Women** (S) **1.30 ITV News** (S) **1.55 ITV Regional News** (S) **2.00 Judge Rinder** (S)(R) **3.00 David Dickinson's Name Your Price** (S) **3.59 ITV Regional Weather** (S) **4.00 Tipping Point** (S)(R) **5.00 The Chase** (S)(R) **6.00 ITV Regional News** (S) **6.30 ITV Evening News**; Weather (S)

7.00 Emmerdale Lawrence is keen to keep Lachlan on his side. (S)
7.30 Coronation Street Todd suggests to Adam that he should take on Summer's case. (S)

8.00 The Secret World of Posh Pets A man in Yorkshire breeding falconn for Middle East sheikhs and princes. (S)
8.30 Coronation Street (S)

9.00 Lethal Weapon Riggs makes a shocking discovery about Miranda's death. Last in the series. (S)

10.00 ITV News; Weather (S)
10.30 ITV Regional News; Weather (S)
10.40 Joanna Lumley's India Joanna Lumley travels back to the country of her birth. (S)(R)

11.40 Tipping Point Game show hosted by Ben Shephard. (S)(R)

12.35 Jackpot247 3.00 Storage Hoarders (S)(R) **3.50 ITV Nightscreen**

Channel 4

6.35 Frasier (S)(R) **10.05 Undercover Boss USA** (S)(R) **11.00 A Place in the Sun: Winter Sun** (S)(R) **12.00 Channel 4 News** (S) **12.15 Come Dine with Me** (S)(R) **1.05 Posh Pawnbrokers** (S)(R) **2.10 Countdown** (S) **3.00 A Place in the Sun: Winter Sun** (S)(R) **4.00 Best of Bob's Worlds** (S) **5.00 Four in a Bed** (S) **5.30 Come Dine with Me** (S)(R) **6.00 The Simpsons** (S)(R) **6.30 Hollyoaks** (S)

7.00 Channel 4 News (S)

8.00 Gogglesprogs Young TV viewers give their honest and unfiltered and hilarious take on The Crystal Maze Celebrity Special. (S)

9.00 The Crystal Maze: Celebrity Special Richard Ayoade guides Joel Dommett, Jimmy Jonas, Ade Ray Tamara Wall and Rylan Clark-Neal on an epic adventure. (S)

10.00 The Last Leg Adam Hills, Josh Widdicombe and Alex Brooker are joined by celebrity guests for a comic review of the significant moments of the past seven days. (S)

11.05 Naked Attraction Dating show hosted by Anna Richardson. (S)(R)

12.10 The Windsors (S)(R) **12.40** Bo Out of 10 Cats (S) **1.25 FILM The Paperboy (2012) (15)** (S) **3.10** The Hindmarsh Tale (S)(R) **4.15** Kirstie's Fill Your House for Free (S)(R) **4.20** Location, Location, Location (S)(R) **5.15** Inside Out Homes (S)(R)

Channel 5

6.00 Milkshake! 9.15 The Wright Stuff 11.15 House Doctor (S)(R) **12.10 5 News Lunchtime** (S) **12.15 Big Brother** (S)(R) **1.10 Access** (S) **1.15 Home and Away** (S) **1.45 Neighbours** (S) **2.15 NCIS** (S)(R) **3.15 FILM Jodi Picoult's Salem Falls (2011) (12)** (S) **5.00 5 News at 5** (S) **5.30 Neighbours** (S)(R) **6.00 Home and Away** (S)(R) **6.30 5 News Tonight** (S)

7.00 Cricket on S England v South Africa Highlights of the second day's play in the First Test, which took place at Lord's. (S) 5 News Update (S)

8.00 Blind Date A gentlemanly soldier and a bubbly finance director look for love. (S)(R) 5 News Update (S)

9.00 Best of Bad TV Live & Dangerous A collection of the biggest TV howlers caught on film. (S)

10.00 Big Brother: Live Eviction Emma Willis announces the latest housemate to get the boot and chats to them about their whole Big Brother experience. (S)

11.30 Big Brother's Bit on the Side Rylan Clark-Neal meets the latest nominees. (S)

12.15 SuperCasino 3.10 Big Brother: Eviction (S)(R) **4.20** Lip Sync Battle UK Rufus Hound v Jorgie Porter. (S)(R) **4.45** House Doctor (S)(R) **5.10** Great Artists (S)(R) **5.35** Wildlife SOS (S)(R)

DIGITAL

ITV2 SKY: 118 FV: 6

6.00 Vicky Pattison, The Hot Desk **6.10** You've Been Framed! Grid **6.35** Wonderpump Rules **7.20** The Ellen DeGeneres Show **8.00** Emma Rile's **8.00** Coronation Street **9.35** Scorp on **10.25** Below Deck **12.25** Vanderpump Rules **12.20** Emmerdale **1.30** Coronation Street **2.00** The Ellen DeGeneres Show **2.50** The Jeremy Kyle Show **5.00** Judge Rinder **6.00** Funniest Evar You've Been Framed! Gold **6.00** Two and a Half Men **8.00** Love Island **10.00** Celebrity Juice. Emma Spaced **10.50** Firm by Guy **12.20** American Dad! **1.20** Celeb Ab Ity **2.00** Planet's Funniest Animals **2.25** Telesh opping **5.55** ITV2 Nightscreen

ITV3 SKY: 119 FV: 10

8.00 Men About the House **8.25** Heartbeat **7.30** Where the Heart Is **8.30** Wild Heart **9.30** Judge Judy **10.05** Road to Avonlea **12.00** Love Your Garden **1.00** Heartbeat **2.05** The Royal **3.05** Wild at Heart **4.10** Men About the House **4.45** Rising Damp **5.10** George and Mildred **5.50** Heartbeat **6.55** Murder She Wrote **8.00** Doc Martin **9.00** The Street **10.10** Law & Order: UK **12.20** Wild in the Wood **1.10** Prime Suspect IV **3.00** Ms Sadie Thompson **3.40** Long Lost Family **4.30** Rising Damp **5.05** George and Mildred **5.35** ITV3 Nightscreen

BBC4 SKY: 116 FV: 9

7.00 Wrist News Tinsley Weather **7.30** Top of the Pops, 1984 **8.00** Becoming Liza Minnelli Singer Thomas Quasthoff and the Art of Germ n Song **9.00** Rock 'n' Roll Gems for Kirsty The Story of the Sideman **10.30** Girls in Bands at the BBC **11.30** The Genius of David Bowie **12.30** Top of the Pops, 1984 **1.15** Rock 'n' Roll Guns for Hire The Story of the Saxophone **2.30** Sounds of the Eighties **3.00** Girls in Bands at the BBC **4.00** Close

E4 SKY: 136 FV: 28

6.00 Hollyoaks **6.30** Coach Trip **7.00** Made in Chelsea **8.00** Brooklyn Nine-Nine **8.00** Melissa & Joey **10.00** Baby Daddy **11.00** How I Met Your Mother **12.00** New Girl **1.00** Brooklyn Nine-Nine **2.00** The Big Bang Theory **3.00** How I Met Your Mother **4.00** New Girl **5.00** 2 Broke Girls **6.00** The Big Bang Theory **7.00** Hollyoaks **7.30** The Celebrities **8.00** FILM Thor (2011) (12) **10.10** Britain's Favourite Superhero **11.55** The Big Bang Theory **12.55** Goldnbox **1.00** Rudy Tube **2.00** First Dates USA **3.30** First Dates **4.30** Baby Daddy **5.15** Melissa & Joey

MDRE4 SKY: 138 FV: 14

6.00 A Place in the Sun: Summer Sun **10.00** Four in a Bed **12.00** A Place in the Sun: Summer Sun **2.00** Time Team **4.55** Car SOS **6.55** The Supervet **7.55** Grand Designs **9.00** Dicte – Crimi Reporter **12.00** 24 Hours In A&E **12.05** Ramsay's Kitchen Nightmares USA **2.05** Grand Designs **3.05** Pr Out of 10 Cats Uncut **3.50** Close

FILM4 SKY: 315 FV: 15

11.00 Tomahawk (1951) (PG) **12.50** Richard Nixon Alone (1986) (U) **2.10** Down to the Sea in Ships (1949) (PG) **4.35** The Charge of the Light Brigade (1968) (PG) **7.10** As planned (1980) (15) **8.50** War for the Planet of the Apes Interview **9.00** A Million Ways to Die in the West (2014) (15) **12.10** The Beaudeek (2014) (15) **3.05** Resistful Thing (1998) (15) **2.00** Close

DAVE SKY: 111 FV: 12

8.00 Horrible Histories **9.00** Deadly 60 **9.10** Armchair Critics **9.50** Strange Hunters **10.00** American Pickers **12.00** Deadly 60 **1.00** Top Gear **3.00** Objects **4.00** Steve Austin's Broken Skull Challenge **6.00** Top Gear **7.00** Sin City Motors **8.00** Traffic Cops **9.00** Live RAMMA. **12.00** FILM Lethal Weapon 3 (1992) (15) **2.00** Would I Lie to You? **2.40** Game of Arms **3.35** Thin Indestructibles **4.00** Horrible Histories

DRAMA SKY: 158 FV: 20

7.10 The Bill **8.00** Dangerfield **9.00** Monarch of the Glen **10.00** All Creatures Great and Small **11.00** The Bill **1.00** Last of the Summer Wine **1.40** Wrong for Girls **2.20** Birds of a Feather **3.00** Dangerfield **4.00** Monarch of the Glen **8.00** All Creatures Great and Small **9.00** Waiting for God **9.40** Last of the Summer Wine **7.20** Keeping Up Appearances **9.00** New Tricks **0.00** WPC 56 **10.00** Jonathan Creek **12.00** Birds of a Feather **1.20** Sparks **3.30** Garden Rescue **4.00** Home Shopping

SKY1 SKY: 106

8.00 Road Wars **7.00** Have I Got a Few O **8.00** Monkey Life **9.00** It's Me or the Dog **10.00** Nothing to Declare **11.00** Sanctuary **12.00** NCIS: Los Angeles **1.00** Hawaii Five-O **3.00** NCIS: Los Angeles **4.00** Stargate Atlantis **5.00** Modern Family **6.00** Futurama **6.30** The Simpsons **8.00** Modern Family **9.00** Zoo **10.00** The Simpsons **11.00** A League of Their Own **12.00** The Fergie Minchinbury **1.00** Pet Cops: Frontline Crime UK **2.00** Hawaii Five-O **3.00** Nothing to Declare **3.05** Road Wars

SKY ATLANTIC SKY: 108

6.00 The Guest Wing **8.00** Richard E Grant's Hotel Secrets **10.00** The West Wing **12.00** Without a Trace **1.00** CSI: Crime Scene Investigation **2.00** Blue Bloods **3.00** Fish Town **4.00** The West Wing **8.00** Without a Trace **7.00** CSI: Crime Scene Investigation **8.00** Hunt Killdoks **9.00** Game of Thrones **1.10** Dexter **2.25** Deadwood **4.20** The West Wing

W SKY: 109

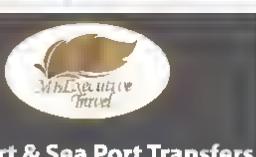
6.10 Judge Rinder **7.00** My Dream Home **8.00** My Family **10.00** The Bill **11.00** Tipping Point **1.00** Home **3.00** Minute Meals **2.00** MasterChef USA **3.00** Who Do You Think You Are? **4.00** My Family **6.00** Tipping Point **7.00** One Born Every Minute **8.00** MasterChef USA **9.00** FILM The Fallens Sister (1999) (12) **11.55** EastEnders **12.30** Grimm **2.15** Resurrection **3.00** Home Shopping

GOLD SKY: 110

7.00 The Thin Blue Line **7.40** Sorry! **8.10** As Time Goes By **8.50** One Foot in the Grave **9.30** Last of the Summer Wine **11.30** Porridge **12.10** Open All Hours **12.50** As Time Goes By **1.30** Sorry! **2.10** Porridge **2.50** Keeping Up Appearances **3.30** Fawlty Towers **4.10** Last of the Summer Wine **6.10** Open All Hours **6.50** The Good Life **8.15** Fawlty Towers **8.00** Mrs Brown's Boys **9.40** Rottom **12.20** The Mighty Boosh **1.40** Spaced **2.35** Big Train **4.00** Home Shopping

SKY SPORTS 1 SKY: 401

6.00 Football League Gold **7.00** WWF Main Event **8.00** Premier League Legends **8.00** Premier League 100 Club **10.00** Football League Gold **10.30** Rugby Gold **10.40** Live Super Rugby **12.45** Rugby Gold **12.50** Live Super Rugby **2.55** Rugby Gold **3.00** Spanish Football Gold **3.30** Football Gold **4.00** Football's Greatest Players **5.00** Premier League 100 Club **6.00** Premier League Legends **6.30** Football's Greatest Games **7.00** Great Sporting Moments **7.30** Live Betfred Super League **10.30** Sky Sports Boxing Gold **11.00** Premier League Legends **12.00** Betfred Super League Highlights **12.15** Supra League Gold **12.30** Premier League 100 Club **1.00** Football's Greatest Teams **1.30** Betfred Super League Highlights **1.45** Supra League Gold **2.00** Premier League Years **4.00** Sporting Heroes: Steve Harmison Interviews Kevin Keegan Part Two **8.00** Betfred Super League Highlights **4.15** Super League Gold **5.30** Spanish Football



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Saturday July 8th

BBC1

DAYTIME

6.00 Breakfast Headlines and business news (S) **10.00 Saturday Kitchen Live** (S) **11 30 Mary Berry Cooks** (S) (R) **12.00 BBC News;** Weather (S) **12.15 Wimbledon 2017** Coverage from the All England Club (S) **6.25 BBC News** (S) **6 35 BBC Regional News Weather** (S) **6 45 Pointless Celebrities** A food and dunk" themed edition of the unorthodox general knowledge quiz. (S) (R)

7

7 30 Pitch Battle Mel Giedroyc presents the fourth heat of the choral contest. (S)

8

8.30 Today at Wimbledon Clare Balding introduces highlights of the sixth day's play at the All England Club. (S)

9

9.00 Casualty Ethan discovers Scott's brother Mickey is secretly in a relationship with Jez. (S)
9.50 BBC News; Weather (S) National Lottery Update (S)

9.30 Museum of the Year Fiontrain Hunt presents coverage of Art Fund's 2017 ceremony (S)

10

10 10 FILM Little Fockers (2010) (12) Comedy sequel, with Ben Stiller and Robert De Niro. (S)

10 00 Mock the Week With Angela Barnes, Ed Byrne, Hal Cruttenden, Ed Gamble and Sara Pascoe. (S) (R)
10 30 QI XL With panellists Pig Bailey, Jo Brand and Greg Davies. (S)

11

11.45 FILM Tropic Thunder (2008) (15) Comedy, directed by and starring Ben Stiller, with Jack Black and Robert Downey Jr. (S)

11 15 FILM 2001: A Space Odyssey (1968) (U) Sci-fi drama, with Keir Dullea and William Sylvester. (S)

AFTER 12

1 30 Weather for the Week Ahead (S)
1 35 BBC News (S)

1.30 FILM West (2014) (15) Drama, starring Jordis Triebel. **3 05** This Is BBC Two (S)

BBC2

6.00 FILM Lucky Partners (1940) (U) (S) **7.35 John Mills: Talking Pictures** (S) (R) **9.15 FILM Scott of the Antarctic (1948) (U)** (S) **10.00 Athletics: Diamond League Highlights** (S) **11 00 Wimbledon 2017** (S) **12 15 Bargain Hunt** (S) (R) **1.00 FILM Father of the Bride (1950) (U)** (S) **2 30 Wimbledon 2017** Sue Barker presents further live coverage on day six. (S)

7

7 30 The Voice Kids Emma Willis presents as the battle phase begins. (S)

8

8 00 CI7 V 9 25 ITV News (S) **8.20 Weekend** (S) **9.25 The Home Game** (S) (R) **10 20 FILM Harry Potter and the Chamber of Secrets (2002) (PG)** (S) **1 20 ITV News;** Weather (S) **1 30 ITV Racing** Live from Sandown (S) **4 00 The Chase** (S) (R) **5 00 Paul O Grady: For the Love of Dogs** (S) (R) **5 30 Little Big Shots US** (S) **6 25 ITV Regional News,** Weather (S) **6.35 ITV News** (S) **6.45 Catchphrase** (S)

9

9.00 FILM Skyfall (2012) (12) James Bond hunts the mastermind behind a terrorist attack on MI6 and discovers a former agent with revenge in mind. Action thriller starring Daniel Craig. (S)

9.00 FILM Bridesmaids (2011) (15) A disorganised woman takes charge of her best friend's bridal party, but the wife of the groom's boss causes problems. Comedy with Kristen Wiig. (S)

10

10.05 ITV News; Weather (S)
10.20 FILM Skyfall (2012) (12) Continued. (S)

11

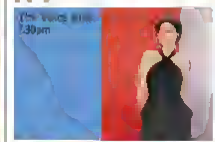
11 20 FILM Red Eye (2005) (12) Thriller with Rachel McAdams and Cillian Murphy. (S)

AFTER 12

12.05 The Chase (S) (R) **1.00** Jackpot247 **3 00** Who's Doing the Dishes? (S) (R) **3 50** ITV Nightscreen

12.55 Ramsay's Hotel Hell (S) (R) **1 45** Hollyoaks (S) **2.50** Ackley Bridge (S) (R) **4 45** Shipping Wars UK (S) (R) **5 15** Location, Location, Location (S) (R)

ITV



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9.00 FILM Skyfall (2012) (12) James Bond hunts the mastermind behind a terrorist attack on MI6 and discovers a former agent with revenge in mind. Action thriller starring Daniel Craig. (S)

10

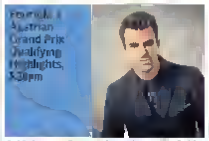
10.05 ITV News; Weather (S)
10.20 FILM Skyfall (2012) (12) Continued. (S)

11

AFTER 12

12.05 The Chase (S) (R) **1.00** Jackpot247 **3 00** Who's Doing the Dishes? (S) (R) **3 50** ITV Nightscreen

Channel 4



6 10 Motor Sport: Caterham (S) **6.40 3rd Rock from the Sun** (S) (R) **7 30 Everybody Loves Raymond** (S) (R) **8 25 Frasier** (S) (R) **9 20 The Big Bang Theory** (S) (R) **10.50 The Simpsons** (S) (R) **12 20 Ramsay's Kitchen Nightmares USA** (S) (R) **1 20 Four in a Bed** (S) (R) **4.00 A Place in the Sun Winter Sun** (S) (R) **5 00 Channel 4 News** (S) **5.20 Formula 1 Austrian Grand Prix Qualifying Highlights** (S)

7

7 00 FILM Rise of the Planet of the Apes (2011) (12) Sci-fi thriller starring James Franco and Andy Serkis. (S)

8

9

9.00 FILM Bridesmaids (2011) (15) A disorganised woman takes charge of her best friend's bridal party, but the wife of the groom's boss causes problems. Comedy with Kristen Wiig. (S)

10

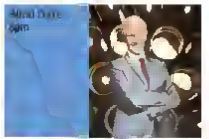
11

11 20 FILM Red Eye (2005) (12) Thriller with Rachel McAdams and Cillian Murphy. (S)

AFTER 12

12.55 Ramsay's Hotel Hell (S) (R) **1 45** Hollyoaks (S) **2.50** Ackley Bridge (S) (R) **4 45** Shipping Wars UK (S) (R) **5 15** Location, Location, Location (S) (R)

Channel 5



6.00 Milkshake! 10 10 Teenage Mutant Ninja Turtles The turtles begin to hope Splinter might have survived his battle with Shredder. (S) **10 45 Cats Make You Laugh Out Loud 2** (S) (R) **11.05 Police Interceptors** (S) (R) **2 00 The Nightmare Neighbour Next Door** (S) (R) **4.00 Can't Pay? We'll Take It Away** (S) (R) **5.55 5 News Weekend** (S)

7

7.00 Cricket on 9 England v South Africa. Highlights of the third day's play in the First Test of the four-match series, which took place at Lord's. (S)

8

8.00 Blind Date More lovelorn singletons seek a chance at romance. (S)

9

9.00 Big Brother Daily round-up of highlights, featuring more games, arguments, laughs, diary room visits and bedroom chit chat, as well as reactions to the latest evictions. (S)

10

10 00 Live Championship Boxing Josh Taylor v Ohara Davies. Coverage of the hour for the Commonwealth Super Lightweight title. (S)

11

AFTER 12

12 00 SuperCasino (S) **3.10 FILM The Darkest Hour (2011) (12)** Sci-fi horror, starring Emile Hirsch. (S) **4 40** Access (S) **4 50** Great Artists (S) (R) **5 15** Wildlife SOS (S) (R) **5 40** Angels el Jamm (S) (R) **5 50** Roary the Racing Car (S) (R)

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DIGITAL

ITV2 SKY 118 FV 6

8.00 Hamlets Funniest Animals **8.20** Emmerdale **9.20** Coronation Street **12.10** Take Me Out **1.10** Catchphrase **2.00** You've Been Framed! Gold **2.30** FILM A Cinderella Story (2004) (PG) Romantic comedy starring Hilary Duff and Chad Michael Murray. **3.35** FYI Daily **3.40** FILM A Cinderella Story (2004) (PG) Concluded. **4.30** FILM Charlie and the Chocolate Factory (2005) (PG) Children's fantasy starring Johnny Depp. **5.25** FYI Daily **5.40** FILM Charlie and the Chocolate Factory (2005) (PG) Concluded. **6.45** FILM Step Up 3 (2010) (12) Dance drama sequel starring Rick Malambri. **7.00** FYI Daily **7.55** FILM Step Up 3 (2010) (12) Concluded. **9.00** Love Island: The Weekly Hot List **10.00** Celebrity Juice **10.40** Family Guy **12.20** American Dad! **1.15** FILM Being It On (2000) (12) **2.15** FYI Daily **2.20** FILM Bring It On (2000) (12) **3.00** Teleshopping

ITV3 SKY 119 FV 10

8.00 Murder She Wrote **8.45** The Darling Buds of May **9.55** FILM The Mirror Crack'd (1980) (PG) **10.55** FYI Daily **11.00** FILM The Mirror Crack'd (1980) (PG) **12.05** Barbara Windsor and Elizabeth Dawn **2.05** Hans Christian Andersen: My Life as a Fairy Tale **4.00** Wycliffe **5.05** Agatha Christie's Marple **6.00** Foyle's War **11.00** Law & Order: UK **2.00** ITV3 Nightscreen **2.30** Teleshopping

BBC4 SKY 116 FV 9

7.00 Britain and the Sea **8.00** Nature's Great Events **9.00** FILM Mea Culpa (2014) (18) Fearsome, crime thriller starring Vincent Lindon. **10.25** Titanic's Tragic Team: The Britannic Designers **11.20** Top of the Pops: 1984 **12.35** Synth Britannia at the BBC **1.35** Synth Britannia **3.05** Close

E4 SKY 136 FV 28

5.00 Rudebitch Probe **6.10** Couples Come Dine with Me **8.25** Binky & JP's Baby Born in Chelsea **9.30** Melissa & Joey **12.00** The Goldbergs **3.00** FILM Ferris Bueller's Day Off (1986) (12) Comedy starring Matthew Broderick. **5.00** The Big Bang Theory **9.00** FILM Die Hard 2 (1990) (18) Action thriller sequel, starring Bruce Willis. **11.25** Gogglebox **1.35** The Inbetweeners **2.35** Tattoo Fixers **3.30** Rude Tube **4.25** How I Met Your Mother

MORE4 SKY 138 FV 14

8.58 Feed Unwrapped **9.30** The Yorkshire Dales and the Lakes **10.30** A Place in the Sun: Summer Sun **2.40** Come Dine with Me **5.25** Four in a Bed **8.00** Great Canal Journeys **9.00** The Great British Sewing Bee **10.00** The Naked Village **11.05** My Daughter the Teenage Nudist **12.10** 8 Out of 10 Cats Does Countdown **2.20** Father Ted **3.20** 8 Out of 10 Cats Uncut **3.55** Close

FILM4 SKY 315 FV 15

11.00 Step Up 4: Miami Heat (2012) (12) **1.00** Moomins on the Riviera (2014) (U) **2.35** Letters to Juliet (2010) (PG) Romantic drama, starring Amanda Seyfried. **4.40** Men in Black (1997) (PG) Sci-fi comedy, starring Will Smith and Tommy Lee Jones. **6.35** The Best Exotic Marigold Hotel (2011) (12) Comedy drama, starring Judi Dench and Bill Nighy. **9.00** The Hunger Games: Mockingjay - Part 1 (2014) (12) Sci-fi adventure sequel, starring Jennifer Lawrence. **11.20** Solomon Kane (2010) (15) Period fantasy thriller, starring James Purefoy. **1.20** I Love You Phillip Morris (2009) (15) **3.35** Close

DAVE SKY 111 FV 12

7.00 Home Shopping **7.10** Traffic Cops **7.20** Steve Austin's Broken Skull Challenge **7.50** Home Shopping **8.30** Top Gear **9.30** Projects **10.20** Dara O Briain's Go 8 Bit **11.30** Go 8 Bit DLC **12.00** The Joy of Techs **1.00** Traffic Cops **3.00** Sin City Motors **5.00** Top Gear: Africa Special **7.40** Not Going Out **9.40** Would I Lie to You? **11.00** FILM Training Day (2001) (18) Thriller starring Denzel Washington. **1.20** Reginald D Hunter: Live **2.40** Mock the Week **3.15** Game of Arms **4.00** Home Shopping

DRAMA SKY 158 FV 20

7.00 Birds of a Feather **7.40** The Last Detective **11.00** Sharpe **1.00** When the Boat Comes In **5.00** Porridge **7.00** Hetty Wainthropp Investigates **8.00** Miss Fisher's Murder Mysteries **9.00** Taggart **11.55** Waking the Dead **2.20** The Lost World **4.55** Home Shopping

SKY1 SKY 106

6.00 Duck Quacks Don't Echo **6.30** British and Irish Lions Tour **7.30** The F1 Show **8.00** Sky Sports Living For Sport Special **8.30** NCIS: Los Angeles **1.30** Futurama **4.00** David Attenborough's Conquest of the Skies **5.00** Modern Family **7.00** Football's Funniest Moments **8.00** Duck Quacks Don't Echo **9.00** A League of Their Own: US Road Trip 2.0 **10.00** FILM Underworld (2003) (15) Supernatural action thriller, starring Kate Beckinsale **12.15** A League of Their Own **1.10** Mad Dogs **2.10** Mad Dogs **3.00** Rors Kemp: Extreme World **4.00** It's Me or the Dog **4.20** It's Me or the Dog **5.00** RSPCA: Animal Rescue

SKY ATLANTIC SKY 108

8.00 Fish Town **9.00** The Guest Wing **9.00** The British **10.00** Storm City **11.00** FILM: Temple Grandin (2010) (PG) **1.05** House **4.00** Without a Trace **8.00** Game of Thrones **12 15** Last Week Tonight with John Oliver **12.50** Real Time with Bill Maher **2.00** Public Enemy **4.20** The British **5.10** Urban Secrets

W SKY 103

8.10 Judge Faith **7.00** The Bill **11.00** EastEnders **2.30** Tipping Point: Lucky Stars **5.20** My Family **8.10** My Family Christmas Special **7.20** My Family **8.00** One from Every Minute **9.00** FILM: Jackie Brown (1997) (15) Crime drama, starring Pam Grier. **12.10** Criminal Minds: Beyond Borders **1.15** Inside the Ambulance **2.05** Resurrection **3.00** Home Shopping

GOLD SKY 110

7.00 The Piglet Files **8.00** Porridge **8.40** One Foot in the Grave **9.10** Last of the Summer Wine **11.20** Porridge **8.40** Open All Hours **9.00** Still Open All Hours **11.00** The Young Ones **11.30** Black Books **1.36** Bill Hicks Live: Revelations **2.45** Garth Marenghi's Darkplace **3.10** House of Fools **4.00** Home Shopping

SKY SPORTS 1 SKY 401

8.00 Football League Gold **6.30** Football Gold **7.00** Super League Gold **7.15** Retired Super League Highlights **7.30** Live British and Irish Lions Tour **11.15** Great Sporting Moments **11.30** Sporting Greats **12.00** Live Formula 1: **2.40** The F1 Show **2.10** British and Irish Lions Tour **4.10** The F1 Show **4.40** Great Sporting Moments **4.55** Live Retired Super League: Catalans Dragons v Wigan Warriors (kick-off 5.00pm) **7.00** British and Irish Lions Tour **8.00** Test Cricket **10.00** Test Cricket: The Verdict **9.15** British and Irish Lions Tour **10.15** Sporting Greats **10.45** Super League Gold **11.00** Premier League Legends **12.00** Retired Super League Highlights **12.15** Super League Gold **12.30** Football Gold **1.00** British and Irish Lions Tour **2.00** Premier League Years **4.00** Retired Super League Highlights **4.15** Sporting Heroes: Gary Newlove Interviews Rebecca Adlington **5.15** Premier League 100 Club **8.45** Spanish Football Gold

Sunday July 9th

DAYTIME

BBC1

6.00 Breakfast (S) **9.00** The Andrew Marr Show (S) **10.00** Sunday Morning Live (S) **11.00** Sunday Politics (S) **12.15** Bargain Hunt (S)(R) **1.00** BBC News Weather (S) **1.15** Athletics. London Anniversary Games (S) **4.30** Escape to the Country (S)(R) **5.10** Songs of Praise (S) **5.45** How to Holiday Better (S) **6.35** BBC News (S) **6.50** BBC Regional News; Weather (S)

7.00 **Countryfile** Anita Rani visits a groundbreaking project in Northamptonshire (S)

8.00 **Fake or Fortune?** Fiona Bruce and art expert Philip Mould investigate whether a painting in a B&B is the work of French artist Paul Delaroche...(S)(R)

9.00 **Poldark** Ross assembles a band of allies to free Dwight from prison. However the rescue mission proves to have fatal consequences. (S)

10.00 **BBC News** (S)
10.20 **BBC Regional News; Weather** (S)
10.30 **Sue Barker: Our Wimbledon** (S)(R)

11.45 **The Week the Landlords Moved In** (S)(R)

12.45 **Weather for the Week Ahead** (S) **12.50** BBC News (S)

BBC2

11.00 Nigel Slater: Eating Together (S)(R) **11.30** Hairy Bikers' Best of British (S)(R) **12.15** Athletics. London Anniversary Games (S) **1.15** FILM **The Great Caruso (1951) (U)** (S) **3.00** Killer Whales: Beneath the Surface – Natural World (S)(R) **3.45** Money for Nothing (S)(R) **4.30** Rowing World Cup (S) **5.30** Flog It! (S)(R) **6.00** The Fifteen Billion Pound Railway: The Final Countdown (S)(R)

7.00 **Dragons' Den** Peter Jones, Deborah Meaden, Touker Suleyman, Sarah Willingham and Nick Jenkins cast an eye over a parking app. (S)(R)

8.00 **The Life Swap Adventure** A Norwegian farmer who is tiring of his diamond rig life swaps places with a taxi driver from Devon. Last in the series. (S)

9.00 FILM **Foxcatcher (2014) (15)** Premiere. Fact-based drama starring Steve Carell. (S)

10.00 **ITV News**; Weather (S)
10.20 **Lethal Weapon** Riggs makes a shocking discovery about Miranda's death. (S)(R)

11.20 **Take Me Out** Men try to impress 30 single women and win a date – but must get the female participants to kiss their lights on as a sign of approval. (R)(S)

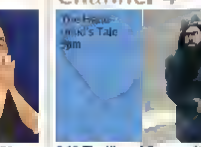
12.25 **Jackpot247** **3.00** Motorsport UK (S) **3.30** British Superbike Championship Highlights (S) **4.40** ITV Nightscreen **5.05** The Jeremy Kyle Show (S)(R)

ITV

6.00 CITV **8.25** ITV News (S) **8.30** Weekend (S) **9.25** Wild Animal Remixes (S)(R) **10.15** Judge Rinder (S)(R) **11.15** Love Your Garden (S)(R) **12.15** ITV News; Weather (S) **12.25** Babushka (S)(R) **1.30** The Voice Kids (S)(R) **3.00** Bear Grylls: Survival School (S)(R) **3.30** FILM **Moonraker (1979) (PG)** (S) **6.00** ITV Regional News; Weather (S) **8.15** ITV News (S) **6.30** The Celebrity Chase (S)

2.30 **The Voice Kids** William, Danny Jones and Rose Lott must decide who out of the remaining trios will be chosen to go through to the semi-final. (S)

Channel 4



6.10 **The King of Queens** (S)(R) **7.05** **Everybody Loves Raymond** (S)(R) **7.55** **Frasier** (S)(R) **9.30** **Sunday Brunch** (S) **12.30** **Eat the Week** (S) **1.30** **The Simpsons** (S)(R) **2.25** **George Clarke's Amazing Spaces** (S)(R) **3.10** **A Place in the Sun: Winter Sun** (S)(R) **4.10** **Homes by the Sea** (S) **5.15** **Channel 4 News** (S) **5.45** **Formula 1 Austrian Grand Prix Highlights** (S)

9.00 **The Handmaid's Tale** Offred remembers her family's escape attempt, leading to a shocking revelation about her life before the Gilead regime. (S)

10.00 **Epidemic: When Britain Fought Aids** The impact of the disease on British society. (S)
10.55 **9 Out of 10 Cats Does Countdown** (S)(R)

11.55 FILM **This Means War (2012) (12)** Comedy with Reese Witherspoon, Chris Pine and Tom Hardy. (S)

1.45 **Ramsay's Kitchen Nightmares USA** (S)(R) **2.35** The Last Leg (S)(R) **3.30** KOTV Bowling Weekly (S) **3.55** Gillette World Sport (S) **4.25** Shipping Wars UK (S)(R) **5.05** Location Location Location (S)(R)

Channel 5

6.00 Milkshake! **10.00** Teenage Mutant Ninja Turtles April's psychic abilities grow in power. (S) **10.35** Access Showbiz news and gossip. (S) (R) **10.40** Police Interceptors (S)(R) **1.35** FILM **The Flintstones (1994) (U)** Live-action version of the cartoon comedy with John Goodman (S) **3.15** **Inside Windsor Castle** The recent history of the royal residence. (S)(R)

7.00 **Cricket on 5** England v South Africa (S)
7.55 **5 News Weekend** (S)

8.00 **That's So 1980** Memories of the year Italy hosted the World Cup and prime minister Mrs Thatcher handed over the reins to John Major. (S)(R)

9.00 **Big Brother** Daily round-up of highlights featuring the latest tasks, games, arguments, laughs, diary room visits and bedroom chit-chat. Narrated by Marcus Bentley. (S)

10.05 **OMG... Make Me a Famous Face** People undergoing cosmetic surgery to look like celebrities. (S)

11.05 FILM **The Bounty Hunter (2010) (12)** Action comedy starring Gerard Butler and Jennifer Aniston. (S)

1.10 **SingerCasino** (S) **3.10** The Hotel Inspector (S)(R) **4.00** Entertain a Greatest Budget (S)(R) **4.50** Great Artists (S)(R) **5.15** Wildlife SOS (S)(R) **5.40** Angels of Harm (S)(R) **5.50** Krazy Car Racing Car (S)(R)

AFTER 12

12.45 **Weather for the Week Ahead** (S) **12.50** BBC News (S)

1.00 **Sign Zone Question Time** (S)(R) **2.00** Holby City (S)(R) **3.00** This is BBC Two (S)

12.25 **Jackpot247** **3.00** Motorsport UK (S) **3.30** British Superbike Championship Highlights (S) **4.40** ITV Nightscreen **5.05** The Jeremy Kyle Show (S)(R)

1.45 **Ramsay's Kitchen Nightmares USA** (S)(R) **2.35** The Last Leg (S)(R) **3.30** KOTV Bowling Weekly (S) **3.55** Gillette World Sport (S) **4.25** Shipping Wars UK (S)(R) **5.05** Location Location Location (S)(R)

1.10 **SingerCasino** (S) **3.10** The Hotel Inspector (S)(R) **4.00** Entertain a Greatest Budget (S)(R) **4.50** Great Artists (S)(R) **5.15** Wildlife SOS (S)(R) **5.40** Angels of Harm (S)(R) **5.50** Krazy Car Racing Car (S)(R)

DIGITAL

ITV2 SKY 118 FV 6

5.00 Emmerdale **5.30** Coronation Street **11.50** The Voice Kids **1.20** Ninja Warrior UK **2.20** You've Been Framed! Gold **2.55** FILM. The Smurfs (2011) (U) Fantasy comedy starring Neil Patrick Harris. **3.55** ITV Daily **4.00** FILM. The Smurfs (2011) (U) Concluded. **5.00** FILM. St Trinian's 2: The Legend of Fritton's Gold (2009) (PG) Comedy sequel starring Rupert Everett. **8.00** ITV Daily **8.05** FILM. St Trinian's 2: The Legend of Fritton's Gold (2009) (PG) Concluded. **7.10** FILM. Gravity (2013) (12) Premium Thriller starring Sandra Bullock and George Clooney. **8.15** ITV Daily **8.20** FILM. Gravity (2013) (12) Concluded. **5.00** Love Island **10.00** Love Island: Aftersun **11.05** Family Guy **12.30** American Dad! **1.25** Totally Bonkers Guinness World Records **1.55** Planet's Funniest Animals **2.15** Teleshopping **5.45** ITV2 Nightscreen

ITV3 SKY 119 FV 10

8.00 George and Mildred **8.25** Hans Christian Andersen: My Life as a Fairy Tale **9.00** Heartbeat **10.20** Murder, She Wrote **12.10** The Dividing Rods of May **12.30** The Casebook of Sherlock Holmes **2.00** Wycliffe **3.55** Foyle's War **8.00** Doc Martin **8.00** The Booze Cruise 2: The Treasure Hunt **10.00** Law & Order: UK **12.00** Wire in the Blood **3.30** May the Best House Win **5.10** Rising Damp **5.35** ITV3 Nightscreen

BBC4 SKY 116 FV 9

7.00 The Royal Ballet: Woolf Works **8.00** Horizon: Space Volcanoes **10.00** The Sky at Night **10.30** Destination Titan **11.30** The Search for Life: The Drake Equation **12.30** Nature's Great Events **1.30** The Royal Ballet: Woolf Works **3.30** Close

E4 SKY 136 FV 28

5.00 Rude(ish): Tube **6.25** Couples Come Dine with Me **9.25** Hollyoaks **11.00** Binky & JP's Baby Born in Chelsea **12.00** New Girl **1.00** Kevin Can Wait **1.30** The Big Bang Theory **6.00** FILM. 101 Dalmatians (1996) (U) Disney comedy adventure remake starring Glenn Close **9.00** The Crystal Maze: Celebrity Special **9.00** FILM. The Inbetweeners 2 (2014) (15) Comedy sequel starring Simon Bird. **11.00** The Inbetweeners **12.00** Rude Tube **1.05** Tattoo Fixers **2.10** Pimp My Ride **2.55** Gogglebox **3.45** Hollyoaks

MORE4 SKY 138 FV 14

6.55 Location Location Location **12.05** Come Dine with Me **2.45** Four in a Bed **5.25** Come Dine with Me **6.00** The Secret Life of the Zoo **5.00** Father Ted **10.05** Sarah Millican – Home and Live **11.10** Ramsay's Kitchen Nightmares USA **12.10** A Out of 10 Cats Does Countdown **2.15** The Secret Life of the Zoo **3.15** 8 Out of 10 Cats **3.55** Close

FILM4 SKY 315 FV 15

11.00 The Great St Trinian's Train Robbery (1966) (PG) Comedy starring Frankie Howerd. **1.00** The Phantom (1996) (12) Superhero adventure, starring Billy Zane. **3.00** Eve: After A Cinderella Story (1998) (PG) Romantic drama, starring Drew Barrymore and Dougray Scott. **5.20** A Thousand Words (2012) (12) Comedy starring Eddie Murphy. **7.15** Europa Report (2013) (12) Premiere. Sci-fi thriller starring Daniel Wu and Sharlto Copley. **8.00** Dawn of the Planet of the Apes (2014) (12) Sci-fi thriller sequel starring Andy Serkis. **11.45** The Quiet Ones (2014) (15) Horror starring Jared Harris. **1.45** To the Wonder (2012) (12) Drama starring Ben Affleck. **4.00** Close

DAVE SKY 111 FV 12

6.00 Home Shopping **7.00** Top Gear **9.00** Steve Austin's Broken Skull Challenge **10.00** Traffic Cops **12.00** Top Gear **1.00** Would I Lie to You? **2.20** Top Gear Africa Special **5.00** Rat Ball Soapbox Race **8.00** Traffic Cops **9.00** Have I Got a Bit More Old News for You **10.00** Taskmaster **11.00** Live at the Apollo **12.00** QI XL **1.00** Mock the Week **2.50** Gems of Arms **3.35** The Indestructibles **4.00** Home Shopping

DRAMA SKY 158 FV 20

7.00 The Bill **10.45** Call the Midwife **2.00** Catherine Cookson's The Gambling Man **5.45** The Musketeers **7.00** Jonathan Creek **8.00** The Doctor Blake Mysteries **9.00** Silent Witness **11.20** Spooks **12.20** Call the Midwife **1.50** The Lost World **3.25** Garden Hopping **4.00** Home Shopping

SKY1 SKY 106

8.00 Hour of Power **7.00** Futurama **9.30** Spider-Man: Homecoming, Special **10.00** Dino Racing League **12.00** WWE Raw Hits **1.00** David Attenborough's Wild City **4.00** Modern Family **5.30** The Simpsons **6.00** A League of Their Own **8.00** Ross Kemp: Extreme War **10.00** The Force. North East **11.00** Zoo **12.00** A League of Their Own: Off Road Trip **2.00** A League of Their Own **2.00** Night Cops **3.00** Most Daring **4.00** It's Me or the Dog **5.00** RSPCA: Animal Rescue

SKY ATLANTIC SKY 108

6.00 The Guest Wing **8.00** Storm City **11.00** House **2.00** San Francisco 2.0 **3.00** Ferrell Takes the Field **4.00** Blue Bloods **5.00** Game of Thrones **12.25** Riviera **1.25** Nurse Jackie **2.00** Twin Peaks: The Return **3.10** Nurse Jackie **4.10** Urban Secrets

W SKY 109

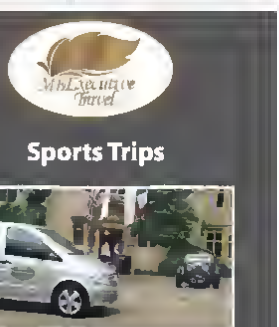
6.00 Fassbender Patrol **6.35** Your Home in Their Hands **8.00** MasterChef USA **1.00** Doctor Who **3.10** My Family **3.50** My Family Christmas Special **5.00** Outnumbered **7.00** One Born Every Minute **15.00** Educating Yorkshire **11.00** Criminal Minds: Beyond Borders **12.00** One Born Every Minute **1.00** MasterChef Australia **1.50** Resurrection **3.00** Home Shopping

GOLD SKY 110

7.30 The Pigeon Files **8.30** Last of the Summer Wine **11.10** Still Open All Hours **1.10** Porridge **3.40** Open All Hours **7.00** Still Open All Hours **12.00** Men Behaving Badly **12.20** Inside No 9 **1.40** The Life of Rock with Peter Perrin **2.20** Brian Perrin: A Life in Rock **3.00** Limmy's Show **4.00** Home Shopping

SKY SPORTS 1 SKY 401

6.00 Football Gold **7.00** WWE Main Event **8.00** Premier League Legends **9.00** British and Irish Lions Tour **10.00** Fight Night International **11.00** UEFA European Under-21s Championship Football **11.30** Live Formula 1. The viewers are presented to the fans during the Austrian Grand Prix track parade. **12.00** Live Formula 1. Simon Lazenby and the team present live from the pit lane. **12.30** Live Formula 1. The Austrian Grand Prix (Start-time 1.00pm). **3.30** Live Formula 1 Updates and interviews from the paddock area following the Austrian Grand Prix. **4.15** Sky Sports Cricket Golf. **6.25** Live Internationals T20 Cricket. West Indies v India. **8.00** Spanish Football Golf. **9.15** Fight Night. **10.15** Sky Sports Boxing Golf. **12.00** Premier League Legends **12.00** Premier League 100 Club **1.00** Sky Sports Boxing Golf **2.00** Premier League Years **4.00** Sporting Heroes: Alec Stewart Interviews John Hollins **6.00** Premier League 100 Club **5.30** Spanish Football Golf



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Monday July 10th

BBC1

6.00 Breakfast (S) **9.15** Right on the Money (S) **10.00** Homes Under the Hammer (S)(R) **11.00** Neighbourhood Wars (S)(R) **11.45** Rip Off Britain: Holidays (S)(R) **12.15** Bargain Hunt (S) **1.00** BBC News at One; Weather (S) **1.30** BBC Regional News and Weather (S) **1.45** Wimbledon 2017 (S) **6.00** BBC News at Six; Weather (S) **6.30** BBC Regional News and Weather (S)

7.00 **The One Show** Hosted by Matt Baker and Alex Jones. (S)

7.30 **Mini Monet Millionaire** A profile of teenage painter Kieron Williamson. (S) BBC News (S)

8.00 **EastEnders** Kasie pushes Bernadette to reveal the father's name. (S)

8.30 **Britain's Food & Farming: The Brexit Effect – Panorama** (S)

9.00 **Supermarket Shopping Secrets** Gregg Wallace and Dabina Sharma look at the retailers attempts to outdo one another in terms of convenience. Last in the series. (S)

10.00 **BBC News at Ten** (S)

10.30 **BBC Regional News and Weather** (S)

10.45 **Peter Kay's Comedy Shuffle** An ambitious national online challenge for Comic Relief. (S)(R)

11.15 **Have I Got a Bit More Old News for You** (S)(R)

11.15 **Granada/YTV The Super League Show** Action from the latest fixtures. (S)

12.00 **Who Do You Think You Are?** (S)(R) **1.00** Weather for the Week Ahead (S) **1.05** BBC News (S)

BBC2

6.15 **The TV That Made Me** (S)(R) **6.45** **Flog It! Trade Secrets** (S)(R) **7.15** **Bargain Hunt** From York. (S)(R) **8.00** **Sign Zone: Antiques Roadshow** Fiona Bruce introduces unscreened items from recent shows. (S)(R) **9.00** **Victoria Derbyshire** News and current affairs. (S) **11.00** **Daily Politics** Parliamentary report. (S) **11.30** **Wimbledon 2017** Coverage from the All England Club. (S)

7.00 **Eggheads** Quiz. (S)

8.00 **Today at Wimbledon** Clare Balding introduces highlights of the seventh days play at the All England Club. (S)

8.30 **Ripper Street** Thatcher finds Robin and puts the boy into the care of Reid. Jackson and Long Susan who manage to uncover information that they hope may lead them to Nathaniel. (S)

9.30 **Newsnight** (S)

10.30 **Weather** (S)

11.15 **Theresa v Boris. How May Became PM** (S)(R)

ITV

5.00 **Good Morning Britain** (S) **8.30** **Lorraine** (S) **9.25** **The Jeremy Kyle Show** (S) **10.30** **This Morning** (S) **12.30** **Loose Women** (S) **1.30** **ITV News** (S) **1.55** **ITV Regional News** (S) **2.00** **Judge Rinder** (S)(R) **3.00** **David Dickinson's Name Your Price** (S) **3.59** **ITV Regional Weather** (S) **4.00** **Tipping Point** (S)(R) **5.00** **The Chase** (S)(R) **5.40** **ITV Regional News** (S) **6.30** **ITV Evening News**; Weather (S)

7.00 **Emmerdale** Laurel is determined to uncover the truth. (S)

7.30 **Coronation Street** Erica books a hotel room for her and Kevin. (S)

8.00 **Amazing Animal Births** Lucy Cooke learns about the breeding habits of the barn owl. (S)

8.30 **Coronation Street** (S)

9.00 **Fearless** The US air force lets Emma meet in secret with Logan, who tells her he was in a relationship with Linda. (S)

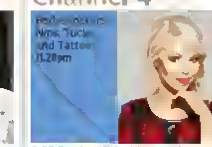
10.00 **ITV News**; Weather (S)

10.30 **ITV Regional News**; Weather (S)

10.45 **Killer Women with Piers Morgan** (S)(R)

11.45 **The Kyle Files** Jeremy Kyle investigates the doegers of a night out in Britain. (S)(R)

Channel 4



8.35 **Frasier** (S)(R) **10.05** **Undercover Boss USA** (S)(R) **11.00** **A Place in the Sun: Winter Sun** (S)(R) **12.00** **Channel 4 News** (S) **12.05** **Couples Come Dine with Me** (S)(R) **1.05** **Posh Pawnbrokers** (S)(R) **2.10** **Countdown** (S) **3.00** **A Place in the Sun: Winter Sun** (S)(R) **4.00** **Best of Both Worlds** (S) **5.00** **Four in a Bed** (S)(R) **5.30** **Come Dine with Me** (S)(R) **6.00** **The Simpsons** (S)(R) **6.30** **Hollyoaks** (S)

7.00 **Channel 4 News** (S)

8.00 **Secrets of Britain's New Homes: Channel 4 Dispatches** The lack of affordable new homes. (S)

8.30 **How to Retire at 40** (S)

9.00 **Catching a Killer: The Wind in the Willows Murder** The investigation into the killing of antiquarian book dealer Adrian Greenwood. (S)

11.20 **Bodyshockers: Nips, Tucks and Tattoos** Katie Piper meets people who love their body work and those who loathe it. (S)(R)

Channel 5

6.00 **Milkshake!** **9.15** **The Wright Stuff** **11.15** **House Doctor** (S)(R) **12.15** **5 News Lunchtime** (S) **12.45** **Big Brother** (S)(R) **1.10** **Access** (S) **1.15** **Home and Away** (S) **1.45** **Neighbours** (S) **2.15** **NCIS** (S)(R) **3.15** **FILM: Truth and Lies (2015)** (12) Thriller starring Dina Meyer. (S) **5.00** **5 News at 5** (S) **5.30** **Neighbours** (S)(R) **6.00** **Home and Away** (S)(R) **6.30** **5 News Tonight** (S)

7.00 **Cricket on 5** England v South Africa. Highlights of the fifth and final days play of the First Test of the four-match series. (S) **5** News Update (S)

8.00 **All New Traffic Cops** Police find weapons after stopping and searching a car they suspect may be carrying drugs. (S) **5** News Update (S)

9.00 **Eamonn & Ruth: Silver Service** Eamonn Holmes and Ruth Langsford delve into the world of the landed gentry. (S)

10.00 **Big Brother** Daily round-up of highlights, featuring the latest tasks, games, arguments, laughs, diary room visits and bedroom chit-chat. Narrated by Marcus Bentley. (S)

11.05 **Big Brother's Bit on the Side** Rylan Clark-Neal presents the live Big Brother companion show. (S)

12.00 **Who Do You Think You Are?** (S)(R) **1.00** Supermarket Shopping Secrets (S)(R) **2.25** This Is BBC Two (S)

12.30 **Sign Zone: Countryfile** (S)(R) **1.30** Supermarket Shopping Secrets (S)(R) **2.25** This Is BBC Two (S)

12.10 **Jackpot247** **3.00** The Jeremy Kyle Show (S) **3.55** ITV Nightscreen **5.05** The Jeremy Kyle Show (S)(R)

12.20 **The Supervet** (S)(R) **1.15** The Secret Life of the Zoo (S)(R) **2.10** Supershoppers (S)(R) **2.40** Tried and Tested: The Ultimate Shopping List (S)(R) **3.05** Marilyn Monroe: Auction of a Lifetime (S)(R) **4.00** Kirstie's Fill Your House for Free (S)(R)

12.05 **Countdown to Murder** (S)(R) **1.00** SuperCasino (S) **3.10** The Great British Benefits Handout (S)(R) **4.00** Now That's Funny! (S)(R) **4.45** House Doctor (S)(R) **5.10** Great Artists (S)(R) **5.35** Wildlife SOS (S)(R)

DAYTIME

7 8 9 10 11 12

AFTER

THE HOLLY BUSH

WEEKDAY LUNCH SET MENU

2 COURSES £12.50 3 COURSES £15.50

STARTERS

Charred Asparagus V GF
Asparagus Puree, Shaved Old Winchester

Duck Liver Parfait GF
Fig & Apple Chutney, Radish & Watercress Salad, Toast

Scottish Smoked Salmon GF
Homemade Irish Soda Bread, Pickled Cucumber, Watercress & Radish Salad

MAINS

Confit Rabbit Leg & Smoked Pancetta Pappardelle Pasta
Tarragon, Baby Spinach & Shaved Old Winchester

Charred Brocolli & Feta Salad V GF Vegan
Chilli & Ginger Dressing, Toasted Nuts & Seeds

Aubrey Allen Onglet Steak GF
Skin on Fries, Radish & Watercress Salad, Garlic Butter
(£2.50 supplement)

Fish & Chips
Tartar Sauce & Smashy Peas

DESSERTS

Spiced Apple Crumble with Double Cream
Strawberry Eton Mess GF
Westcombe Cheddar Chutney & Crackers GF

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DIGITAL

Designs **5.00** Secrets of the Terracotta Warriors - Secret History **10.00** Conv cted for Love **11.05** 24 Hours in A&E **1.15** Ramsay's Kitchen Nightmares USA **2.15** Grand Designs **3.15** F Out 1 10 Cats **3.55** Close

FILM4 SKY 315 FV 15

11.00 Ra Grande (1950) (U) **1.10** Sherlock Holmes Terror By Night (1946) (PG) **2.25** First Men in the Moon (1964) (U) **4.30** The Celtic Story (1954) (U) **6.30** A League of The r Own (1992) (PG) **9.00** X-Men: First Class (2011) (12) **11.35** Nymphomaniac: Volume I (2013) (18) **1.45** Summer in Febr uary (2013) (15) **3.55** Close

DAVE SKY. 111 FV 12

6.00 Homo Snopp ng **7.00** Deadly RD **8.10** Amoncan Pickers **9.00** Storage Hunters **10.00** American Pickers **12.00** Deadly RD **1.00** Top Gear **1.00** Projects **4.00** Steve Austin's Broken Skull Challenge **5.00** Top Gear **7.00** Sic City Motors **8.00** Dave Gormon Modern Life Is Goodish **9.00** I've at the Apollo **10.00** Da a O Britain's Go S ars **11.00** Go S ars DLC **11.30** Mock the Week **12.10** Would I Lie to You? **1.30** Dara O Bria e a Go S ars **2.30** Go S ars DLC **3.00** Game of Arms **4.00** Home Shopping

DRAMA SKY 158 FV 20

6.00 Danger field **5.00** Monarch of the Glen **10.00** All Creatures G reat and Small **11.00** The Full **1.00** Last of the Summer Wine **1.40** Waiting for God **2.20** Perils of a Feather **3.00** Danger field **4.00** Monarch of the Glen **5.00** All C eatures Great and Small **6.00** Waiting for God **6.40** Last of the Summer Wine **7.20** Keeping Up Appea rances **8.00** New T icks **9.00** Death in Paradise **10.00** Jonathan Creek **12.40** Birds of a Feather **1.20** Spooks **3.20** Garden Hopping **4.00** Home Shopping

SKY1 SKY 106

6.00 Road Wars **7.00** Hawa ii Five-0 **8.00** Monkey Life **9.00** It's Me or the Dog **10.00** Nothing to Declare **11.00** Sanctuary **12.00** NCIS: Los Angeles **1.00** Hawaii Five-0 **3.00** NCIS: Los Angeles **4.00** Stargate Atlantis **5.00** Modern Family **6.00** Fabulrama **6.30** The Simpsons **8.00** A League of The r Own: US Road Trip 2-0 **10.00** A League of The r Own **11.00** Karl Pilkington: The Moaning of Life **12.00** A League of The r Own: US Road Trip 2-0 **1.00** The Fringe: Manchester **2.00** Hawa i Five-0 **3.00** Nothing to Declare **4.00** RSPCA: Animal Rescue **5.00** Highway Cops

SKY ATLANTIC SKY 108

6.00 The British **6.00** Richard E Grant's Real Secrets **10.00** The West Wing **12.00** Without a Trace **1.00** CSI: C me Scene Investigation **2.00** Blue Bloods **3.00** Fish Town **4.00** The West Wing **6.00** W thout a Trace **7.00** CSI: Crime Scene Investigation **8.00** Blue Bloods **9.00** Game of Thrones: The Sto y So Far **10.00** CSI: Crime Scene Investigation **1.00** Nurse Jack e **4.00** The West Wing

W SKY: 109

10.00 The Bill **11.00** Tipping Point **1.00** Jamie's 30 Minute Meals **2.00** MasterChef USA **3.00** Who Do You Think You Are? **4.00** My Family **5.20** My Family Christmas Spec al **6.00** Tipping Point **7.00** One Born Every Minute **8.00** MasterChef USA **9.00** Louis Theroux: The City And cited to Crystal Meth **10.00** The Catherine Tate Show **10.40** EastEnders **11.20** One Born Every Minute **12.15** The Catherine Tate Show **12.00** MasterChef Australia **3.00** Home Shopping

GOLD SKY 110

5.00 The Brittas Empire **9.40** Last of the Summer Wine **11.40** Eve's Decreas ng Circles **12.20** The Brittas Empire **1.00** Foe dge **1.40** Open All Hours **2.20** The Vicar of Dibley **3.00** Fawlty Towers **3.40** Last of the Summer Wine **5.40** Porridge **6.20** Open All Hours **7.00** The Vicar of Dibley **7.40** Only Fools and Horses **8.20** Fawlty Towers **9.00** The Office **9.40** Gavin & Stacey **10.20** Live at the Apollo **11.20** Peep Show **12.00** The Young Ones **12.45** Live at the Apollo **1.45** The Black Adder **2.20** Big School **2.55** French and Saunders **3.30** Little Britain **4.00** Home Shopping

SKY SPORTS 1 SKY 401

5.00 Premier League 100 Club **10.00** Premier League Years **12.00** Football's Greatest Teams **1.00** Great Sporting Moments **2.00** Premier League Legends **3.00** Spanish Football Gold **3.30** Football Gold **4.00** Football's Greatest Players **5.00** Premier League 100 Club **6.00** Premier League Legends **6.30** Football's Greatest Teams **7.00** Live Horse Racing. **5.00** Fight Night **11.00** Anthony Joshua v Wladimir Klitschko: The Knockouts **11.30** Hayemaker: The Knockouts **12.00** Premier League 100 Club **1.00** Football's Greatest Teams **2.00** Premier League Years **4.00** Sporting Heroes. Gary Newbon Interviews Naseem Hamed

Tuesday July 11th

DAYTIME

BBC1

6.00 Breakfast (S) **8.15** Right on the Money (S) **10.00** Homes Under the Hammer (S) **11.00** Neighbourhood Rules (S)(R) **11.45** Rip Off Britain: Holidays (S)(R) **12.15** Bargain Hunt (S)(R) **1.00** BBC News at One; Weather (S) **1.30** BBC Regional News and Weather (S) **1.45** Wimbledon 2017 (S) **6.00** BBC News at Six; Weather (S) **6.30** BBC Regional News and Weather (S)

7.00 The One Show Live chat and topical reports. (S)
7.30 EastEnders Lauren struggles to tell Stevin it is over between them (S) BBC News (S)

8.00 Holby City Jac and Fran get the shock of their lives when someone from their past turns up at the hospital (S)

9.00 In the Dark New series. A detective returns to her home town when two girls are abducted and the man arrested is the husband of her childhood best friend (S)

10.00 BBC News at Ten (S)
10.30 BBC Regional News and Weather (S) National Lottery Update (S)
10.45 Granddad...Dementia & Me (S)

11.45 Mini Monet Millionaire A profile of teenage painter Kieren Williamson.. (S)(R)

BBC2

6.00 The TV That Made Me (S)(R) **6.25** Right on the Money (S)(R) **7.15** The Super League Show (S) **8.00** Sign Zone: DIY SOS: The Big Build (S)(R) **9.00** Victoria Derbyshire News and current affairs. (S) **11.00** BBC Newsroom Live (S) **11.30** Daily Politics Parliamentary report, presented by Jo Coburn (S) **12.30** Wimbledon 2017 Coverage from the All England Club. (S)

9.00 Today at Wimbledon Clare Balding introduces highlights of the night's play at the All England Club. (S)

9.40 Hospital How Imperial College Healthcare NHS Trust is pushing the boundaries of what is possible technologically. Last in the series. (S)

10.00 Detectorists The mayor visits the club on a delicate matter. (S)
10.30 Newsnight (S)

11.10 Weather (S)
11.15 Brexit Means Brexit: The Unofficial Version (S)(R)

ITV

6.00 Good Morning Britain (S) **8.30** Lorraine (S) **9.25** Tha Jeremy Kyle Show (S) **10.30** This Morning (S) **12.30** Loose Women (S) **1.30** ITV News (S) **1.55** ITV Regional News (S) **2.00** Judge Rinder (S)(R) **3.00** David Dickinson's Name Your Price (S) **3.59** ITV Regional Weather (S) **4.00** Tipping Point (S)(R) **5.00** The Chase (S)(R) **6.00** ITV Regional News (S) **6.30** ITV Evening News; Weather (S)

7.00 Emmerdale Robert goes to extreme lengths to prove that he is not only interested in money. (S)

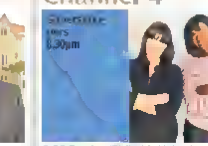
8.00 Midsomer Murders Barnaby investigates the world of Midsomer Priory when a nun is found strangled and uncovers a mystery. (S)(R)

9.00 Hospital How Imperial College Healthcare NHS Trust is pushing the boundaries of what is possible technologically. Last in the series. (S)

10.00 ITV News; Weather (S)
10.30 ITV Regional News; Weather (S)
10.40 Davina McCall: Life at the Extreme Davina travels to the Azores in the mid-Atlantic. (S)(R)

11.40 Play to the Whistle Sports-based comedy panel show hosted by Holly Willoughby. (S) (R)

Channel 4



8.35 Frasier (S)(R) **10.05** Undercover Bess USA (S)(R) **11.00** A Place in the Sun: Winter Sun (S)(R) **12.00** Channel 4 News (S) **12.05** Couple Come Dine with Me (S)(R) **1.05** Posh Pawnbrokers (S)(R) **2.10** Countdown (S) **3.00** A Place in the Sun: Winter Sun (S)(R) **4.00** Best of Both Worlds (S) **5.00** Four in a Bed (S)(R) **5.30** Come Dine with Me (S)(R) **6.00** The Simpsons (S)(R) **6.30** Hollyoaks (S)

7.00 Channel 4 News (S)

8.00 Tried and Tasted: The Ultimate Shopping List Taste-testing steak and ale pie, hummous and sauvignon blanc. (S)
8.30 Supershoppers (S)

9.00 Phil Spencer: Find Me a Home Phil tries to help two families who have been made homeless, but is shocked by the terrible housing conditions so many people are forced to endure. (S)

10.00 First Dates Nahala from Liverpool is searching for a man who shares her passion for food, and her date is with fellow Liverpudlian Thomas. (S)

11.05 24 Hours in A&E A 58-year-old woman is brought into the hospital after being run over by a lorry. (S)(R)

Channel 5

6.00 Milkshake! **9.15** The Wright Stuff **11.15** House Doctor (S)(R) **12.15** 5 News (S) **12.15** Big Brother (S)(R) **1.10** Access (S) **1.15** Home and Away (S) **1.45** Neighbours (S) **2.15** NCIS Gibbs ex-wife Stephanie is a witness in a murder case. (S)(R) **3.15** FILM Abducting Zoe (2014) (12) (S) **5.00** 5 News at 5 (S) **5.30** Neighbours (S)(R) **6.00** Home and Away (S)(R) **6.30** 5 News Tonight (S)

7.00 Britain's Greatest Bridges Rob Bell offers an insight into the history, design and building process of the Britannia Bridge. (S)(R) 5 News Update (S)

8.00 The Dog Rescuers with Alan Davies The RSPCA are called to the aid of elderly crossbreed. (S) 5 News Update (S)

9.00 The Hotel Inspector Alex Polizzi heads to Colliers Brook Farm near Bristol to try to make seven of owner Richard's struggling business ventures make his dream a reality. (S)

10.00 Big Brother Daily round-up of highlights, featuring the latest tasks, games, arguments, laughs, diary room visits and bedroom chit-chat. Narrated by Marcus Bentley. (S)

11.05 Big Brother's Bit on the Side Rylan Clark-Neal has the latest developments. (S)

AFTER 12

12.15 Weather for the Week Ahead (S) **12.20** BBC News (S)

12.15 Sign Zone: The Life Swap Adventure (S)(R) **1.15** Me and My Dog: The Ultimate Contest (S)(R) **2.15** This is BBC Two (S)

12.20 Jackpot247 **3.00** Loose Women (R) **3.45** ITV Nightscreen **5.05** The Jeremy Kyle Show (S)(R)

12.05 Music on 4, Sound and Vision (S) **12.35** The World's Weirdest Weather (S)(R) **1.30** Gogglesprogs (S)(R) **2.25** FILM Weekend (2011) (18) (S) **4.10** Selling Houses with Amanda Lamb (S) **5.05** Location, Location, Location (S)(R)

12.05 Little Divas, Tantrums & Tiaras (S)(R) **1.00** SuperCasino (S) **3.10** Famous & Rich: Silvia Simone (S)(R) **4.00** Now That's Funny! (S)(R) **4.45** House Doctor (S)(R) **5.10** Great Artists (S)(R) **5.35** Wildlife SOS (S)(R)

DIGITAL

ITV2 SKY 118 FV 6

8.00 Loniea Johnson: Thin Hot Desk **8.10** You've Been Framed! Gold **8.35** Vanderpump Rules **7.20** The Ellen DeGeneres Show **8.00** Emmerdale **8.30** Coronation Street **9.35** Scrap on **10.25** Fellow Deck **11.25** Vanderpump Rules **12.20** Emmerdale **12.50** Coronation Street **2.00** The Ellen DeGeneres Show **2.50** The Jeremy Kyle Show **5.00** Judge Rinder **8.00** You've Been Framed! Gold **8.40** Two and a Half Men **9.00** Love Island **10.00** Family Guy **11.55** American Dad **12.50** Two and a Half Men **1.10** Safewort **2.05** Planet's Funniest Animals **2.30** Teleshopping

ITV3 SKY 119 FV 10

8.00 Men About the House **8.25** Heartbeat **7.30** Where the Heart Is **8.30** Wild at Heart **6.30** Judge Judy **10.55** Road to Avonlea **12.00** Love Your Garden **1.00** Heartbeat **2.00** The Royal **3.10** Wild at Heart **4.15** Man About the House **4.50** Rising Damp **5.20** George and Mildred **5.55** Heartbeat **7.00** Murder She Wrote **8.00** The Faces Crime III **10.00** Law & Order: UK **11.00** Inspector Morse **1.20** Wycliffe **2.10** ITV3 Nightscreen **2.30** Teleshopping

BBC4 SKY 116 FV 9

7.00 100 Days + Weather **7.30** Handmade By Royal Appointment **8.00** Britain Beneath You Feet **9.00** The British Gardens: Life and Death on Your Lawn **10.30** Deep Down and Dirty: The Science of Soil **11.30** The Brits Who Built the Modern World **12.30** Medieval Lives: Birth, Marriage, Death **1.30** Britain and the Sea **2.30** The British Gardens' Life and Death on Your Lawn **3.00** Close

E4 SKY 136 FV 28

9.00 Brooklyn Nine-Nine **9.00** Melissa & Joey **20.00** Baby Daddy **11.00** How I Met Your Mother **12.00** New Girl **1.00** Brooklyn Nine-Nine **2.00** Thin Red Penny Theory **3.00** How I Met Your Mother **4.00** New Girl **5.00** 2 Broke Girls **8.00** The Big Bang Theory **7.00** Hollyoaks **7.30** The Goldbergs **8.00** The Big Bang Theory **9.00** Rude Tube **10.00** 8 Out of 10 Cats **10.50** The Big Bang Theory **11.00** Gogglebox **12.00** Rude Tube **1.55** 8 Out of 10 Cats **2.40** Tattoo Fixers **3.30** First Dates **4.25** How I Met Your Mother **4.45** Baby Daddy

MORE4 SKY 138 FV 14

9.00 A Place in the Sun: Summer Sun **10.00** Four in a Bed **12.40** A Place in the Sun: Summer Sun **2.00** Time Team! **3.00** The Forgotten Gunners of WW1. A Time Team Special **4.00** Car SOS **5.55** Thin Supervet **7.00** Grand Designs **8.00** Thin Yorkshire Dales and the Lakes **10.00** World You Take In a Stranger? **11.05** Ramsay's Kitchen Nightmares USA **12.05** The Yorkshire Dales and the Lakes **1.05** Grand Designs **2.10** 8 Out of 10 Cats Does Countdown **3.10** 8 Out of 10 Cats **3.55** Close

FILM4 SKY 315 FV 15

11.00 Thin Gunfighter (1950) (U) **12.40** The Mark of Zorro (1940) (U) **2.30** Sean Gests (1939) (PG) **4.45** Gnins at Gates (1964) (PG) **6.55** Baggage Claim (2013) (12) **8.00** Allen Days of Fnte a Poet (2014) (12) **11.35** Nymphomaniac: Volnmn II (2013) (18) **2.00** Powder Room (2013) (15) **3.00** Close

DAVE SKY 111 FV 12

8.00 Horne Shopping **7.00** Deadly 60 **8.10** American Pickers **8.00** Storage Hunters **10.00** American Pickers **12.00** Deadly 60 **1.00** Top Gear **3.00** Objects **4.00** Steve Austin's Broken Skin Challenge **5.00** Top Gear **7.00** Sin City Motors **8.00** QI XL **9.00** Taskmaster **10.00** Room 101 **11.20** Mock the Week **12.00** Taskmaster **1.00** QI **1.40** Room 101 **2.20** 8 Out of 10 Cats **2.00** Suits **4.00** Horne Shopping

DRAMA SKY 158 FV 20

8.00 Dangerfield **9.00** Monarch of the Glen **10.00** All Creatures Great and Small **11.00** The Bill **1.00** Last of the Summer Wine **1.40** Waiting for God **2.20** Birds of a Feather **3.00** Dangerfield **4.00** Monarch of the Glen **5.00** All Creatures Great and Small **6.00** Waiting for God **6.40** Last of the Summer Wine **7.20** Keeping Up Appearances **8.00** FILM: The Hound of the Baskervilles (2002) (15) **10.00** Jonathan Creek **12.00** Birds of a Feather **1.20** Spooks **4.00** Horne Shopping

SKY1 SKY 106

8.00 Road Wars **7.00** Hawaii Five-0 **8.00** Monkey Life **8.00** It's Me or the Dog **10.00** Nothing to Declare **11.00** Sanctuary **12.00** NCIS: Los Angeles **1.00** Hawaii Five-0 **3.00** NCIS: Los Angeles **4.00** Stargate Atlantis **5.00** Modern Family **6.00** Futurama **6.30** The Simpsons **8.00** A League of Their Own **9.00** Karl Pilkington: The Morning of Life **10.00** Game of Thrones: The Story So Far **12.30** Football's Funniest Moments **12.00** The Force: Manchester **1.00** Brit Cops: Frontline Crime UK **2.00** Hawaii Five-0 **3.00** Nothing to Declare **4.00** RSPCA: Animal Rescue **5.00** Highway Cops

SKY ATLANTIC SKY: 108

8.00 The Art of **9.00** Richard E Grant's Hotel Secrets **9.00** Urban Secrets **10.00** The West Wing **12.00** What a Trace **1.00** CSI: Crime Scene Investigation **2.00** Film Bloods **3.00** Fish Town **4.00** Thin West Wing **8.00** Without a Trace **7.00** CSI: Crime Scene Investigation **8.00** Blue Bloods **9.00** Twin Peaks: The Return **10.10** The Leftovers **11.25** Game of Thrones: The Story So Far **12.35** Public Enemy **3.10** Nurse Jackie **4.10** The West Wing

W SKY 109

8.15 Judge Faith **7.00** My Dream Home **8.00** My Family **10.00** The Big Bang Theory **11.00** Tipping Point **2.00** James's 30 Minute Meals **2.00** MasterChef USA **3.00** Who Do You Think You Are? **4.00** My Family **5.00** Tipping Point **7.00** Only Born Every Minute **9.00** MasterChef USA **9.00** Criminal Minds: Beyond Borders **10.00** The Callousness Time Show **10.40** EastEnders **11.20** One Born Every Minute **12.20** Motorway Cops **1.20** MasterChef Australia **2.10** The Strain **3.00** Horne Shopping

GOLD SKY 110

7.20 The Pigeit Files **8.20** Ever Decreasing Circles **9.00** The Rattles Empire **9.40** Last of the Summer Wine **11.50** Ever Decreasing Circles **12.20** The Rattles Empire **1.00** Penridge **1.00** Open All Hours **2.20** The Vicar of Dibley **3.00** Fawlty Towers **3.40** Last of the Summer Wine **5.40** Fawlty Towers **6.20** Open All Hours **7.00** The Vicar of Dibley **7.40** Fawlty Towers **8.20** Red Dwarf **9.00** Blackadder: The Third **9.40** Gavin & Stacey **10.20** Live at the Apollo **11.20** Peep Show **12.00** The Young Ones **12.45** Live at the Apollo **1.45** Frinch and Saunders **2.20** Big School **2.55** Frinch and Saunders **3.20** Little Britain **4.00** Horne Shopping

SKY SPORTS 1 SKY 401

8.00 Premier League Legends **9.00** Premier League 100 Club **10.00** Premier League Years **12.00** Football's Greatest Teams **1.00** Great Sporting Moments **2.00** Premier League Legends **3.00** Spanish Football Gold **3.30** Football Gold **4.00** Football's Greatest Players **5.00** Premier League 100 Club **6.00** Premier League Legends **7.00** Live House Racing **9.00** Fight Night **11.00** Sky Sports Boxing Gold **12.00** Premier League 100 Club **1.00** Football's Greatest Teams **2.00** Premier League Years **4.00** Sporting Heroes: Stuart Barnes Interviews Martin Pope

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FOOD HYGIENE RATING 5

Wednesday July 12th

BBC1

DAYTIME

6.00 Breakfast (S) 8.15 Right on the Money (S) 10.00 Homes Under the Hammer (S)(R) 11.00 Neighbourhood Plans (S)(R) 11.45 Pay Off Britain: Holidays (S)(R) 12.15 Wimbledon 2017 (S) 1.00 BBC News at One Weather (S) 1.30 BBC Regional News and Weather (S) 1.45 Wimbledon 2017 (S) 6.00 BBC News at Six, Weather (S) 6.30 BBC Regional News and Weather (S)

7

7.00 **The One Show** Martin Clunes joins Matt Baker and Alex Jones for a summer special live from Perranporth beach in Cornwall (S) BBC News, Regional News (S)

8

8.00 **Watchdog Live** The team meets people whose vehicles have suddenly lost power in the middle of the road (S)

9

9.00 **The Week the Landlords Moved In** A 25-year old landlord spends a week living in one of his properties, Last in the series (S)

10

10.00 **BBC News at Ten** (S)
10.30 **BBC Regional News** (S) National Lottery Update (S)
10.45 **Room 101 – Extra Storage** With Rob Delaney Davina McCall and Laurence Fox (S)

11

11.25 **Supermarket Shopping Secrets** Gregg Wallace and Babita Sharma look at the retailers attempts to outdo one another Last in the series (S)(R)

AFTER 12

12.25 **Weather for the Week Ahead** (S) 12.30 BBC News (S)

BBC2

6.00 **The TV That Made Me** (S)(R) 8.30 **Right on the Money** Consumer advice with Dominic Littlewood (S)(R) 7.15 **Bargain Hunt** (S)(R) 8.00 **Sign Zone: Great British Menu** (S)(R) 9.00 **Victoria Derbyshire** News and current affairs (S) 11.00 **BBC Newsroom Live** (S) 11.30 **Daily Politics** Including Prime Minister's Questions..(S) 1.00 **Wimbledon 2017** Continued coverage from the All England Club (S)

7

8

8.00 **Today at Wimbledon** Clare Balding introduces highlights of the ninth days play at the All England Club (S)

9

9.00 **Gardeners' World** Monty Don gives advice on how to prune summer flowering shrubs, including Weather (S)

10

10.00 **QI** With guests Miles Jupp Deirdre O'Kane and Phill Jupitus. (S)(R)
10.30 **Newsnight** (S)

11

11.10 **Weather** (S)
11.10 **Hospital** (S)(R)

AFTER 12

12.15 **Sign Zone: Eat Well for Less?** (S)(R) 1.10 Incredible Medicine: Dr Weston's Casebook (S)(R) 2.15 This Is BBC Two (S)

ITV

6.00 **Good Morning Britain** (S) 8.30 **Lorraine** (S) 9.25 **The Jeremy Kyle Show** (S) 10.30 **This Morning** (S) 12.30 **Loose Women** (S) 1.30 **ITV News** (S) 1.55 **ITV Regional News** (S) 2.00 **Judge Rinder** (S)(R) 3.00 **David Dickinson's Name Your Price** (S) 3.59 **ITV Regional Weather** (S) 4.00 **Tipping Point** (S)(R) 5.00 **The Chase** (S)(R) 6.00 **ITV Regional News** (S) 6.30 **ITV Evening News;** Weather (S)

7

7.00 **Emmerdale** Harriet receives a visit from the bishop at an inconvenient moment (S)
7.30 **Coronation Street** Liz signs over her half of the Rovers (S)

8

8.00 **Love Your Garden** Alan Titchmarsh and the team head to Chandlers Ford in Hampshire to help the Richardson family (S)

9

9.00 **Joanna Lumley's India** Joanna meets the Maharaja of Dungarpur who shows her around his lakeside palace. (S)

10

10.00 **ITV News;** Weather (S)
10.30 **ITV Regional News;** Weather (S)
10.40 **Paul O'Grady: For the Love of Animals – India** (S)(R)

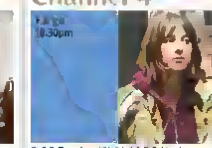
11

11.40 **Goodwood Festival of Speed First Glance** Action from the Goodwood Estate. (S)

AFTER 12

12.35 **Jackpot247** 3.00 1000 Heartbeats (S)(R) 3.50 ITV Nightscreen 5.05 **The Jeremy Kyle Show** (S)(R)

Channel 4



8.35 **Frasier** (S)(R) 10.05 **Undercover Boss USA** (S)(R) 11.00 **A Place in the Sun: Winter Sun** (S)(R) 12.00 **Channel 4 News** (S) 12.05 **Couple Come Dine with Me** (S)(R) 1.05 **Posh Pawnbrokers** (S)(R) 2.10 **Countdown** (S) 3.00 **A Place in the Sun: Winter Sun** (S)(R) 4.00 **Best of Both Worlds** (S) 5.00 **Four in a Bed** (S)(R) 5.30 **Come Dine with Me** (S)(R) 6.00 **The Simpsons** (S)(R) 6.30 **Hollyoaks** (S)

7

7.00 **Channel 4 News** (S)

8

8.00 **Ackley Bridge** Mandy's personal and professional lives collide when Alya reveals her and Sadiq's affair at the school's first Open Day Last in the series (S)

9

9.00 **24 Hours in A&E** A 36-year-old man is rushed to St George's after being involved in a high-speed road traffic collision. (S)

10

10.00 **The Windsors** Harry buys a nightclub and asks Kate to be the DJ (S)
10.30 **Farge** Nicki is arrested in connection with Ray's death. (S)

11

11.30 **Catching a Killer: The Wind in the Willows Murder** The investigation into the killing of antiquarian book dealer Adrian Greenwood. (S)(R)

AFTER 12

12.45 **Bamsay's Hotel Nell** (S)(R) 1.30 Real Fake or Unknown (S)(R) 2.20 The Secret Life of the Zoo (S)(R) 3.15 Inside Our Homes (S)(R) 4.10 Selling Houses with Amanda Lamb (S) 5.05 Location Location Location (S)(R)

Channel 5

6.00 **Milkshake!** 8.15 **The Wright Stuff** 11.15 **House Doctor** (S)(R) 12.15 **5 News Lunchtime** (S) 12.45 **Big Brother** (S)(R) 1.10 **Access** (S) 1.15 **Home and Away** (S) 1.45 **Neighbours** (S) 2.15 **NCIS** (S)(R) 3.15 **FILM Rags to Riches. Ultimate Life** (2013) (RG) (S) 5.00 **5 News at 5** (S) 5.30 **Neighbours** (S)(R) 6.00 **Home and Away** (S)(R) 6.30 **5 News Tonight** (S)

7

7.00 **All New Traffic Cops** Police find weapons after stopping and searching a car they suspect may be carrying drugs (S)(R) 5 News Update (S)

8

8.00 **The Highland Midwife** In the north of Scotland Morven closely monitors mum-to-be Emma (S) 5 News Update (S)

9

9.00 **The Bubble Wrap Boy: Extraordinary People** The story of 16-year-old Mithun Chauhan who suffers from an extremely rare genetic condition (S)

10

10.00 **Big Brother** Daily round-up of highlights featuring the latest rasks games arguments, laughs diary room visits and bedroom chit-chat. Narrated by Marcus Bentley (S)

11

11.05 **Big Brother's Bit on the Side** Rylan Clark Neal presents the live Big Brother companion show (S)

AFTER 12

12.00 **Generation Poverty Gap: On Benefits** (S)(R) 1.00 SuperCasino (S) 3.10 **The Dog Rescuers with Jilan Davies** (S)(R) 4.00 **Now That's Funny!** (S)(R) 4.40 **House Doctor** (S)(R) 5.10 **Great Artists** (S)(R) 5.35 **Wildlife SOS** (S)(R)

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DIGITAL

ITV2 SKY 118 FV 6

6.00 Vicky Pattison: The Hot Desk 6.30 You've Been Framed! Gold 7.30 Vanderpump Rules 7.20 The Fillen DeGeneres Show 8.00 Emmerdale 8.00 You've Been Framed! Gold 8.30 Scrap on 10.25 Below Deck 11.25 Vanderpump Rules 12.20 Emme dale 1.30 You've Been Framed! Gold 2.00 The Fillen DeGeneres Show 2.50 The Jeremy Kyle Show 5.00 Judge Rinder 6.00 You've Been Framed! Gold 6.30 You've Been Framed! Gold 7.00 You've Been Framed! Gold 7.30 You've Been Framed! Gold 8.00 Two and a Half Men 8.00 Love Island 10.00 Celebrity Juice 10.50 Family Guy 11.45 American Dad! 11.45 Two and a Half Men 1.55 Rotherlown 2.30 Teleshopping

ITV3 SKY 119 FV 10

6.00 Man About the House 6.25 Heartbeat 7.20 Where the Heart Is 8.25 Wild at Heart 9.25 Judge Judy 10.00 Road to Avonlea 11.55 Love Your Families 1.00 Heartbeat 2.05 The Royal 3.10 Wild at Heart 4.10 Man About the House 4.50 Rising Damp 5.20 George and Mildred 5.55 Heartbeat 7.00 Murder, She Wrote 8.00 Lewis 10.00 Law & Order UK 11.00 Wycliffe 1.55 ITV3 Nightscreen 2.30 Teleshopping

BBC4 SKY 116 FV 9

7.00 100 Days+ Weather 7.30 Handmade By Royal Appointment 8.00 Hunting the Nazi Gold Train 9.00 Sound Waves. The Symphony of Physics 10.00 Railways: The Making of a Nation 11.00 Petespole with Huw Edwards 12.00 The Renaissance Uncle ed 1.00 Horizon: Solar Storms – The Threat to Planet Earth 2.00 Voyages of Discovery 5.00 Hunting the Nazi Gold Train 3.55 Close

E4 SKY 136 FV 28

6.00 Brooklyn Nine-Nine 9.00 Melissa & Joey 10.00 Baby Daddy 11.00 How I Met Your Mother 12.00 New Girl 1.00 Brooklyn Nine-Nine 2.00 The Big Bang Theory 3.00 How I Met Your Mother 4.00 New Girl 5.00 2 Broke Girls 6.00 The Big Bang Theory 7.00 Hollyoaks 7.30 The Goldbergs 8.00 The Big Bang Theory 8.00 FILM: The Inbetweeners Movie (2011) (15) 11.00 The Big Bang Theory 11.55 Gogglebox 1.00 Rude Tube 2.05 Date Fiders 2.55 First Dates 3.50 First Dates Abroad 4.15 How I Met Your Mother 4.35 Baby Daddy

MDRE4 SKY 138 FV 14

6.50 A Place in the Sun: Summer Sun 10.00 Four in a Bed 11.40 A Place in the Sun: Summer Sun 2.50 Time Team 4.00 Cat SOS 6.00 The Supervet 7.50 Grand Designs 9.00 Grand Designs Australia 10.00 The Million Pound Hotel 11.05 A Out of 10 Cats Does Countdown 1.10 Grand Designs Australia 2.10 Grand Designs 3.15 A Out of 10 Cats 3.55 Close

FILM4 SKY 315 FV 15

11.00 Footsteps in the Fog (1955) (PG) 12.45 The Charge of the Light Brigade (1936) (PG) 3.20 Tomahawk (1951) (PG) 5.00 Carry On Spy ng (1964) (U) 6.40 Fves After: A Cinderella Story (1998) (PG) 9.00 Men n Black II (2002) (PG) 10.40 Rise of the Planet of the Apes (2011) (12) 12.40 Yellow Creek (2013) (15) 2.20 The Bay (2012) (15) 4.00 Close

DAVE SKY 111 FV 12

6.00 Horne Shopp ng 7.00 Deadly 60 8.10 American Pickers 9.00 Storage Hunters 10.00 American Pickers 12.00 Deadly 60 1.00 Top Gear 3.00 Objects 4.00 Steve Austin's Broken Skull Challenge 5.00 Top Gear 7.00 Sn ity Motors 8.00 QI XL 10.00 Mock the Week 11.20 Russell Howard's Good News 12.00 Would I Lie to You? 12.40 Would I Lie to You? The Unseen Bits 1.20 QI 2.40 8 Out of 10 Cats 3.10 Su ie 4.00 Horne Shopp ng

DRAMA SKY 158 FV 20

7.10 The Bill 8.00 Dangerfield 9.00 Monarch of the Glen 10.00 All Creatures Great and Small 11.00 The Bill 1.00 Last of the Summer Wine 1.40 We ring for God 2.20 Birds of a Feather 3.00 Dangerfield 4.00 Monarch of the Glen 5.00 All C eatures Great and Small 6.00 We ring for God 6.40 Last of the Summer Wine 7.20 Keeping Up Appearances 8.00 Judge John Deed 10.00 Jonathan Creek 12.40 Birds of a Feather 1.10 Spooks 3.20 Garden Rescue ng 4.00 Horne Shopping

SKY1 SKY 106

6.00 Road Wars 6.00 Zeo Tales 9.00 It's Me or the Dog 10.00 Nothing to Declare 11.00 Sanctuary 12.00 NCIS: Los Angeles 1.00 Hawa i Fi ve-O 3.00 NCIS: Los Angeles 4.00 Stargate Atlantis 5.00 Mode n Family 8.00 Futurama 6.30 The Simpsons 8.00 F eddie Fries Again 9.00 Colony 10.00 Game of Thrones. Greatest Moments 11.00 Ross Kemp: Extreme World 1.00 An Ambulance Er 3.00 Nothing to Declare 4.00 RSPCA: Animal Rescue 5.00 Highway Cops

SKY ATLANTIC SKY 108

10.00 The West Wing 11.00 Without a Trace 1.00 CSI: Crime Scene Investigation 2.00 Blue Bloods 3.00 Fish Town 4.00 The West Wing 5.00 Without a Trace 7.00 CSI: Crime Scene Investigation 8.00 Blue Bloods 9.00 Threenocest. Wai Room 10.00 Pharmacy Raid 10.40 Seven Days in Hell 11.45 The Sopranos 2.15 Nurse Jackie 4.00 The West Wing

W SKY 109

8.10 Judge Fa th 7.00 My Dream Home 8.00 My Family 10.00 The Bill 11.00 Tipping Point 1.00 James's 30 Minute Meals 2.00 MasterChef USA 3.00 Who Do You Think You Are? 4.00 My Family 6.00 Tipping Point 7.00 One Born Every Minute 8.00 MasterChef USA 9.00 Educating Yorkshire 10.00 The Dressing Room 11.00 The Catherine Tate Show 11.40 One Born Every Minute 12.40 Traffic Cops 1.35 MasterChef Australia 2.30 Judge Fath 3.00 Home Shopping

GOLD SKY 110

7.20 The Piglet Files 8.20 Ever Decreasing Circles 9.00 The British Empire 9 40 Last of the Summer Wine 11.40 Fve Decreasing Circles 12.20 The British Empire 1.00 Fawlty Towers 1.40 Open All Hours 2.20 The Vicar of Dibley 3.00 Fawlty Towers 3.45 Last of the Summer Wine 5.00 Porridge 6.20 Open All Hours 7 00 The Vicar of Dibley 7.38 Fawlty Towers 8.20 Still Open All Hours 9 00 Some Mothers Do 'Ave Em 9 Gavin & Stacey 10.20 Live at the Apollo 11.20 Peep Show 12 00 The Young Ones 12.40 Live at the Apollo 1.50 French and Saunders 2.25 Big School 2.55 French and Saunders 3.25 Lithe Britain 4.00 Home Shopping

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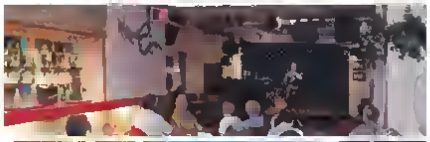

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Business

Contact Alex Iszatt with your business news and stories at alex@theoxfordpaper.co.uk

Election result sees 5% drop in consumer confidence

In the aftermath of the general election, credit information provider Equifax conducted its monthly Consumer Confidence survey

Perhaps not surprisingly given the hung Parliament result, there was a five per cent drop in those consumers who felt very confident that they would be able to afford their monthly financial commitments such as rent mortgages personal bills, credit cards loans etc in the next month, compared to the responses at the end of May

It seems according to the YouGov research commissioned by Equifax, that men were more impacted by the result than women. There was an eight per cent drop compared to the end of May in men feeling very confident, three per cent less women felt very confident.

The younger generations saw the biggest drop in confidence. Seven per cent less 18 to 24-year-olds said they felt confident about meeting their financial commitments.

However the older generations also seem to be concerned about the consequences of the general election result, with six per cent less from the group aged 55+ saying they felt confident about being able to afford the next month's financial commitments.

Regionally consumers in the south east dropped the most in confidence with 11 per cent less feeling confident about their financial commitments. There was a fall in confidence of eight per cent among Yorkshire and Humberside residents and eight per cent of those living in the West Midlands felt very confident about managing their finances

Just two regions saw an uplift in confidence month on month. In Wales there was a six per cent increase in those feeling very confident, while there was a three per cent increase among those living in the east.

Lisa Hardstaff, consumer credit information expert at Equifax, said. "Clearly it is very early days in terms of what the true impact of the general election will be on individuals finances

"But what the study by YouGov does show is that, in the early days there was an increased concern amongst consumers about their financial stability

"Anyone struggling to keep track of their money can create a financial plan, for both their short and long-term financial commitments.

"Anybody who has concerns about their finances can also gain some understanding of their financial situation by obtaining a copy of their credit report."

Wallingford engineering firm named as one of the UK's best

Engineering and environmental hydraulics organisation HR Wallingford has been announced by the New Civil Engineer as one of the top-100 civil engineering companies at an industry event at the Grosvenor House Hotel in London.

HR Wallingford, based at Howbery Business Park, is one of the fastest climbers in this year's rankings, having risen 28 places to 15th in this year's NCE 100

As well as celebrating the top 100 civil engineering companies in the UK, the event also highlights those firms which excel in each of the New Civil Engineer's 18 award categories

HR Wallingford was named as a finalist in the Technology Champion Award for its use of innovative technologies while working on the £300million Aberdeen Harbour extension project.

The company prides itself on its technical excellence and on attracting and developing talent. It has strong links with universities and colleges and its staff – many of whom are international authorities in their field– act as visiting tutors and professors

New Civil Engineer editor Mark Hansford said. "This year New Civil Engineer has for the first time sought out, assessed and recognised the top 100 firms in civil engineering based on the cultures, competencies and skillsets that we passionately believe matter most."

HR Wallingford is keen to play its part in promoting equality and diversity in the engineering industry – 38 per cent of its engineers and scientists and its chair are female and the workforce includes 24 different nationalities

Speaking on June 23, which is International Women in Engineering Day (INWED17). Ian Cruickshank, HR Wallingford's director of engineering, said. "I'm fully behind initiatives that support equality and diversity in our profession.

Staff at HR Wallingford, which has been named as one of the top-100 civil engineering companies

"When I was at university in the 1980s there were just three women in a cohort of 90 students

"Things have improved since then but more can be done, both in the industry as a whole and here at HR Wallingford.

"We are making positive steps, and I'm proud to say that 100 per cent of the latest group of my colleagues sitting and passing their Institution of Civil Engineer exams were women."

HR Wallingford's chief executive, Dr Bruce Tomlinson, said "We are extremely pleased to have been acknowledged in the NCE 100 and progressed into the top 20 ranked UK civil engineering companies

"This recognises the fantastic expertise and hard work of the team at HR Wallingford who contribute to the services we provide to our clients and the latest research and technology upon which these services are built."

Caring staff honoured for creating Magic Moments

The care team at Crabwall Hall Care Home in Mollington, near Banbury, are celebrating its part in winning the national award for best residential care provider 2017

Crabwall Hall is run by Brighterkind and in selecting the care home group as the prestigious award winner the judges praised its focus on the quality of life of its residents.

Crabwall Hall has Magic Moments which is a varied programme of recreation, activities and entertainment, together with a Wishing Well scheme, which fulfils wishes for individual residents whenever possible, to experience something they have long wanted to do or to be taken somewhere they want to visit.

The judges described these programmes, which feature in all Brighterkind homes as inspirational.

The judges also commended the leadership for enabling a positive team culture and giving its people the skills and empowering them to deliver the organisational values, which are summed up in its theme of love every day

The judges said. "What more could you want" Simple, from the heart, every moment matters, be happy and sort it"

Gillian Lambert, home manager at Crabwall Hall, said. "Our Magic Moments programme is planned to promote a sense of wellbeing and, above all, to be enjoyable.

"Our activities co-ordinators organise a varied programme including exercise classes that help to keep older people fit and mobile; musical events and sing-alongs, arts crafts and hobbies, games entertainers and outings

"We also host events for relatives and friends in the community. We remember always that this our residents home.

"We consult them about how they want to be cared for about the sorts of activities and entertainments they want and when planning menus for the dining room."

The national award programme is run in conjunction with Health Investor magazine

Brighterkind, which has been established only three years is the sixth largest care home operator in the UK with 70 homes across the country

The Crabwall Hall Care Home team celebrate winning their award

Co-op promises to support eight issues affecting county residents

The Midcounties Co-operative has pledged to tackle eight causes and issues that have an impact on the people of Oxfordshire including loneliness and supporting mental health.

A steering group made up of the society's colleagues, members and board members was previously tasked to research and identify issues affecting six communities in Oxfordshire.

Looking at the findings, central Oxford and White Horse regional area pledging to improve sustainability and protecting the area's green spaces.

Supporting families living on the poverty line was also identified as a key focus in central Oxford and White Horse, so colleagues will host regular food bank drives across its sites to support this cause. White Horse will commit to helping elderly people in the area as well.

Developing young people is a priority for Kidlington and the team has committed to help develop their skills and provide support for those living with young-onset dementia.

Chipping Norton has also pledged to support children and young adults in the area, alongside tackling anti-social behaviour.

Bicester and Banbury will be focusing their fundraising and volunteering efforts to support residents who are affected by loneliness or mental health problems.

All food stores across Banbury are now Safe Place accredited, which means that colleagues are trained to assist vulnerable or elderly customers with their shopping or even take the customer to the cafe or staff room if they simply need to relax and feel at ease in a quiet, less crowded space.

The Midcounties Co-operative has pledged to tackle eight issues that impact people in Oxfordshire

The Midcounties Co-operative will work to support these causes by teaming up with local charities to provide work experience placements and employment for those who are homeless, living in poverty or have mental health problems.

Colleagues will also continue to fundraise, volunteer and donate grants for their chosen causes.

The announcement forms part of The Midcounties Co-operative's Regional Communities strategy, which sees members and colleagues come together to provide meaningful support for local community groups through volunteering and fundraising initiatives.

Peter Locke, one of the leadership team ambassadors at The Midcounties Co-operative in Oxfordshire, said: "Our work in the communities where we operate is about building a legacy to improve the lives of people in Oxfordshire.

"We're confident that we can make a real difference to residents and local community groups by focusing our support on the issues that matter to them.

"The causes we've chosen to support were all identified by our local members, colleagues and board members as being extremely important to our community, and we're looking forward to collaborating with local charities and community groups to help tackle these causes."

The Midcounties Co-operative is a consumer co-operative owned by members. The society has given more than £11million back to its communities over the past decade, and its colleagues gave 36 000 volunteer hours in 2016.

Little Kickers 'over the moon' with award

Headquartered in Oxfordshire, children's football training provider Little Kickers has won British Franchise Association's (BFA) Brian Smart Award for International Development at the BFA HSBC Franchisor of the Year Awards 2017.

The business was selected for its consistently successful international expansion. Founded by Christine Stanschus in London in 2002, Little Kickers currently operates in 21 countries worldwide, with headquarters in Oxfordshire and Toronto.

Little Kickers aims to provide children with a positive introduction to sport by running educational football programmes for children under seven years of age.

The Brian Smart Award for International Development 2017 focuses on franchisors that have used international expansion as a route for growth.

Little Kickers was competing with Devon-based Water Babies, global provider of baby and toddler swimming lessons, in this category.

Christine Stanschus, founder and CEO of Little Kickers, said: "We are absolutely over the moon. It is such an honour to receive the Brian Smart Award for International Development.

"Winning in this category is particularly exciting because we are being recognised as a truly international brand which is so important – not only for our business but for other businesses that want to expand into global markets."

Football training providar Little Kickers has been given the Brian Smart Award for International Development

Pip Wilkins, CEO of the BFA, said: "Little Kickers' achievement is truly inspiring and as judges we couldn't help but notice the team's passion for international expansion and how they've done it so well.

"We are excited to see how the business grows and shapes itself in the near future."

Pumping new companies into Didcot

Oxford commercial property consultant VSL & Partners has announced a further letting at Park 34, Didcot to Ebara Pumps Europe S.p.A. (UK branch).

Ebara Pumps Europe will relocate from its existing facility in Uxbridge as part of its plans for future growth.

The business, which employs 15 staff in the UK, is a branch of Ebara Pumps Europe S.p.A. Italy which is part of the multi-national Ebara Corporation of Japan, recognised as a global leader in the design and manufacture of pumps.

Ebara has established a reputation for reliable, high performance products manufacturing pumps from the most durable materials to fulfil the market requirements, in particular pressed stainless steel suitable for many different applications, and environments.

The product range includes surface mounted pumps, submersible pumps, and booster sets all suitable for domestic as well as industrial applications. The design and construction allows for a long life cycle and ease of maintenance.

Rick Monahan, general manager of the UK branch, said: "We were very pleased to be able to relocate the business from Uxbridge to Didcot.

"We have hugely increased our office and warehouse space, so enabling us to provide a superior service to our customers.

"Access to Didcot is very good, which is important for our multiple weekly deliveries from the Italian factories and our daily dispatches for delivery to sites throughout the UK and Ireland."

Tom Barton, director at VSL & Partners, said: "This deal underlines the strength of demand for good quality warehouse space in the area with Didcot the main driver for industrial transactional activity in the county.

"Industrial supply in Oxfordshire is at unprecedented low levels which could potentially lead to occupiers needing to relocate out of the Oxford area.

"Despite this, Park 34 was able to provide Ebara Pumps Europe high quality space to house its future growth and we wish them continued success."

VSL agreed a letting of Unit A comprising 19 441 sq ft to Ebara Pumps Europe, which is managed by Standard Life Investments on behalf of South Yorkshire Pensions Authority. This follows on from a further letting at Unit B comprising 16 490 sq ft to Henley Designs.

Property

Sought-after Didcot development Great Western Park is now fully sold out

DAVID Wilson Homes' popular development Great Western Park in Didcot has successfully sold out following a surge in sales

Since its launch in 2011, the beautiful collection of two three and four bedroom homes have been in demand by interested buyers looking for stylish, modern properties in this sought after town

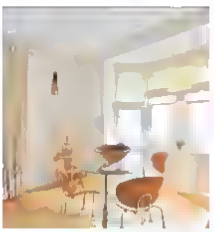
From house hunters taking their first steps on to the property ladder to families looking for more space the homes at Great Western Park have continued to meet the needs of homebuyers in the area.

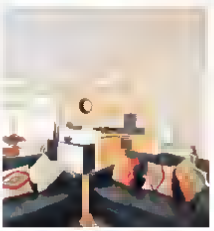
Sharon Smith, sales manager at David Wilson Homes Southern said, "The recent surge in sales at Great Western Park has led to all the new homes being completely sold.

"It s no surprise the homes here have proven popular with house buyers in the area Great Western Park is a beautiful development that offers expertly crafted homes "

Sharon added, "We would encourage anyone who missed out on the chance to own a home at Great Western Park to come and see the stylish new homes available at our nearby Abbotts Meadow development " Call 0844 811 4333 or visit dwh.co.uk.

Brewery apartment is full of cheer... and a stylish design





STYLED by interior designers, a first floor apartment with two double bedrooms, two bathrooms and which benefits from its own private garage is available at The Lion Brewery

This is a landmark city centre development which is within five minutes walk from Oxford's new Westgate Development, including the new John Lewis outlet due for opening in October 2017

It is available from September 21 at £1,900pcm.

For further details or to arrange a viewing, contact Martin & Co Oxford on 01865 812118 or email oxford@martinco.com.

Oxford buy-to-let predictions up to 2037

Bill Cooper co-author of The Oxford Property Blog and managing director of Martin and Co, Oxford

On several occasions over the last few months in my Oxford Property Blog, I have touched on the fact that the rate of rental inflation (i.e. how much rents are rising by) has eased over the last year. At the same time I flagged that in some parts of the UK rents had actually dropped for the first time in more than eight years. Research backs this up this prediction.

Rents in Oxford for new tenancies fell by 0.4 per cent in the last 12 months (i.e. not existing tenancies). When we compare that current rate with the historical rental inflation in Oxford, an interesting pattern emerges:

- 2016 - Rental inflation in Oxford was 5.1 per cent
- 2015 - Rental inflation in Oxford was 9.4 per cent
- 2014 - Rental inflation in Oxford was 3.2 per cent

The reason behind this change depends on which side of the demand/supply equation you are looking from. On the demand side (from the tenants' point of view) there is the uncertainty of Brexit and the fact that salaries are not keeping up with inflation for the first time in three years.

Critically this means tenants have less disposable income to pay their rent. As an aside, it is interesting to note that nationally rent accounts for 29 per cent of a tenant's take home pay.

On the supply side of the equation (landlords' point of view) Brexit also creates uncertainty. However the biggest issue was a massive upsurge of new rental properties coming on to the market in late 2016, caused by George Osborne's new three per cent stamp duty tax for landlords in the first part of 2016.

This meant a lot of new rental properties were 'dropped' onto the rental market all at the same time as landlords scrabbled to buy before the new tax was introduced.

The greater choice of rental properties for tenants curtailed rental growth/inflation. A slight softening of Oxford property prices has compounded this.

Figures from The Bank of England suggested that first time buyers rose over the last 12 months as some were more inclined to buy instead of rent. Together, these factors played a part in the ongoing moderation of rental growth.

The lead-up to the general election didn't help, after all people don't like doubt and uncertainty. So now that the government has a mandate for going forward over the next five years, hopefully that has removed any stumbling blocks stopping tenants making the decision to move home. Although, it hardly feels like a five-year government!

Whether it be 'hard' or 'soft' Brexit (and with the election result the Tories might have to be 'softer' on those negotiations) the simple fact is...we aren't building enough properties for us to live in.

In Oxford, the south east and the wider UK, long-term population trends imply that rents will soon be growing faster than inflation again. Look at the projections by the Office of National Statistics:

Population estimates for Oxford City Council area: the next 20 years

2016 (actual)	161 870
2021	166 412
2026	171 231
2031	176 689
2036	180 045

Tenants will still require a vibrant and growing rental sector to deliver them housing options in a timely manner. As the population grows in Oxford and further afield, any restriction to the supply of rental properties (brought about by poor returns for landlords) cannot be in the long-term best interest of tenants.

Simply put, rents must go up! I see this as a short-term blip and rents will continue to grow in the coming years. With rents only accounting for 29 per cent of a tenant's disposable income, the ability for most tenants to absorb a rent increase does exist.

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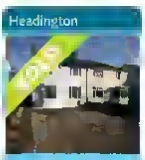

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Recruitment

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Office politics 'at its most rife' in civil service

Whispers by the water cooler, a quick gossip at the kettle boils or a raised eyebrow in a meeting; we've all experienced office politics at work.

Our colleagues, the people we often spend more time with than our own friends and family, can become our closest allies, where discreet chats about the accounts department being late for work again, underpin our daily work routine.

DBS check provider uCheck wanted to delve deeper into the office politics of business sectors throughout the UK, to find out which industry harboured the highest levels of hushed conversations.

They also wanted to see how people felt about office politics - is it something to avoid at all costs or a tactic to help you get ahead at work?

The survey of 1,500 respondents firstly asked whether people felt that office politics existed in their workplace. The results of the survey found that the civil service had the highest rate of office politics (78 per cent) according to employees in that sector, while the legal sector had the lowest at 57 per cent.

So, should civil service workers be avoiding the water cooler or making an active beeline for it? uCheck asked workers whether they thought joining in with office politics would help them gain promotions - and surprisingly, over a third answered yes.

Interestingly, however, when broken down by gender the survey found that the majority of workers holding this view were men.

Following in a similar suit, nearly a third of survey respondents felt that office politics can be a positive phenomenon in the work place.

Furthermore, almost half of workers felt that getting involved in office politics was unavoidable.

uCheck consulted leading psychologist Robert Stewart, who said: "It may appear surprising that such a considerable number of people find office politics unavoidable, however it is worth considering that standing around the water cooler discussing colleagues doesn't stray too far from our evolution, albeit with watercoolers replaced with waterholes and colleagues with predators.

"People have a natural tendency to want to find their position within a group or tribe, so office politics becomes an inherent part of the work environment.

"People can often feel that if colleagues are engaging in talk around others, that they can become the object of the topic unless they become complicit. Thus to be part of the in-group, they feel it a necessity to become involved.

"Often others will seek their opinions on colleagues, thus leaving the individual with little choice but to voice their thoughts.

"While one would hope that a mutual respect would exist between all colleagues working under the same roof, we are human and possess a number of biases and judgements regarding others.

"Equality within the workplace is a key part of well-being and strongly correlated with high states of satisfaction and subsequent productivity.

"When thinking about office politics and how to manage it, consider the longer-term outcome. A small conversation may benefit you there with that person, but the longer-term impact of others judgements of you will be much more damaging.

"Prepare yourself a script, 'I can see your point, but it's really not my place to comment etc' You may receive the cold shoulder or feel silly, but your reputation will soon become consistent as the person who doesn't engage in office politics and therefore is more trustworthy."

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Motors

Prepare for an even wilder ride

Aston Martin's wildest-ever car the track-only Aston Martin Vulcan has been taken to breathtaking new extremes with a performance upgrade package developed by the luxury marque s new performance brand, AMR

Making its public debut at the Goodwood Festival of Speed, the Aston Martin Vulcan AMR Pro sports extensive aerodynamic enhancements and shortened gearing to produce increased downforce greater responsiveness and reduced lap times improvements that underline its status as one of the world s most extreme and exclusive track cars.

Built in a strictly limited run of just 24 cars and delivered to customers throughout 2016 the 820BHP Aston Martin Vulcan was conceived and engineered to deliver the excitement and exceed the performance of Aston Martin s Le Mans-winning race cars.

Over the last two years, Aston Martin Vulcan owners have received step-by-step driver training by Aston Martin s expert team of instructors among them works driver and three-time Le Mans winner Darren Turner

The lucky customers have participated in exclusive driving events held at some of the world's best Formula One circuits including Circuit of the Americas in the USA, Spa Francorchamps in Belgium, Yas Marina in Abu Dhabi and, naturally Aston Martin's home circuit, Silverstone.

By enhancing its already prodigious capabilities the Aston Martin Vulcan AMR Pro offers customers the chance to further develop their driving skills and enjoy an even more intense driving experience.

The Aston Martin Vulcan AMR Pro s aerodynamic enhancements begin at the front-end with louvred panels added above the front wheel arches to extract high pressure air and reduce aerodynamic lift

A sizeable pair of dive planes have been added to each side of the nose to help pin the front-end to the track and the huge front splitter has turning vanes fitted to its underside to improve steering response

Weight has also been saved with optimisation of the carbon fibre lay-up and core form, reducing the weight of the engine cover by 5kg

Changes to the rear are equally effective and even more dramatic, courtesy of a new rear wing.

Now of dual plane design, rather than the original single plane item, the main element of this enormous rear wing features a 20mm Gurney flap – a simple but hugely effective upstand on the wing s trailing edge – which is supplemented by slotted wing endplates that sport additional 15mm Gurneys to maximise the amount of downforce.

The combined effect of these aerodynamic changes is a major increase in downforce, from the standard Aston Martin Vulcan's 3150Nm to a colossal 4000Nm This compares to 3104Nm generated by the 2017 Le Mans winning Aston Martin Racing Vantage GTE

Aston Martin Racing works driver Darren Turner said of the Aston Martin Vulcan AMR Pro. "I've been fortunate to drive the Aston Martin Vulcan throughout its development programme and at the numerous customer events held since the cars were delivered

"It s an incredible car in every respect—looks sound and, of course, performance.

"We worked hard to ensure it's not a monster to drive, so it was important the AMR Pro upgrade remains true to that objective By increasing the overall level of downforce front and rear-but also improving the balance of the car we ve done just that.

"I can't wait to see the customers' faces when they experience it for themselves."

Aston Martin vice president and chief special operations officer David King said of the Aston Martin Vulcan AMR Pro: "When we first conceived the Aston Martin Vulcan it was to create something that expressed Aston Martin s wilder side.

"The result was an ultimate track car – one free from the regulations and constraints of world championship competition

"Like anything with a motorsport mindset, once we d built and delivered all 24 Vulcans we started thinking about how to make it quicker

"And so the Aston Martin Vulcan AMR Pro was born.

"The shorter gearing makes for truly explosive acceleration between the corners, while the aero package's increased downforce and improved balance gives our customers the all important confidence to explore the extraordinary performance on offer"

New Citroen is worth taking a look at

By Tony Yates

Some of us will go out and buy a new car based on what's currently the hottest car of the moment – I tend to do the opposite of this and instead go and look at what I would consider to be the outsider - the underdog as to say

Of course I m not saying that this week s test of the C3 is any of those things

But, for it to stand any chance of doing well the new C3 will have to pull off something pretty special if it wants to take sales away from the likes of Ford Fiat or Vauxhall

Saying that though, Citroen does tend to have a knack of making a good small car – so I m really not that worried

For a start off it actually looks pretty good – and that s half the battle won when you place a new product against the competition

So to find out if the C3 really is as good as the glossy brochure sitting in front of me says it is – then let s get a move on and see if it s a worthy contender in a market currently flooded with likeable small cars from a range of different manufacturers

Power and Efficiency

The C3 I currently have on test is powered by a three cylinder 1199cc - I've speed turbo charged petrol engine that has 110BHP and a very respectable top speed of 117mph plus a 0-62 time of 9 3 seconds - which in my book is not too bad at all for a three cylinder

Fuel consumption is also very good with a combined figure of 61 4mpg

On the road

It's a little soft, but into the corners it feels very well balanced

A big plus for the C3 is that it has a decent amount of torque – in fact it has 205Nm of it - which allows it to pull very well from pretty much any gear – which surprisingly, made the C3 a joy to drive no matter what the road conditions were

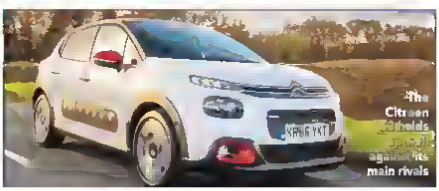
The brakes also felt good and firm – as for the suspension - it actually absorbs England s bumpy roads really well, although as I said earlier - it was a little bouncy, but in a fun way

Design & Technology

As with all Citroens the interior is not bad – but I don t like how Citroen have mixed up the interior colours

For instance, my test car was fitted with brown patches all over it – and that really didn t work for me at all

On a positive note though – it does have easy to read dials and all the controls are in the right



The Citroen C3 holds its own against its main rivals

place and well set out

There is however a small problem Some of the interior plastics look cheap and I think they should have dumped the fancy colourful interior and instead paid a little bit more attention to some of the plastics used on the inside.

Standard equipment is good such as ABS/EBD/EBA hill start assist, Driver & front passenger lateral & curtain airbags iPod/MP3 connection automatic air conditioning six speakers, steering wheel-mounted audio control and split/folding rear seats

You also get a brilliant media sound system which includes satellite navigation, a seven inch colour touch-screen display, DAB radio tuner and Bluetooth audio with USB connectivity

To sum up

I am going to finish it here, but I'm going to give the C3 four stars in this test, not only because I like its looks on the outside but also because I believe it s worth taking a look at.

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Renault looking to bounce right back

Renault are looking to make a positive turnaround in Spielberg. Picture: Renault Sport Formula One Team

F1

Adam Flinn *Reporter*

RENAULT are looking to put the disappointment of Azerbaijan behind them as they look to bounce back at this Sunday's Austrian Grand Prix.

The Enstone based squad were the only team out of the 10 on the grid not to score any points in Baku as both their cars retired.

Jolyon Palmer was forced into the pits after just seven laps with mechanical problems, while Nico Hulkenberg hit the barrier while running in the points.

It was certainly a missed opportunity for Renault to get some big points on the board when a lot of the front-running drivers hit problems, and are looking to make amends this weekend at the Red Bull Ring.

Renault Sport Racing managing director Cyril Abiteboul said: "For Renault there is frustration since Montreal [on June 11]

"We feel the car is much more competitive and that was experienced right from the start of the weekend in Baku but unfortunately this didn't translate into points

"Looking to Austria, we are confident. We will start to see further improvements on the car and we aim to make a fresh and positive turnaround in Spielberg

"We are fully committed to ensuring we get to the right milestones and catch up on lost points from Baku."

Being from just up the road in Germany Hulkenberg is also relishing the chance to return to the scenic Red Bull Ring

He said: "The atmosphere is very relaxed and lots of German fans make the short trip over the border so yes, it almost feels like a home race for me.

"It's a short track with not too many corners. On paper it looks easy but to get a good lap time it isn't so simple.

"Last year was fantastic to be on the front row – I managed to string a good lap together in Q3. It was just a shame not to follow that up in the race."

2020 Olympics to have 'little bit of Blenheim'

David Evans, right, and his team. Picture: *Blenheim International Horse Trials*

Horse trials

THERE will be a little bit of Blenheim at the Tokyo Olympics in 2020 after a Blenheim-based course designer was chosen to build the cross-country horse trials course.

David Evans, course-designer and course builder at the SsangYong Blenheim Palace International Horse Trials, and his team will build the Derek di Grazia-designed course in Japan's capital.

Evans, who lives near Blenheim, is considered one of Britain's best and most popular course-builders

Among his many accolades he has worked at venues such as Chatsworth, Bramham, Gatcombe and Burghley, as well as events in Europe such as Luhmuhlen CCI4.

He said: "I have visited the site – it is fantastic and involves very interesting terrain.

"The organising committee are very welcoming and are doing everything in their power to help us."

Evans and his team built the Mike Etherington-Smith-designed track at the 2008 Olympics in Hong Kong.

Last year he designed Blenheim's CIC3 track and, earlier this year, he took over the CCI3 course at the SsangYong Blenheim Palace International Horse Trials for the first time

Event director Mandy Hervieu said: "I am delighted that David and his excellent team have been awarded this prestigious contract for Tokyo

"Blenheim's cross-country courses are superbly built and beautifully presented, with outstanding attention to detail, and it is great to think that there will once more be a little bit of Blenheim at the Olympics."

Williams aim for double points finish

F1

A DOUBLE points finish is the target for Williams this weekend in Austria after the team produced its strongest showing of the season last time out in Azerbaijan.

Lance Stroll took his first Formula One podium with third place while Felipe Massa thought he could have won had his suspension not failed just after the mid-race stoppage.

And with two podiums at the Red Bull Ring since 2014, chief engineer Paddy Lowe thinks a strong result this year is possible.

He said: "We get a front row lockout in 2014, so we hope the car should be quick once again so we can see how far towards the front we can get in qualifying

"After Lance's podium and Felipe's strong but ultimately frustrated race in Azerbaijan, we have in our sights a double points finish this weekend."

Banbury based Haas have a similar target in mind having scored points in each of the last four races through at least one of their drivers, Romain Grosjean and Kevin Magnussen.

It was Magnussen that brought home six points for seventh place last time out and he is confident of being able to fight in the top-10 once again in Austria. He said: "I definitely feel that at each race points are possible which is a really cool feeling."

Smith blasts back from crash

Bradley Smith whizzes raund the German circuit. Picture: *Gold and Goose*

MotoGP

A CHUFFED Bradley Smith headed into the summer break on the back of a much improved showing in the German MotoGP.

The Red Bull KTM rider from Forest Hill finished 14th at the Sachsenring on Sunday to pick up two points – a week after he crashed out of the Dutch MotoGP in Assen.

Smith said, "After a disappointing Assen we've come back to something that we knew tried and tested with a setting that meaning that I felt happier with.

"I'm pleased with the outcome, putting right last week's crash at Assen with a solid performance and finish before we head into part two of the season."

It was a good day for the Austrian team, who are in their debut season in the premier class.

Smith crossed the line four seconds behind teammate Pol Espargaro, who finished 13th and collected three points

KTM also ran a third bike with test rider Mika Kallio missing out on the points by 0.08 of a second.

The team continue to develop the RC16 bike with two days of testing in Aragon, Spain today and tomorrow

Smith will return to the grid at the Czech Republic MotoGP on August 6 following a five-week break.

Bicester come agonisingly close to victory

Cricket

DAN Savin's all round heroics for Bicester and North Oxford Cricket Club (BNOCC) were all in vain as they lost by six runs at home to Horley

His innings of 90 saw BNOCC enter the final over of the game just 10 away from the target of 241, but it wasn't meant to be

Earlier, after Horley had won the toss and elected to bat Savin's opening burst of 4-26 had reduced them to 31-4 but thanks to David Clark (104), the visitors recovered.

The Horley tail wagged with cameos from David Eaton (28) Steve Palmer (15) and Jamie Abbotts (15) getting them to a par score

In reply openers Matt Collins (19) and Olly Ward (28) got Bicester off to a solid start with a first wicket partnership of 48. However this was abruptly broken when Horley took three wickets without Bicester advancing the score leaving them 48-3

Savin and Ryan Moore (26) took the total towards 100 but Moore was stumped and Chris de Kock fell shortly after for six.

Graham Savin joined his son at the crease with BNOCC still requiring 117 off 18 overs. Father and son put together a partnership of 78 before Savin senior was caught behind off the bowling of Jamie Abbotts for 36

Wickets continued to fall and last man Lewis Moore joined Savin junior out in the middle with 16 needed from 11 balls

After some good running between the wickets, BNOCC narrowed this down to them needing seven from four. However in trying to hit a short ball from Abbotts Savin got a bottom edge and the ball removed the bails, leaving BNOCC devastated.

SPORT

Duo sign on for Oxford City Stars

Ice Hockey

TWO players couldn't hide their excitement as they extended their contracts at Oxford City Stars

Netminder and last season's coach's player of the year Mark Duffy has agreed to a second campaign at Oxpens Road, while defenceman Jake Florey has signed on for a fifth season.

In his first season at Oxford, having joined the Bracknell Hornets. Duffy appeared between the pipes for 23 games and had a save percentage of 85.4 per cent

He said, "I really enjoyed last year with the team and the season really was a great one for me personally

"I couldn't have been happier when I was asked to return. I'm really hoping to play a big part in the success of this club this year and in the years to come and can't wait to get started."

Florey who also picked up awards at the Stars annual end of season awards, said, "I'm excited to be back playing for Oxford this year, and to face different teams and challenges following the re-shuffling of the league structure

"The whole setup this year makes the Stars and exciting organisation to play for, and I can't wait to get back training."

Head coach Kenny Redmond said "said defenceman" Florey and "key player" Duffy will play a major role for the Stars in the season ahead.

'Walking football is better than medicine or therapy'

Walking Football

A MAN who lost the use of his legs for two years after falling from a ladder has praised Witney's walking football club for kick starting his return to health.

Chipping Norton resident Paul Westley said the developing sport is "better than any medicine or therapy" as he continues to recover from his injuries

The 67 year old had retired to live in France when he fell from an extended ladder when cutting a large bough from an Acacia tree.

His injuries were life threatening, leaving him unable to use his left arm and with a shattered left leg – it took two years before he was able to walk again.

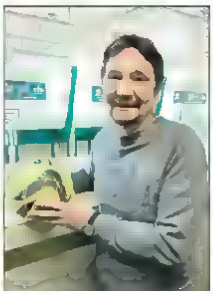
Having returned to the UK last year, Paul believed the severity of his injuries, which included a reconstructed left leg and a titanium plate in his right ankle meant his sporting days were over

He said "I had lost significant fitness and muscle strength, while spending considerable time lying on my back, in a wheelchair and then crutches had had a detrimental effect on my mental well-being in terms of confidence and self-worth."

However Paul tried his first walking football session at the Windrush Leisure Centre in Witney in December 2016

He said that after overcoming his nerves "the initial session has led to a weekly 'pick me up' which is better than any medicine or therapy"

Paul, who attends sessions twice a week in Witney and Chipping Norton Leisure Centre added "The walking football sessions have given me the opportunity to become physically active again, at my own pace in safe surroundings and with a group of people from all backgrounds who share much of the same motivation."



Paul Westley

Walking football, which uses slimbins for players that breach the no running rule...is a slower-paced version of the sport and is accessible to all regardless of age, health or ability

The rules centre around the key principles of no running, low contact and no 'over head height' kicks

The FA launched comprehensive laws of the game in February

Visit tinyurl.com/rx8y87d for more information and for sessions across Oxfordshire.

Consistent Pepperell just shy of the top-20

Golf

CONSISTENCY was key for Abingdon golfer Eddie Pepperell who finished tied for 23rd at the HNA Open de France.

The Frilford Heath member carded three consecutive rounds of level par to put himself in contention for a top-20 finish on the final day in Paris.

The 26-year-old finished on two-under par for round four and the tournament, held at Le Golf National course, after a final-round 69 on Sunday

Pepperell birdied the first and ninth holes in the fourth round before he dropped a shot on the par-four 12th hole

But the world 326 responded with a birdie at the 15th to finish on 282 for the tournament, 10 strokes behind winner Tommy Fleetwood.

Pepperell then failed to qualify for the 146th The Open Championship following a two-round qualifying event in Kent on Tuesday

He followed up a first round of 73 with a second round of 72 at the Royal Cinque Ports to finish tied 17th.

This left him three-over par for the tournament and four shots off a qualification play-off place.

Only 15 players from five final qualification tournaments qualified for the The Open which will tee off at the Royal Birkdale Golf Club in Merseyside on July 20

Canadian Austin Connelly and Englishmen Robert Dinwiddie and Matthew Southgate booked their slot via Royal Cinque Ports.

Eddie Pepperell

One in, one out at Oxford City

Oxford City

OXFORD City have signed their fifth player of the summer following the addition of versatile midfielder Eddie Jones

Hoops boss Mark Jones' latest recruit ended last season with AFC Telford having spent time at National League side Solihull Moors earlier in the season.

A product of the Forest Green academy Eddie Jones captained their under 16s to a league cup win in 2009 before signing for Gloucester City AFC in the Conference North in 2010

A year later Eddie Jones travelled across the Atlantic to play for MLS side DC United's Under-23s in the USA.

He was selected for the Wales University squad for the home nations tournament in 2012, winning a runners ups medal and the honour of representing the Great Britain Universities side.

Eddie Jones is the fifth player to join the Court Place Farm side ahead of the 2017/18 season following the arrival of defender Joe Oastler and forwards Matt Paterson, David Pearce and Justin Bennett.

Going the other way however is young full back Matt Peake-Pijnen who has joined up with former City boss Mike Ford at Banbury United in the Southern Premier League.

Eddie Jones

Blues' top half hopes hit in North Wales hammering

Rugby League

OXFORD RL's ambitions of finishing in the top eight took another hit on Sunday after they suffered their fifth successive defeat.

Visitors North Wales Crusaders, also vying for a top half finish in Kingstone Press League 1 proved too powerful in a 52-20 win at Tilsley Park.

The Wrexham-based side ran riot with nine tries – despite their hosts breaking down and delaying kick off by two hours

Undeterred, the Welsh side put their difficult journey behind them and opened the scoring with just two minutes gone

The Crusaders meant business and brushed aside their hosts for a 24-0 lead before the half hour mark.

Simon Atherton (two minutes), Jack Houghton (16) Ryan Smith (20) and Andy Moulsdale (27) all dived over the line for the away side before the Blues got on the score sheet a minute before the buzzer

Callum Windley darted through the visitor's defence to score and send the teams into the break with the scores at 24-6

North Wales re-gained their 24-point lead five minutes into the second period when Joe Bate crashed over

Momentum temporarily swung in the hosts' favour when Bradley Moules (49) and Casey Canterbury (59) dived over to reduce the arrears to 30-16

Oxford made a further dent in the deficit when Crusader Callum Mullen was sent to the sin-bin.

Making use of their extra man the Blues scored their fourth of the afternoon on 64 minutes through Harrison Brough to reduce the deficit to 20 points and make it 30-20

But that's as good as it got for the hosts as Jonny Walker (70), Callum Mullkeen (74) Kenny Baker (76) and Smith (79) all grounded the ball for the visitors to round off an emphatic 52-20 win.

Puritans raise cash for stadium and hospital

Banbury United

SUPPORTERS at Banbury United joined forces to raise thousands of pounds for stadium improvements and the campaign to protect the town's hospital.

Red and gold colours proudly displayed around 20 supporters set off from the Puritans' clubhouse on Saturday for a sponsored 10-mile walk.

The club said they have raised around £4,000 10 per cent of which would go towards the Save our Horton Hospital campaign, which fights against proposed cuts to services at the Banbury hospital.

The route took in a number of club sponsors outlets as well as the High Street in the town centre.

United want to improve facilities at the Banbury Plant Hire Community Stadium to enhance the matchday experience of supporters

This includes the construction of stand cover at the Kings Sutton End, which could be completed in a couple of months, pending planning permission.

Terrace repairs improvements to changing rooms and match officials rooms and a refurbishment of the tea bar are to be completed by next month's season opener

Banbury spokesman David Shadbolt said: "As a supporters' owned club, we were delighted to see so many fans coming out to help."

Walkers take a breather

Darryl Eales: United are lucky to have Pep

Oxford United

George Welch Reporter

CHAIRMAN Darryl Eales believes Oxford United were 'fortunate to land the highly-regarded and 'progressive' Pep Clotet to replace Michael Appleton as head coach.

Mr Eales, who appointed Clotet as his second manager since taking ownership of the club in 2014, said the appointment is a testament to United's growing reputation "as a forward-looking and ambitious club"

He said: "I am delighted that Pep has chosen to launch his managerial career at Oxford United.

"It is an appointment that demonstrates our growing reputation within football as a forward looking and ambitious club

"Pep is a proven coach, progressive and hugely knowledgeable and I believe we are fortunate to have attracted such a highly-regarded individual who is destined for an outstanding managerial career"

Eales admitted last month that Appleton's departure had impacted the club's short-term recruitment as the U's failed to land prime transfer targets Conor McAleny and Liam Lindsay

But the arrival of Clotet marks a new era as the club looks to build on the solid foundations laid by Appleton's three-year tenure

Darryl Eales
Pictures: Steve Daniels

Eales said. "Pep was the unanimous choice of the board and we believe he will build on the significant progress we have made over the past three years and accelerate our collective objective of sustainable Championship status.

"He is committed to building on our existing infrastructure based on our excellent coaching and backroom and recruitment team and continuing to develop our attractive playing philosophy

"I am sure everyone associated with the club will join me in wishing Pep every success in his new role and will give him the 100 per cent support he deserves as we look forward to another exciting and successful campaign."

Pep Clotet has arrived from Leeds

Clotet's former boss at Swansea City and Leeds United, current Middlesbrough gaffer Garry Monk, tweeted. "Congratulations and good luck mate I'm sure you'll do a fantastic job."

Chief football writer at The Times, Henry Winter posted: "Good luck to Pep Clotet at #nufc Highly regarded by players at Leeds Contacts/reputation could bring in useful buys/loans."

U's players tested on return to training

SUMMER may have only just begun but Oxford United's players were put through their paces as they reported back for pre-season training last week.

The U's travel to Oxford City for the first warm up match of the season on Saturday – but first was the gruelling first day back at the club's Cowley training base

On Wednesday last week, the squad endured max heart rate tests, power balance and full medical check-ups all under the watchful eye of the U's' medical staff, headed by Andrew Proctor

Proctor told the club website: "The players were tested regularly throughout last season and we know their capabilities

"The days of them overdoing things in the close season are long gone

"They all had a specific programme to follow and most of them have been reporting in over the summer as well, doing a few days training and regular gym work. It was a really impressive first day"

Proctor also welcomed back two injury-struck players on the road back to recovery Both striker Wes Thomas and centre back Aaron Martin missed large chunks of last season through Achilles injuries.

Proctor said "It was also good to see Wes Thomas out there. He has worked very hard and been in all summer to make sure that when this day came he was able to join in fully

"Aaron Martin, who suffered a similar Achilles injury a few weeks after Wes is also making good progress and shouldn't be too far behind."

Kick off against City is at 3pm

New boys in Checkatrade Trophy draw

Oxford United

PREMIER league teams Manchester City Tottenham Hotspur and Newcastle United will take their place in next season's Checkatrade Trophy for the first time.

Their academy sides will make their competition debut alongside Championship outfit Fulham in next year's tournament

Premier League champions Chelsea – who Oxford beat on penalties last season – will again take part and will be joined by 11 other academy sides from England's top flight as the country's leading academies pit their stars against the 48 League One and League Two teams.

Manchester United, Arsenal and Liverpool turned down the chance to participate.

The group stage draw will take place later this month with the first round of fixtures due to take place week commencing August 28

The U's lost 2-1 to Coventry City in front of almost 75,000 fans at Wembley last season.

Prior to the club's second appearance at the home of football in as many years the competition was heavily criticised for its low crowds, restrictive rules for the League One and Two teams, and the absence of the majority of England's big name clubs.

Prize money has been increased to £1m per season, with the winner getting £100 000

Challenges await in heat of Algarve

Oxford United

OXFORD United will face two Sky Bet Championship teams in the sweltering heat of Portugal later in the month

The club announced last week they would take on Middlesbrough in the first match of their tour on Wednesday July 12

The U's will face the previously-announced Hull City – like Boro relegated from the Premier League last season – three days later on Saturday July 15

Both matches will take place at the Estadio da Nora, home of FC Ferreras in the coastal city of Albufera.

Oxford lost 3-2 to Middlesbrough in the fifth round of last season's Emirates FA Cup

United travel to the Algarve after their first pre-season fixture against Oxford City on Saturday

The pre-season campaign will end on July 29 with a trip to Leeds United's Elland Road.

The Yellows League One match against Scunthorpe United at the Kassam, originally scheduled for Saturday March 31, has been moved forward a day to Good Friday, March 30 (3pm)

THE OXFORD PAPER
Sport

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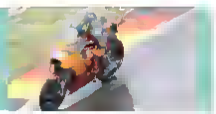

Former Swansea and Leeds assistant boss 'thrilled' to join United

U's pick Spaniard Clotet to add some extra Pep

George Welch, *Reporter*

PEP Clotet has been announced as the new Oxford United manager

The Spaniard, who last year was Garry Monk's assistant head coach at Leeds United, was unveiled on Saturday and met the players for the first time on Monday

The 40-year-old was appointed following what the club described as a thorough recruitment and interview process – and he can't wait to get started.

Clotet, who also worked with Monk at Swansea City said: "I'm really thrilled to be embarking on this new challenge at a club as ambitious as Oxford United.

"It's an exciting prospect and I'll be giving my all to ensure that as a team, and with the fans' support, we go on and achieve the targets we set ourselves."

Clotet quickly emerged as one of the favourites to replace Michael Appleton, who last month left the U's to be No 2 at Leicester City

He met chairman Darryl Eales' criteria of being a young and hungry coach and impressed Oxford's three-man recruitment panel.

Clotet added: "I wish to thank the chairman and his board of directors for placing their faith in me.

"Right from the first time I spoke to the club, we were very much in tune about the challenges and opportunities here, which is what led me to realise that this was the right move in my career

"I will be working very hard to ensure their faith is repaid. I look forward to joining the Oxford United family"

After two days of training he praised the staff and players "strong work ethic", adding: "Michael (Appleton, former head coach) and Faz (Derek Fazackerley, assistant head coach) have worked hard to create a culture at Oxford United and I hope to continue and build on that."

On the possibility of new arrivals at the Kassam, Barcelona-born Clotet said: "We are working hard for that and to make the best out of the squad. I am analysing the situation with the players to improve.

"I know people are eager to see new faces, but I am assessing and the more I understand the squad and the situation, I will move from there."

Clotet, who only played the game at amateur level, previously managed Cornella, Figueres Espanyol B and Málaga B in his native Spain before coaching spells in Sweden, Norway and England.

Clotet is only the second non-British or Irish manager to lead the U's. Argentine Ramon Diaz was the first in 2004/05, when the club was relegated out of the Football League.

Pep Clotet says he will be giving his all to ansure Oxford United go an to achieve the targets they set themselves

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